

Twitter Thread by Eric Laurie



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**Patterns of play, tactical approaches and theoretical concepts in football -
Explained and visualised.**

- **Phases Of Play**
- **In possession**
- **Out of possession**

Thread (Part 1)■■■

- Phases Of Play

- Half-Space

- In Possession

- Hold-Up Play

- Third-Man Movement

- Half-Turn

- Double-Movement

- Individual Press-Resistance

- Blindside Movement

- Up, Back, Through

- Overload

- Rest-Defence

- Between The Lines

- Breaking The Lines

- Inverted Fullback

- Out Of Possession

- Defensive Block

- Recovery Limit

- Defensive Funnel

- Cover Shadow

- Line Flexibility

Thank you to everyone who shared, liked and interacted with my previous thread on formations in football. If you found any value in this thread, all shares would go a long way. Part 2 will be coming in the future.

Thread on formations can be found here:

<https://t.co/LOkkuupgUm>

Thread\u2b07\u201c

Advantages and disadvantages of various formation in football.

— Eric Laurie (@EricLaurie) December 29, 2020