

## Twitter Thread by Joe Pike



**Joe Pike**

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**BREAKING: @BorisJohnson confirms National Lockdown in England until mid Feb.**

**-Key message: Stay At Home.**

ONLY leave home for:

- A) Work (if WFH impossible)
- B) Shopping for necessities
- C) Exercise with 1 other person (either your household or 1 person, not both)
- D) Care/ helping vulnerable person
- E) Medical care or threat of harm/violence

NEW: Clinically extremely vulnerable should begin shielding.