

Twitter Thread by Maksym the Spark | Coach

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10 things NOT to do in the workplace if you want to take control of your career:

Thread//

1. Seeking validation from others

By looking to others for approval, you show you lack confidence in yourself

This will make others lose confidence in you, closing many doors for progression

They may also see this as a weakness and use it to control you for their own gain

2. Complain too much

Yes, there are often a lot of things to complain about in the workplace.

But if you want to progress, you need to be the guy that finds solutions. Not the guy that complains all the time.

Complaining a lot will likely take you off the radar for promotion

3. Overthinking

Everyone thinks things through when making a decision, but sometimes you just gotta get out of your head and get things done.

To progress, you need to be the doer, not the thinker

4. Playing the blame game

If you want to be a good manager one day, you gotta take personal responsibility.

Blaming others is the opposite of responsibility, and no one will trust you.

Not taking part in the blame game also reduces toxicity in the workplace

5. Doubting yourself

If you keep doubting yourself, you are unlikely to take the necessary risks and take the necessary action to progress.

It will also invite others to validate your doubts in an attempt to stay ahead of you.

6. Dress inappropriately

I'm not saying dress for the job you want, not the job you have. That's very pretentious and can raise eyebrows.

But you should always wear finely pressed smart clothing, even without a set dress code.

This just shows you take pride in yourself

7. Talk about others behind their back.

These people have their priorities all wrong.

Not only does this hurt people and make you look bad, it means you're not concentrating on yourself or the job in hand.

8. Overreact

We overreact when we lose control of our emotions.

We all have emotions, but strong leaders always show they are in control of them.

People will look up to you for guidance when you can be in full control of an emotional situation.

9. Rely on your motivation to succeed

You may be motivated now, but at times you won't be able to maintain that motivation.

Use your motivation now to build strong habits that you'll keep doing when motivation is low.

10. Worry about what you can't control

Many things are happening in the workplace that one person can't control. That's why they hire different people for different roles.

You won't get anything done worrying about that, and you need to be the guy that gets things done.

Not doing these things doesn't just help you in your career. They'll help you take control of your day-to-day life too.

Thank you for reading!

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2. Follow me [@MaksymTheSpark](https://twitter.com/MaksymTheSpark) and turn on notifications for more tweets and threads about taking control of your career, <https://t.co/01Vqgcrlfe>

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— Maksym the Spark | Coach (@MaksymTheSpark) [August 20, 2022](#)