

Twitter Thread by Art of Work



Art of Work

@ArtOfWork



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Here are 12 Podcasts that will make you think like the top 0.01%

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(Thread)

<https://t.co/6sT0qWLfvF>

1. Naval

Lessons:

- Mindset
- Entrepreneurship
- Health and wellbeing
- Happiness

2. How I built this:

Lessons:

- Innovators, entrepreneurs, and idealists, and the stories behind the movements they built.

3. The Game - Alex Hormozi

Lessons:

- Sales
- Growing businesses
- Entrepreneurship

4. The school of greatness - Lewis Howes

Lessons:

- Business
- Science
- Motivation

5. Huberman Lab

Lessons:

- Brain health
- Perceptions, behaviors, and health
- Measuring and changing our nervous system

6. The Happiness Lab

Lessons:

- How to be happy
- The science of well being
- Myths about what makes us happy

7. Not Investment Advice Podcast

Lessons:

- All things memes
- Business and technology
- This is not investment advice

8. Lex Fridman

Lessons:

- AI
- Technology
- History
- Philosophy

9. The Tim Ferriss Show

Lessons:

- He deconstructs world-class performers in areas such as investing, sports, business, art, etc.

10. The Knowledge Project

Lessons:

- the crucial difference between experience and expertise
- Why some people stagnate and others progress
- Cognitive Flexibility Theory

11. The Money Guy Show

Lessons:

- Finance basics
- Financial independence
- Getting started with investing

12. My First Million

Lessons:

- New business ideas based on trends & opportunities
- Guests who talk about how they made money and their experiences

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— Art of Work (@ArtOfWork) October 1, 2022