

## Twitter Thread by [itrade\(DJ\)](#)



**[itrade\(DJ\)](#)**  
[@ITRADE191](#)



**Of late, I have been getting lot many DMs on starting a webinar, so I thought this is a best time to share my journey.**

I attended Mitesh Bhai's workshop approx. 2.5years ago and post that atleast for the next 6 months, I was just observing other members trades in our group as I was not an option seller to begin with.

Thereafter I started slowly, just by 1 lot in Nifty & Bank Nifty option selling, along with future trades that I used to do. Slowly and steadily I started learning option selling and my focus was always to lose small whenever the trade goes against me

Thereafter as and when my confidence started increasing, I increased the qty, i.e. from 1 lot to 2 lot thereafter 3 lots , thereafter 5 lots and so on. While doing this I was getting better and confident and I realized I was better in Nifty

hence I thought I would focus completely on Nifty and then I stopped trading in any other instrument i.e stock future and BNF

I wanted to focus only on Nifty and strived to be the best in that instrument. This is my journey in option selling which started after Mitesh workshop

A lot of people think that the moment you attend a workshop you'll start minting money the very next day. I don't deny the importance of a true mentor who is indeed required to show the path and Mitesh bhai, was the one for me,

who showed me path, but thereafter one has to travel on that path on his own and that comes only with practice, practice & practice.

No one can become a best surgeon overnight by just passing the MBBS exam, no one can become a top class cricketer overnight by attending a coaching session for a day or week. So in case of a successful surgeon or a successful cricket or for that matter a successful TRADER

one thing remains common and i.e. practice. The more you practice the better you become in anything that you do. Trading just like any other profession is the same.

So my only suggestion to all my friends is just have faith in yourself,

But always bear in mind the importance of risk management. Because in my early days when I started as an option seller I always used to control my losses so whenever I lost I lost small and I realized once you start controlling the losses the profits are automatically taken care of.