# **Twitter Thread by Aditya Todmal**

# **Aditya Todmal**

@AdityaTodmal



Last week @Trendmyfriends hit 50k followers.

## Here are 20 tweets of his we can learn from for free. ■

Value at Risk (VAR) & 6 Important Pillars of Trading Set-up.

## https://t.co/FA0QGbwe0M

It is absolutely fine if you ignore or disagree with my last 5156 tweets, we might have different trading strategies, different capital/mindset, but our aim should be to protect the capital. If you develop skill set to conserve capital, market will bless you.

A small note on VAR pic.twitter.com/7FmB2zQnRm

— Trendmyfriend (@Trendmyfriends) August 24, 2019

Conditions for 52 weeks high/low trading strategy.

## https://t.co/5dvSaNsHVc

Below is 100 years old Trading techniques, & none of Technical indicators can even come near to it.

The only issue is, only 1% of Trader in the world has the mindset to do it.

Consult your doctor before doing it, as any sharp move opposite side may lead heart/blood pressure\U0001f489. pic.twitter.com/ueStYJFDs6

— Trendmyfriend (@Trendmyfriends) August 11, 2019

4 set-ups he always follows.

#### https://t.co/PqlvNO71qn

Top 4 set up I love to follow.
Buy all time high
Sell all time low
Buy 52 week high
Sell 52 week low
Buy 50 days high
Sell 50 days low
Buy above ST 10.2 (MR trade where DC 50 low & high is 10 ATR or more)
Sell below ST 10.2 (MR trade for long unwind or shock therapy apply)
— Trendmyfriend (@Trendmyfriends) <u>September 2, 2021</u>
Trader 1 - Mean Reversion Trader
Trader 2 - Breakout Trader
Be either one of these, don't trade in between.
https://t.co/pA3YkWmkRK
It is imp that ur trading style shd match with ur personality, what type of trading suites u mentally. Major money can be made by 2 type of Traders.
if we try to catch every move/indicators, its like Dogs that chase every cars on highway end up being dead. Don\u2019t be Trader no 3. <a href="mailto:pic.twitter.com/5Xa4joN2DJ">pic.twitter.com/5Xa4joN2DJ</a>
— Trendmyfriend (@Trendmyfriends) August 18, 2019
Buy/Sell
1. ATH/ATL
2. 52 weeks H/L
3. 50 days H/L
Stop-loss based on VAR
Daily/Hourly 10.2
https://t.co/ZFwTqE7Su9
I dont have any favourite list of stock as a Diwali picks but below will do for rest of life.
Buy all time high
Sell all time low
Buy 52 week high

Sell 52 week low

Buy 50 days high Sell 50 days low

SL based on your VaR. I prefer daily or Hourly ST 10.2.#HappyDeepavali

— Trendmyfriend (@Trendmyfriends) November 15, 2020

2 set-ups to play failed gaps.

#### https://t.co/Ae1YpEUS2g

Many Traders like to short gap up or long gap down after News/event/results. Though Risk reward looks very favorable but it carries big risk if gap sustain/extended for day. Indiscipline Trader lost big time.

Below are 2 set up we can look to play failed gap. 1st is my favorite. pic.twitter.com/oUMIFy8I7g

— Trendmyfriend (@Trendmyfriends) August 11, 2019

Best technical indicator he follows.

#### https://t.co/pC6KXZYjgv

One of the best technical indicators I follow never disappoints me\U0001f447

When a stock makes high and no one wants to buy. Just buy it-buy overbought.

When a stock makes a new low and no one wants to sell. Just sell it-Sell oversold.

No way you can end up any finacial year in loss.

- Trendmyfriend (@Trendmyfriends) June 2, 2021

Don't discuss tops and bottoms. It's time-wasting, doesn't work and we lose money. He's saying by his experience.

## https://t.co/Jipe1JZHES

90% of traders spend 90% of the time to find/discuss top & bottom in stocks/indexes.

Don't waste your time to find top or bottom, These are two most dangerous words in Trading.

I lost good money & confidence in predicting what index/stock is going to do next. it doesn't work.

— Trendmyfriend (@Trendmyfriends) September 2, 2021

Words to avoid while trading.

## https://t.co/vJuem4cBHK

Avoid words in trading

1Bahut upar gaya hai ab or jada kya badega

2Bahut gir gaya hai ab or jada kya girega

3SI bad me dekhte hai

4Niche average karunga

5Ab to bhagwan ke hath me hai position

6bhai tuje kya lagta hai

7operator ne mera sI hit kiya

8Maa Kasam kal se ye galti nahi K

— Trendmyfriend (@Trendmyfriends) July 1, 2020

"Buy whatever goes up, sell whatever goes down."

#### https://t.co/Y0hThCZ54H

In the \u201990s when I went to father office near Bombay House. I saw many young Gujrati/Marwadi guys making good money, surprisingly they don't have

Twitter

You tube

Whatsup

Telegram

CNBC/ZEE

Mobile

Below was written on each wall.

\u0a9c\u0ae7\u0a89\u0aaa\u0ab0\u0aec\u0aec\u0aef\u0aaf\u0aa8\u0aec7\u0aec7\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aec0\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0aeco\u0ae

— Trendmyfriend (@Trendmyfriends) July 12, 2020

Which stocks to buy in a strong performing sector?

## https://t.co/ukR6QcrN5U

IMP- It is always a question which stock to buy in the same sector if all stock is performing in the sector. e.g pharma/IT

I go by below order\U0001f447

- 1 Stock Break Life high
- 2 Stock Break 52 week high

3 Stock Break 50 days high

Usually if theme strong 1 & 2 give best reward. try.

- Trendmyfriend (@Trendmyfriends) July 31, 2020

During consolidation in index, if a stock breaks out from 52 weeks or life high then buy it for a good reward.

## https://t.co/68EhtmMIF7

when index gives at least 3-4 ATR correction from the top n goes into some kind of support/consolidation, and during this time if any stock is making fresh 52 weeks/Life high must be bought into. usually, this stock has different games altogether, go n backtest. u will get best.

— Trendmyfriend (@Trendmyfriends) March 22, 2021

If you break rules and discipline it's going to be game over. The same thing happened with Jesse Livermore.

## https://t.co/peFW8ue2Ma

I like Jesse Livermore not because he was the best trader in the world, I like him as he taught us a great lesson at end of his life, i.e. Once Rule and Discipline Broken - GAME OVER

if Great Jesse can fail in Trading, you & I and all others are peanuts. pic.twitter.com/C2gjXZ5UBo

— Trendmyfriend (@Trendmyfriends) July 15, 2020

Don't trade after a big win or a big loss.

## https://t.co/oQWnXrhgW8

The most imp thing u need to do after booking big loss or Profit.

Do not trade on that day. Bcz in case of loss u will be very frustrate n take revenge/emotional trade.

And in profit u will be very overconfident & u take over leverage/wrong trade

In both case u will make loss.

— Trendmyfriend (@Trendmyfriends) September 18, 2020

Experience has no value if you keep making the same mistakes.

#### https://t.co/llq3Wgx7ZQ

Many years of Trading experience has Zero-value if we commit the same mistakes again and again. — Trendmyfriend (@Trendmyfriends) June 2, 2021 24 points to read. These are golden. https://t.co/mnLRk1PuJ9 Just take 2 mins off from the terminal, check the point no 24. Its more imp to have some kind of hedge position before weekend, if you checked major disappointment all happen mostly on Monday. so we just buy put/call for future position. or do index against the open positions. pic.twitter.com/Ss5egkrVLs — Trendmyfriend (@Trendmyfriends) September 11, 2020 6 points to help you before an event. How you can play via options. https://t.co/PCH3OPmF2d Many times we are having good chart set up & we know It is going for big move but due to event(Result/Policy) & Future risk, we ignore our good set up & regret once market prove us right. Below is few basic check we can do before doing option. (Pro-Option Trader can ignore me \U0001f64f) pic.twitter.com/G3gaW4dPQG — Trendmyfriend (@Trendmyfriends) August 12, 2019 How to know if you're good/bad at managing trades? https://t.co/owEe41qmlw How you know you are bad in managing profit of your trades. 1. Profit showing 50k and at the end you booked 20-30k loss. 2. profit booked 10k and after some time stock profit show 50-60k. If above occurring twice a week n not fixed soon, it can spoil all hard work n system. Trendmyfriend (@Trendmyfriends) June 12, 2021

By 9:30 if a stock is up or down by 2% and if it breaks high/low can buy/sell with day high/low as stop loss for a big move.

#### https://t.co/nTCjnEYzh6

Similar to Rel logic, TAMO

If stock up/Down 2% from 9.15 to 9.30. thereafter if it breaks 15 mins high Buy Tata Moto with day low Stop loss.

The intraday move of 5-8% expected irrespective of nifty.

Additional Volume and OI is a bonus if you notice at the time of the trade.

— Trendmyfriend (@Trendmyfriends) August 3, 2020

Questions by @itjegan as answered by @Trendmyfriends.

## https://t.co/JgEfMGtnCW

Here is MoM I had with <u>@Trendmyfriends</u>. I have already posted my queries & his answers. If you go through all these points, you will come to know how big boys do trend following. Position size & risk management are important than trading system. A ton of thanks to him. <u>pic.twitter.com/vlvIfoX9ss</u>

— Jegathesan Durairaj (Jegan) (@itjegan) August 18, 2018

Observations by <u>@itjegan</u> regarding trend following after guidance by <u>@Trendmyfriends.</u>

## https://t.co/85I7dyXbkk

Recently I did basic research in <u>#trendfollowing</u> and tried backtesting as well. Here are my interesting observations. Thanks a ton to <u>@Trendmyfriends</u> who pushed me to try it out all these. Disclaimer: It is my view, it may differ from your view as well. <u>pic.twitter.com/XYpHws8iGo</u>

— Jegathesan Durairaj (Jegan) (@itjegan) August 22, 2018

Learn well from this compilation and let me know other accounts you want threads on.

As always, happy learning! ■■