

Twitter Thread by Written Notes



Written Notes

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15 uncomfortable truths about life people learn to late:

1. Don't overshare. Privacy is peaceful and powerful.
2. Even when you trust your close friends and family, don't tell them everything.
3. The best revenge is no revenge. Move on. Be happy. Find inner peace. Flourish.
4. When you're right, no one remembers. When you're wrong, no one forgets.
5. If you continue waiting for the "right time ", you'll waste your entire life and nothing will happen.
6. You don't owe anyone an explanation or justification.
7. People who trigger your emotions have power over you. Choose wisely who you give this power to.
8. Stop reacting to everyone and everything.
9. No one is going to come and save you because You are perfectly capable of Saving Yourself.
10. You never look good trying to make someone else look bad
11. A fake friend is worse than an enemy.
12. Your comfort zone will destroy your dreams.
13. Stop accepting things you're not ok with.
14. Always say less than necessary.

15. Don't be upset from people you don't respect.

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