

# Twitter Thread by [TraderLion](#)



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**What is the biggest challenge that traders face?**

**It's not the market. It's not the competition. The biggest challenge traders face is themselves.**

**That's why we've put together this list of five short lessons that will help you overcome your next trading obstacle:**

1. You need to be disciplined enough to wait for the perfect opportunity.

Successful Traders:

- They don't force trades or take unnecessary risks.
- They wait patiently for the market to provide them with a high-probability setup before entering a trade.

2. You need to only take calculated risks.

Successful Traders:

- They don't take irrational risks or blindly follow the herd.
- They make calculated decisions based on their analysis and plan.

3. You must be able to accept losses.

Successful Traders:

- They don't try to avoid losses at all costs.
- They know that losses are a part of trading and accept them as part of the process.

4. You need to have a defined edge.

Successful Traders:

- They don't trade based on hope.
- They have a defined edge that they execute repeatedly.

5. You need to have a simple and clear plan.

Successful Traders:

- They don't over-complicate their trading.
- They have a simple and clear plan that they follow religiously.

By following these five short lessons, you'll be better equipped to overcome your next trading obstacle.

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— TraderLion (@TraderLion\_) [September 13, 2022](#)