

Twitter Thread by [L i g h t ■■](#)



[L i g h t ■■](#)

[@I_Am_Light](#)



THREAD! ■■

What is Gaslighting?

1. The term originates in the systematic psychological manipulation of a victim by her husband in Patrick Hamilton's 1938 stage play *Gas Light*, and the film adaptations released in 1940 and 1944.

