

# Twitter Thread by Zafar Shaikh



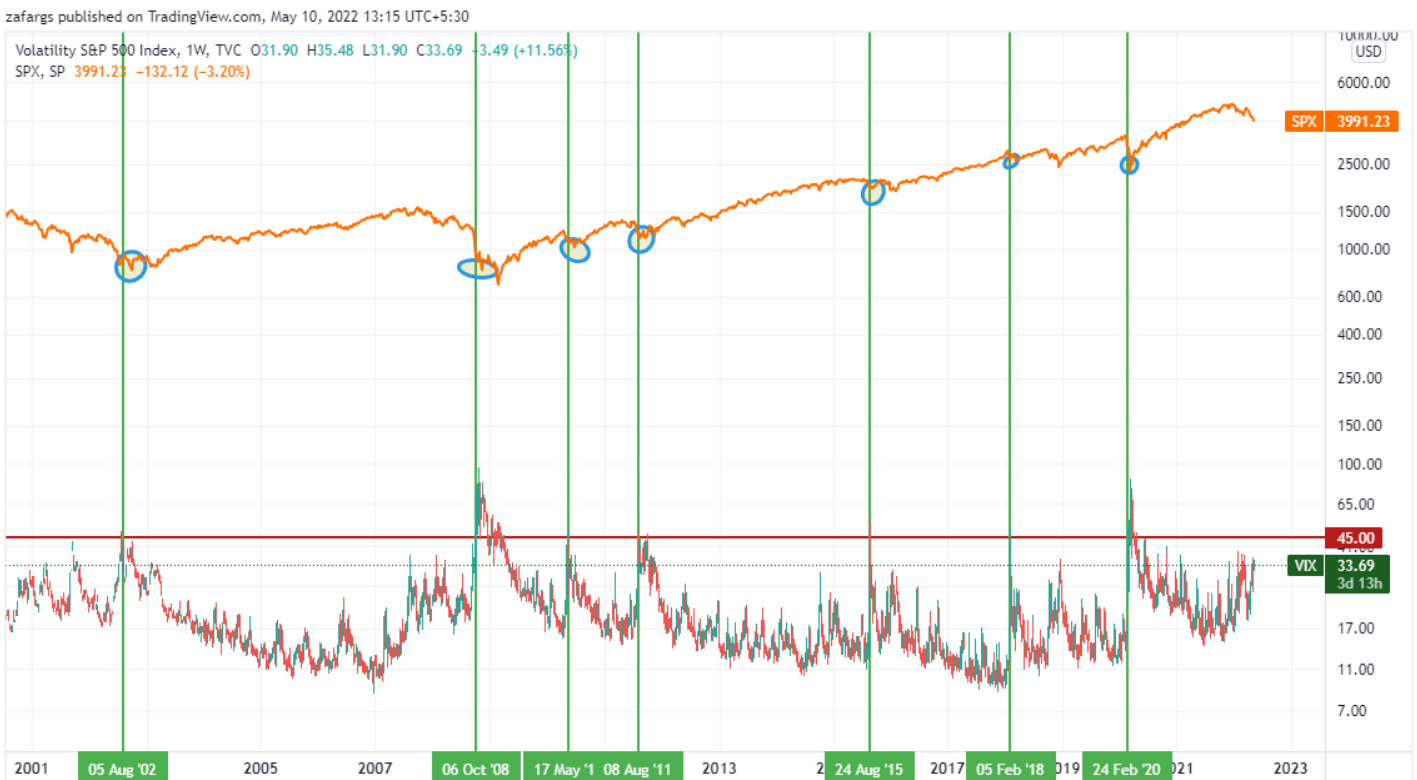
**Zafar Shaikh**  
[@InvesysCapital](#)



## US #VIX vs #SPX

VIX spikes above 30 are common but print above 45 have marked major bottoms

VIX at 33 today, yet to get there



TradingView

#SPX AVWAP from pre pandemic High & Pandemic low around 3866-3780 . That's like 6-8% more from here and should provide launchpad for fierce bounce. Tough May & next 2-3 weeks though.

