Twitter Thread by Andrew Duggan



Andrew Duggan
@ajdduggan

15 Life Changing Insights from Swami Vivekananda

| Thread ■

1. We are what our thoughts have made us; so take care about what you think. Words are secondary. Thoughts live; they travel far.

- Swami Vivekananda

2. Take up one idea. Make that one idea your life - think of it, dream of it, live on that idea.

Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone.

This is the way to success.

- Swami Vivekananda

3. You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul.

- Swami Vivekananda

4. You cannot believe in God until you believe in yourself.

- Swami Vivekananda

5. The whole secret of existence is to have no fear. Never fear what will become of you, depend on no one. Only the moment you reject all help are you freed.

- Swami Vivekananda

6. All the powers in the universe are already ours. It is we who have put our hands before our eyes and cry that it is dark.

- Swami Vivekananda

7. Never think there is anything impossible for the soul. It is the greatest heresy to think so. If there is sin, this is the only sin; to say that you are weak, or others are weak.

- Swami Vivekananda

8. That man has reached immortality who is disturbed by nothing material.

- Swami Vivekananda

9. The will is not free - it is a phenomenon bound by cause and effect - but there is something behind the will which is free.

- Swami Vivekananda

10. All differences in this world are of degree, and not of kind, because oneness is the secret of everything.

- Swami Vivekananda

11. If money help a man to do good to others, it is of some value; but if not, it is simply a mass of evil, and the sooner it is got rid of, the better.

- Swami Vivekananda

12. Condemn none: if you can stretch out a helping hand, do so. If you cannot, fold your hands, bless your brothers, and let them go their own way.

- Swami Vivekananda

13. As different streams having different sources all mingle their waters in the sea, so different tendencies, various though they appear, crooked or straight, all lead to God.

- Swami Vivekananda

14. If faith in ourselves had been more extensively taught and practiced, I am sure a very large portion of the evils and miseries that we have would have vanished.

- Swami Vivekananda

15. When an idea exclusively occupies the mind, it is transformed into an actual physical or mental state.

- Swami Vivekananda

Thanks for reading. If you find this thread valuable follow me (@ajdduggan) for more content like this.

And retweet the first tweet to share with others:

https://t.co/3rT7cQLJh7

> 15 Life Changing Insights from Swami Vivekananda
>
> | Thread \U0001f9f5 pic.twitter.com/FL6ZisAnrv
>
> — Andrew Duggan (@ajdduggan) February 19, 2022