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**TED Talks are life-changing,**

**Here are 8 Most popular Ted Talks worth your time:**



TED Talks are life-changing.

Here are 8 Most popular Ted Talks  
worth your time:

(Thread)

# 1. Inside the mind of a master procrastinator

By: Tim Urban

Time: 14 mins



2.

## 2. Your body language may shape who you are

By: Amy cuddy

Time: 21 mins



3.

### 3. How to speak so that people want to listen

By: Julian Treasure

Time: 10 mins



## 4. What makes a good life? Lessons from the longest study on happiness

By: Robert Waldinger

Time: 13 mins



5.



## 5. The puzzle of motivation

By: Dan Pink

Time: 19 Mins



## 6. 10 ways to have a better conversation

By: Celeste Headlee

Time: 12 Mins



7.



## 7. Grit: the power of passion and perseverance

By: Angela Lee Duckworth

Time: 6 Mins



# 8. How great leaders inspire action

By: Simon Sinek

Time: 18 Mins



Control your MIND.

Control your life.

Work on Mental Models:

- learn big ideas
- study big disciplines
- practice critical thinking
- strengthen your vision and leverage

Think in a multidisciplinary way. Think differently.

Grab your copy here:

<https://t.co/hQfa1m3MYp>

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