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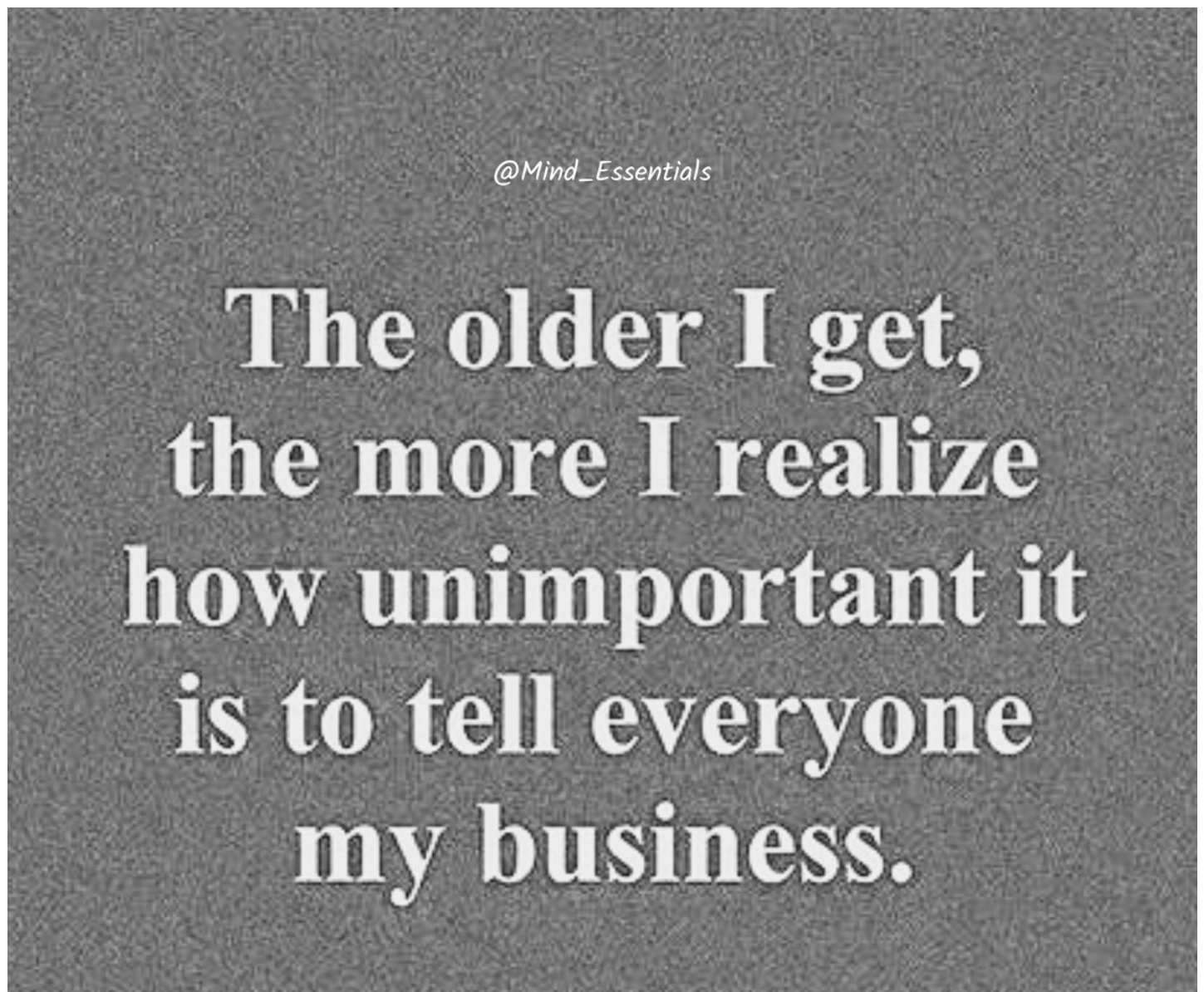
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12 straightforward quotes on self-care:

1.

2.

THE TEMPTATION

TO QUIT

WILL BE THE

GREATEST

JUST BEFORE YOU

ARE ABOUT TO

SUCCEED

3.

If
you are the
smartest
person
in the room,
you are in the
wrong room

4.

The more
you love your
decisions,
the less you
need others to
love them.

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5.

YOU STILL HAVE A LOT OF TIME TO MAKE YOURSELF BE WHAT YOU WANT.

- S. E Hinton

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6.

What if...

Everything you're
going through is preparing
you for what you asked
for?

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7.

REMEMBER

YOUR PURPOSE

IS GREATER

THAN THE FEAR

THAT LIMITS YOU

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8.

Don't feel guilty for doing
what's best for you.

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9.

your future
needs you.

your past doesn't.

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10.

"IF YOU TALK ABOUT IT, IT'S A DREAM, IF YOU ENVISION IT, IT'S POSSIBLE, BUT IF YOU SCHEDULE IT, IT'S REAL "

- Tony Robbins

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11.

Don't waste your time chasing butterflies. Mend your garden, and the butterflies will come.

- Mario Quintana

12.

There are people less qualified than you, doing the things you want to do, simply because they chose to believe in themselves.

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