Twitter Thread by Arun Mukherjee



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Saturday Motivation:-



ALWAYS REMEMBER THIS!

- Grapes must be crushed to make **WINE.**
- **DIAMONDS** form under pressure.
- Olives are pressed to release **OIL.**
- Seeds **GROW** in darkness.

Whenever you feel **crushed**, under **pressure**, **pressed**, or in **darkness**, you're in a powerful place of transformation.

TRUST THE PROCESS.