Twitter Thread by Swati

Swati
@swatinathani

And the decade is near its end, already. As I reflect on the decade with so much of gratitude, listing down some of my learnings that has shaped my life!

#1 : Nothing is permanent. People, Feelings, Situations. We always think and believe we'll hold on to things forever, but everything is fluid and transforms as it's destined to be.

#2 : Things that we yearn for - Holidays, Homes, Cars bring momentary happiness. What makes you happy everyday is a purpose that you believe in, and seeing that purpose take shape.

#3 : There is no substitute for hard work. There is never any short cut. Short cuts give temporary results. Hard work builds the foundation.

#4: Unclosed Loops come back and haunt you. Years, sometimes decades later, but they do.

#5: It needs far more courage not to fit into society's definition of a good life, than people think. Misfits need to convince themselves that they are having a good life to themselves far more than to others.

#6 : Role of luck is underrated in our conversations. From the people you meet, to the situation you are in - luck definitely plays a role. Realising this, has definitely made me a humble person.

#7: We take life for granted. Having witnessed 3 cancers in my family last decade, I realised how simple things like having a dinner out can be a dream for people who don't know what's in store for them the next day.

#8: No matter what situation we are in, being grateful restores faith and faith is what is always needed.

#9: A heart to heart conversation solves most of the problems.

#10: Resolutions don't need a Monday or a 1st to start. They can start the moment you are determined.