Twitter Thread by Robust Feed





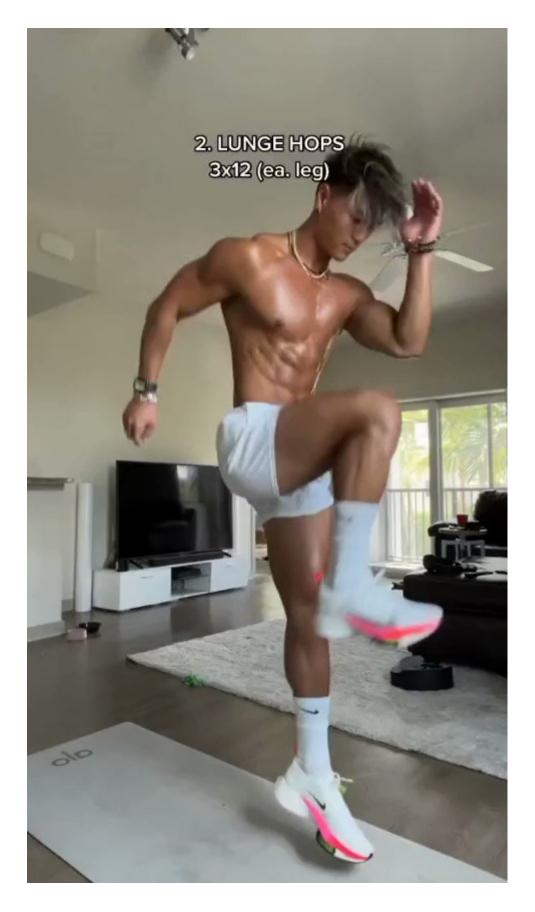
Get bigger legs and increase your sex stamina by doing this every morning for a week.

100% Rapid Results

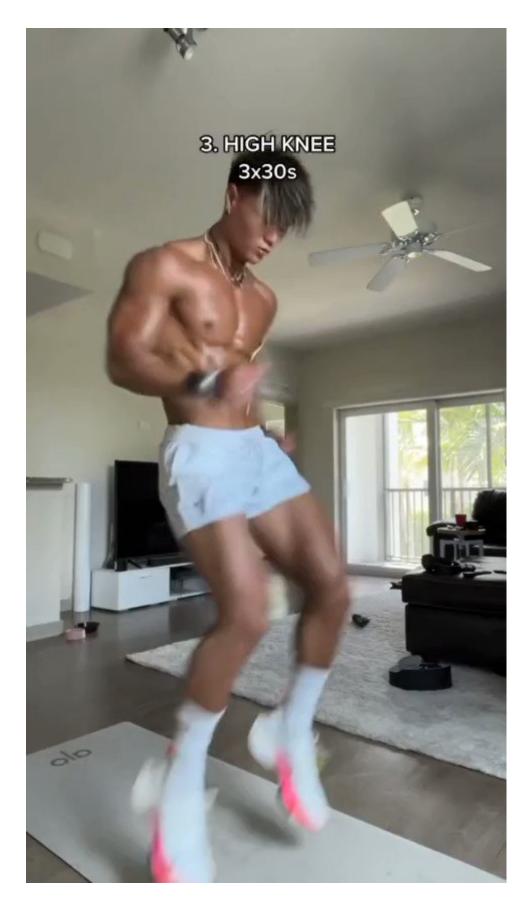
1. Air squat



2. Lunge hops



3. High heels



4. Jump lunge

