

## Twitter Thread by The Sigma Mindset



**The Sigma Mindset**

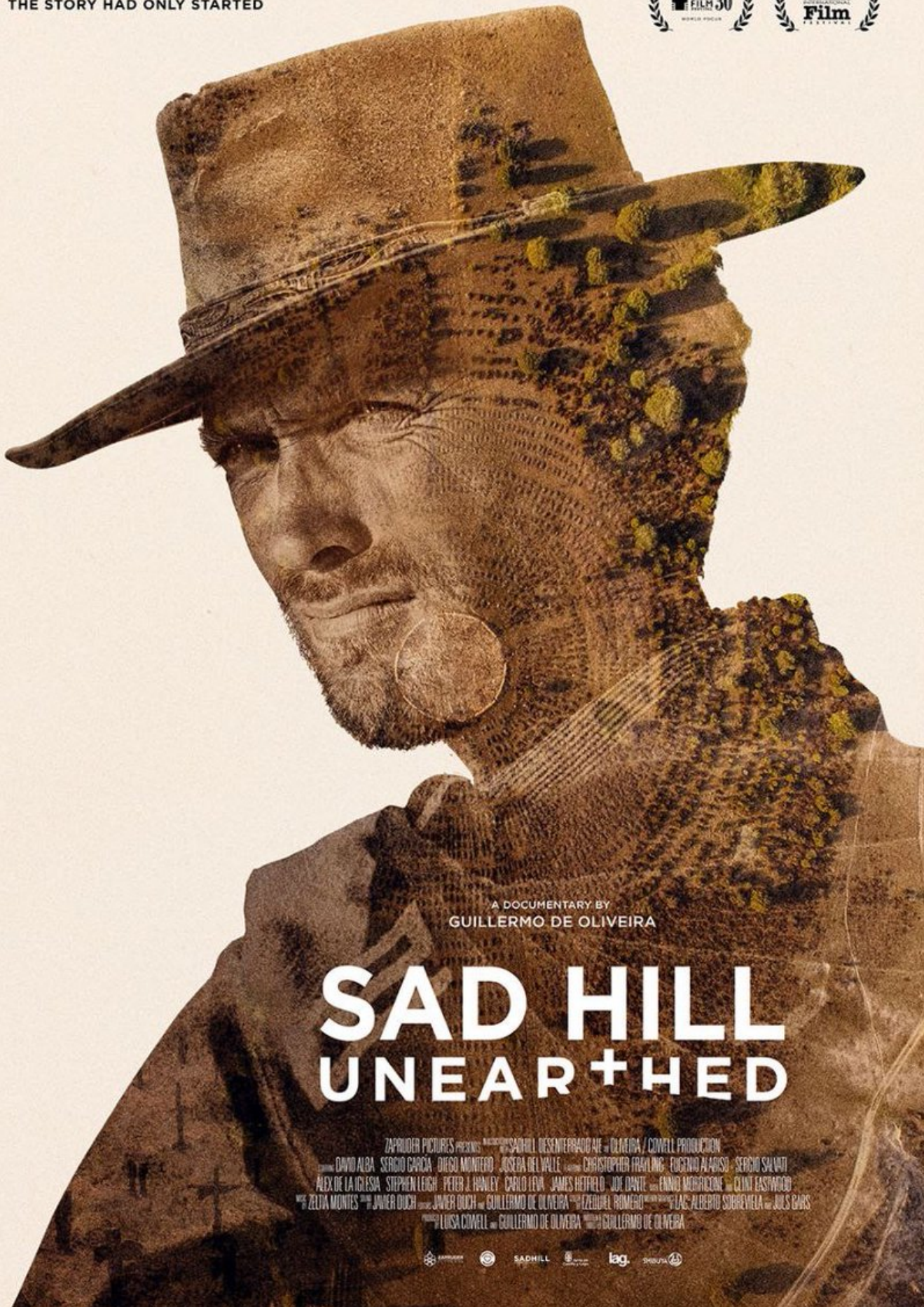
[@thesigmamindset](#)



**10 Netflix documentaries that will change your mindset+life:**

**1.**

THE FILM WAS OVER  
THE STORY HAD ONLY STARTED



A DOCUMENTARY BY  
GUILLERMO DE OLIVEIRA

# SAD HILL UNEARTHED

ZAPRUDE PICTURES PRESENTS A DOCUMENTARY BY SAD HILL UNCOVERED BY GUILLERMO DE OLIVEIRA / COVELL PRODUCTION  
CASTING: DAVID ALBA, SERGIO GARCIA, DIEGO MONTERO, JOSEFA DEL VALLE, EDITOR: CHRISTOPHER FRANKLIN, FUSION ALABUSO, SERGIO SALVATI  
ALEX DE LA IGLESIA, STEPHEN LEIGH, PETER J. HAWLEY, CARLO LEVA, JAMES HETFIELD, JOE DANTE, ENNO MORICONE, CLINT EASTWOOD  
WITH ZELTA MONTES, JAVIER DUCH, JAVIER DUCH, GUILLERMO DE OLIVEIRA, JEZUEL ROMERO, LAG, ALBERTO SOBREVIELA, JUS BARR  
PRODUCED BY LUISA COVELL, GUILLERMO DE OLIVEIRA, GUILLERMO DE OLIVEIRA

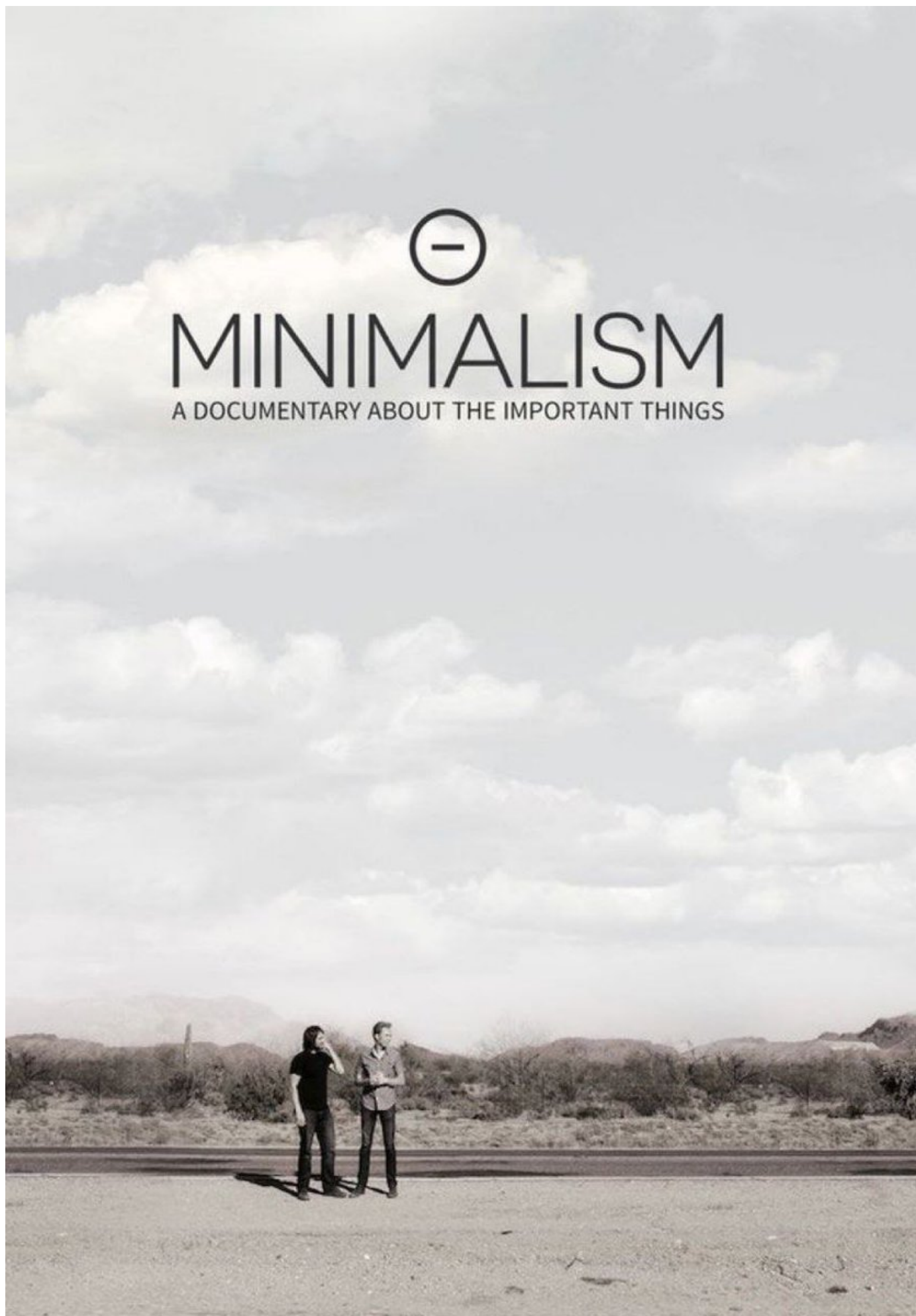






# MINIMALISM

A DOCUMENTARY ABOUT THE IMPORTANT THINGS





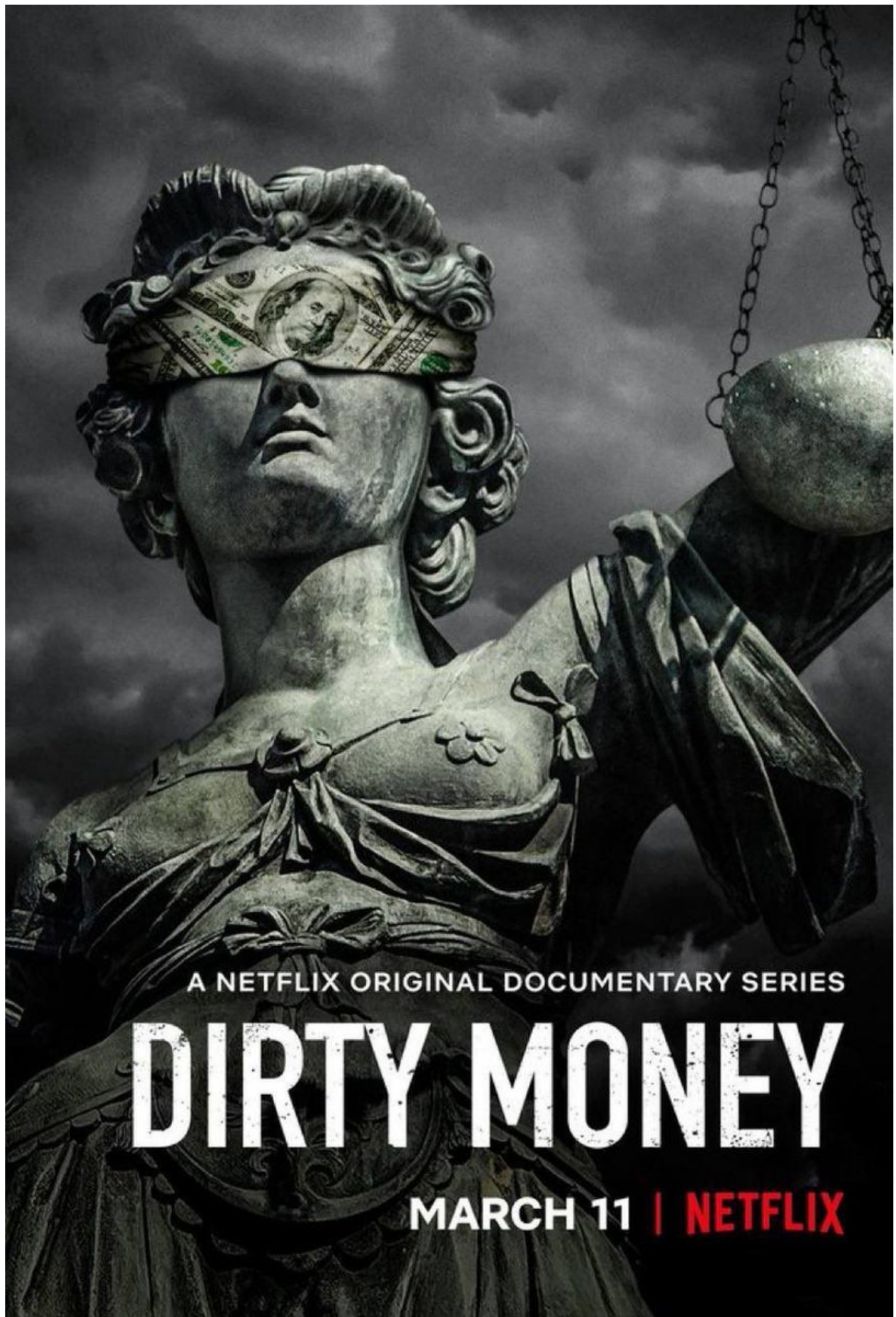
# LIVING ON ONE DOLLAR

**56 DAYS | 56 DOLLARS | HOW DO YOU SURVIVE?**









A NETFLIX ORIGINAL DOCUMENTARY SERIES

# DIRTY MONEY

MARCH 11 | NETFLIX





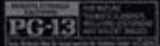


"A MESMERIZING PSYCHOLOGICAL THRILLER" - *Variety*  
"SEARING AND EMOTIONALLY POWERFUL" - *The Hollywood Reporter*

# BLACKFISH

NEVER CAPTURE WHAT YOU CAN'T CONTROL.

MAGNOLIA PICTURES, CNN FILMS AND OUR TURN PRODUCTIONS PRESENT "BLACKFISH" A FILM BY GABRIELA COMPERTHIVANTE PRODUCED BY MANNY O PRODUCTIONS  
ANTHONY JONATHAN INSALLS CHRISTOPHER TORNEY PRODUCED BY JEFF STONE EDITOR TIM ZIMMERMANN MUSIC BY JUDY BART EXECUTIVE PRODUCERS ERICA KAHN PRODUCED BY JEFF DE AL PRODUCED BY GABRIELA COMPERTHIVANTE EDITOR ELLI DESPRES



PG-13 PARENTS STRONGLY CAUTIONED Some Material May Be Inappropriate for Children Under 13

©2019 MANNY O PRODUCTIONS





**N**

**THE MIND**  
**explained**







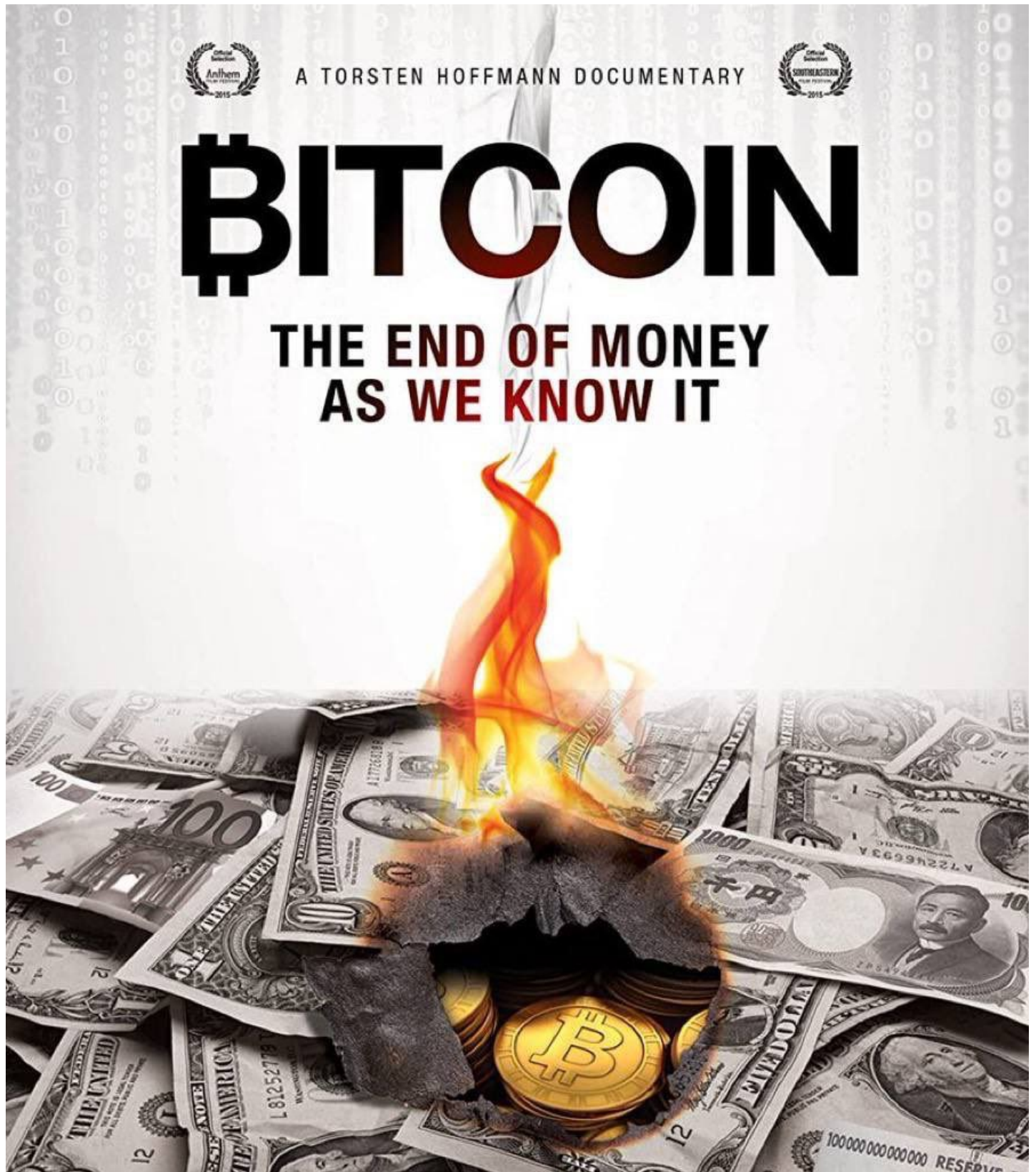
# EXPEDITION HAPPINESS

FROM ALASKA TO MEXICO



DOING WHAT YOU LIKE  
IS FREEDOM •  
LIKING WHAT YOU DO  
IS HAPPINESS.









N

# DOWNFALL

THE CASE AGAINST BOEING





THEY TOOK YOUR DATA.  
THEN THEY TOOK CONTROL.

A NETFLIX ORIGINAL DOCUMENTARY

# THE GREAT HACK

From the Academy Award®  
nominated filmmakers behind **THE SQUARE**



**JULY 24 | NETFLIX**



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Start reading 100 Mental Models.

People like Elon Musk, Naval Ravikant & Warren Buffet extensively use them to think rationally and make better decisions.

Get started now and get the top 50 books of all time for FREE ■

<https://t.co/0OTNcDi8xj>

And that's a wrap!

If you found this thread valuable.

1. Please Retweet the first tweet to help spread the word.

2. Follow me [@thesigmamindset](#) for your daily dose of inspiration to get off the bed and do something meaningful in life.