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# Twitter Thread by JayneshKasliwal





### A Shortv Thread on indicator : ADX Average Directional Index a Quick Guide

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One of the best and easiest ways to increase your chances of making winning trades is to trade with the trend The average directional movement index or ADX is an indicator that will not help you find a trend,but can show you how strong a trend is

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What is the Average Directional Movement Index?

1. The average directional movement index was created by J. Welles Wilder in the 1970s.

2. The ADX combines two indicators to create a smoothed moving average that is then shown on your charts.

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3. The two indicators are the positive directional indicator that is known as +DI and

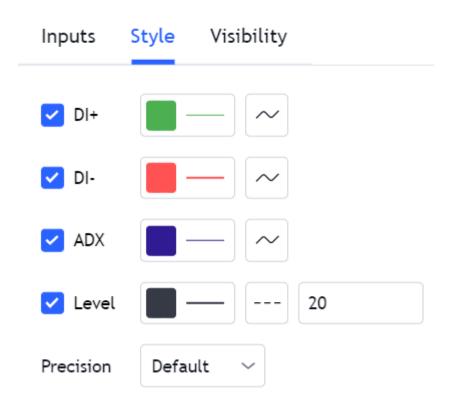
the negative directional indicator that is known as -DI.

4. You can use the ADX on all time frames

5. Type " ADX " In indicator section of tradingview

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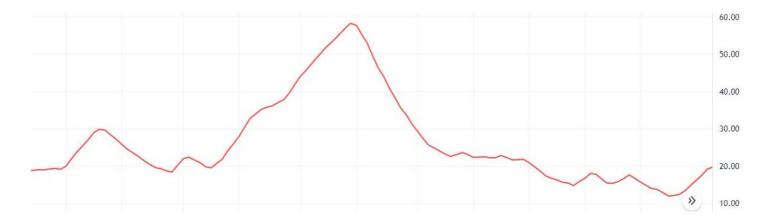
## ADX and DI for v4



The ADX Indicator Formula

These are calculated with the price history of the previous high, low and close for the previous 14 periods (default 14) The average directional movement index is designed to show you the strength of a trend and not when a new trend is beginning.

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#### Average Directional Movement Index Reading

- 0 25: Ranging or no trend
- 25 50: Trending
- 50 75: Strong Trend
- 75 100: Very Strong Trending Market

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When you have the ADX plotted on your chart you will see one main reading that moves higher and lower. This visually shows you the peaks and troughs of the

trends momentum.

When you begin seeing larger readings over 25 you can quickly identify that price is in a trend.

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When the average directional movement index is making a series of lower readings you can see that price has little momentum.

This also indicates you may want to look for trades other than trend trades.

Use Line tool to mark the 25 level to identify trend change 8/n