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**Tamboola - Brings Turning Point in Life** 

People who offer Tamboola daily to Devis swarupas are blessed with apaara ashta aishwaryas and beyond.

Maa Lalitha Tripurasundari is seen doing Nitya Taamboola Charvana.



"Tamboola Poorita Mukhi, Daadimi Kusuma Prabha"

This nama from Lalitha sahasra describe Maa lalitha parmeshwari as one who has her mouth with Tamboola rasa and looks like one who shines in the hue of pomegranate flowers.



It is said suvasini sthree and kanyas should do Tamboola charvana daily to gain aishwaryas, hve a great health, be always energetic and happy. Men also do it to get a clarity in thoughts and also peaceful mind and bliss.

People who think we are lacking that spark in life should try this and see the benefits themselves. All you need are

Nagavalli Paan

Mishri

Elaichi

Jaiphal

Supari Full

Lavang

Javvadi

Madhu (Honey)

Gulaab Petals / Gulkand

Kesar

People can add all fragrant things additionally

If you dont have all of it, do it with what best is available at home. Maa wants the samarpan and prem. In a family count the number of people and offer that many of the paan to the goddess.

Children get apara budhi and Tejas in their life, and they will be free from all kinds of diseases too. It is said that in which house Taamboola charvana is done, Lakshmi is in sthiranivaasa there.

Remember, no tobacco, Choona etc should be offered in this paan. Don't buy readymade. Make it with your hands and offer. Some believe after we offer, maa takes care of our problems too.

Similar process is done to Hanuman Ji, Beeda Paan and that too has a great importance in life. Nagavalli is magical leaf which hold a lot of high status among the symbols in Puja and Niyamas.



Shree Mooka Kavi, who was dumb by birth got the grace of Maa Kamakshi Tripurasundari. Maa kamakshi fed mooka kavi when he was a young boy a bit of the Paan from her mouth during sakshatkara. Mooka Kavi became a great gnyaani and he sang 500 verses of Mooka Pancha Shati after this



Those who want to improve relations at home, bring a spark in their life, have children live blissfully, and gain knowledge from the Goddess herself can offer Taamboola and take it as prasad daily.

■Shubhamastu ■■



https://t.co/Y6sGLByFCZ

### Tambulam - In sanskrit with meaning

## ताम्बूलं श्लोक

Tambulam Sloka



Tambula (Betel)

# पूगीफलं महद्दिव्यं नागवल्लीदलैर्युतम् । एलादिचूर्णसंयुक्तं ताम्बूलं प्रतिगृह्यताम् ॥

Puugiiphalam Mahad-Divyam Naagavallii-Dalair-Yutam | Ela[a-A]adi-Cuurnna-Samyuktam Taambuulam Pratigrhyataam ||

#### Meaning:

(O Lord, Please accept this Tambulam)

1: With very divine Pugiphala (Areca Nut) added to Nagavalli Leaf (Betel Leaf), ...

2: ... and adding powder of Ela (Cardamom) to it, I have prepared this Tambula (Betel); O Lord, please accept it.