

## Twitter Thread by Pandit AlokJagawat ■■



**Pandit AlokJagawat** ■■

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■ Standard procedure for any kind of japa, mantra. Golden rules to remember.

• No japa, mantra or chanting or any strotram should be done without apt knowledge or d■k■■ from an able Guru.

• Everyone is not destined to get a Guru and you do not get guru's through



advertisements, hence simple hari naam sa■k■rtana, lighting lamp for God in morning and evening, chanting shiva n■ma etc. are best.

• Going to a proper temple is very important. Laziness, greediness and ease of living will restrict this.

• Start your mantra with Ganpati ■hy■n

, do mental offerings to Sri Ganapati, Kuladevtha etc and then do the required meditation.

• Always tell the deities to go back to their respective domains after the prayers and offer apologies for recalling them. This is udv■sana and Kshama paan.

• Always clean yourself first

- Tapasya is

- Remember your karmas cannot be reduced by buttering or chanting mantras

- God is afraid of love, because it has no motive. Motives kill bhakti.