

Twitter Thread by Zain Kahn



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Hard skills get you hired.

But soft skills get you promoted.

11 soft skills to accelerate your career:

1. Communication:

- Listen without interrupting.
- Speak with a positive tone.
- Pay attention to your body language.

2. Persuasion:

- Identify what other people care about.
- Create stories that resonate with them.
- Communicate those stories with brevity and emotion.

3. Negotiation:

- Listen carefully.
- Understand what the other side wants.
- Know your worth.
- Then propose solutions that benefit both sides.

4. Relationship building:

- Help others unconditionally.
- Look for common interests.
- Always add value before asking for something in return.

5. Empathy:

- Take a genuine interest in other people.
- Look at things from their perspective.
- Acknowledge their feelings.
- Never judge and always be supportive.
- Be generous with your time and attention.

6. Positive attitude:

- Never gossip.
- Never complain.
- Criticize sparingly.
- Always speak well of others.

7. Teamwork:

- Avoid claiming all the credit.
- Celebrate other people's wins.
- Praise teammates publicly and praise them generously.

8. Conflict resolution:

- Avoid arguments and accusations.
- Focus on solutions over problems.
- Apologize unconditionally when it's your fault.

9. Emotional intelligence.

- Never act impulsively.
- Take a step back when you're upset.
- Understand what you're feeling.
- Understand the consequences of your actions.
- Then proceed accordingly.

10. Time management:

- Learn to prioritize.
- Learn to delegate.
- Learn to say no.

11. Work ethic:

- Take responsibility for your work.
- Always show up and deliver on time.
- Always keep your commitments.

- Never deflect blame on to others.

Thanks for reading! If you found this helpful, follow me at [@heykahn](#) to get more threads like this.

<https://t.co/YbzN1vWy9q>

The world's most powerful skill:

Effective decision-making.

But colleges eat up 4 years of our lives and don't even bother teaching it.

Instead, here are 10 quick lessons from psychology that will upgrade your decision-making in the next 5 minutes:

— Zain Kahn (@heykahn) [March 12, 2022](#)