Twitter Thread by Zain Kahn



Zain Kahn
@heykahn

Hard skills get you hired.

But soft skills get you promoted.

11 soft skills to accelerate your career:

1. Communication:

• Listen without interrupting.
• Speak with a positive tone.
• Pay attention to your body language.

2. Persuasion:

• Identify what other people care about.
• Create stories that resonate with them.
• Communicate those stories with brevity and emotion.

3. Negotiation:

• Listen carefully.
• Understand what the other side wants.
• Know your worth.
• Then propose solutions that benefit both sides.

4. Relationship building:

• Help others unconditionally.
• Look for common interests.
• Always add value before asking for something in return.

5. Empathy:

• Take a genuine interest in other people.
• Look at things from their perspective.
• Acknowledge their feelings.
• Never judge and always be supportive.
• Be generous with your time and attention.

6. Positive attitude:

• Never gossip.
• Never complain.
• Criticize sparingly.
• Always speak well of others.

7. Teamwork:

• Avoid claiming all the credit.
• Celebrate other people's wins.
• Praise teammates publicly and praise them generously.

8. Conflict resolution:

• Avoid arguments and accusations.
• Focus on solutions over problems.
• Apologize unconditionally when it's your fault.

9. Emotional intelligence.

• Never act impulsively.
• Take a step back when you're upset.
• Understand what you're feeling.
• Understand the consequences of your actions.
• Then proceed accordingly.

10. Time management:

• Learn to prioritize.
• Learn to delegate.
• Learn to say no.

11. Work ethic:

• Take responsibility for your work.
• Always show up and deliver on time.
• Always keep your commitments.

• Never deflect blame on to others.

Thanks for reading! If you found this helpful, follow me at @heykahn to get more threads like this.

https://t.co/YbzN1vWy9q

> The world's most powerful skill:
>
> Effective decision-making.
>
> But colleges eat up 4 years of our lives and don't even bother teaching it.
>
> Instead, here are 10 quick lessons from psychology that will upgrade your decision-making in the next 5 minutes:
>
> — Zain Kahn (@heykahn) March 12, 2022