

Twitter Thread by Pandit AlokJagawat ■■



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■ Standard procedure for any kind of japa, mantra. Golden rules to remember.

•No japa, mantra or chanting or any strotram should be done without apt knowledge or d■k■■ from an able Guru.

•Everyone is not destined to get a Guru and you do not get guru's through



advertisements, hence simple hari naam sa■k■rtana, lighting lamp for God in morning and evening, chanting shiva n■ma etc. are best.

•Going to a proper temple is very important. Laziness, greediness and ease of living will restrict this.

•Start your mantra with Ganpati ■hy■n

, do mental offerings to Sri Ganapati, Kuladevtha etc and then do the required meditation.

•Always tell the deities to go back to their respective domains after the prayers and offer apologies for recalling them. This is udv■sana and Kshama paan.

•Always clean yourself first

- Tapasya is

- Remember your karmas cannot be reduced by buttering or chanting mantras

- God is afraid of love, because it has no motive. Motives kill bhakti.

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