

## Twitter Thread by Alex and Books ■



**Alex and Books** ■

@AlexAndBooks



**I asked, "What's the BEST podcast episode you've ever listened to?"**

**I received 235 replies.**

**Here are 20 podcasts you should check out:**

**(links included) ■**

1/ @naval with @ShaneAParrish

Naval is one of the wisest people you'll ever listen to. In this pod, you'll learn about his legendary reading habits, his favorite mental models, how to overcome bad habits, and so much more.

<https://t.co/WF3xRwzzcT>

2/ @davidgoggins with @joerogan

Goggins is truly one of the hardest men on the planet. He's a former Navy SEAL turned ultra-endurance athlete. If you want to get in shape or become mentally tougher, listen to this pod.

<https://t.co/WkbWMytsz0>

3/ @jockowillink with @tferriss

There's so much to learn from Jocko, I don't know where to begin. From Extreme Ownership, to GOOD, to the truth about war being the best & worst experience, why you should stay humble, and more.

<https://t.co/D7zpWhmaby>

4/ @tferriss with @jockowillink

Tim Ferriss almost never does podcasts anymore. But here, you have him and Jocko talking about one of their favorite

books for 4 HOURS. Listen to learn about the life of a warrior, facing death, and more.

<https://t.co/1idSHCoeQv>

5/ [@naval](#) with [@nivi](#)

This is an expanded version of Naval's famous "How To Get Rich Without Getting Lucky" thread. This podcast influence an entire generation of entrepreneurs. If you want to get rich, listen to it asap.

<https://t.co/c8HPuIGfZA>

6/ [@elonmusk](#) with [@joerogan](#)

Almost everyone watched the first Elon Musk/JRE podcast where Elon smoked weed, but have you watched the follow-up pod? Listen to gain access into the genius and WILD mind of Elon Musk.

<https://t.co/Bx92hnl9Wu>

7/ [@rorysutherland](#) with [@ShaneAParrish](#)

Rory Sutherland is the Vice Chairman of Ogilvy & Mather Group—one of the most renowned advertising agencies in the world. This podcast is a masterclass in advertising, behavioral psychology, and persuasion.

<https://t.co/HLE8O2KJpV>

8/ [@bgurley](#) with [@patrick\\_oshag](#)

Bill Gurley is one of the best VC investors of all time. He's invested in Uber, Zillow, Grubhub, Glassdoor, and dozens more successful businesses. If you're into investing, this pod is for you.

<https://t.co/cCCenMX0qS>

9/ [@JerrySeinfeld](#) with [@tferriss](#)

In this podcast, legendary comedian Jerry Seinfeld unveils the curtain behind his creative process, writing system, and what it takes to make it in the world of comedy. All writers should listen to this pod.

<https://t.co/NgTOAWOs1>

10/ [@kunalb11](#) with [@rajshamani](#)

Kunal is a wise thinker that not many people know about. Listen to learn how to create wealth, advice for content creators, and lots of business tips.

<https://t.co/ldFRtVAjM4>

11/ [@dharmesh](#) with [@theSamParr](#) & [@ShaanVP](#)

Dharmesh is the co-founder of Hubspot. Listen to learn what it's like being a billionaire, how he thinks about time & money, the future of software, and more.

<https://t.co/0dcn2RSUEe>

12/ [@jimmy\\_wales](#) with [@guyraz](#)

Jimmy Wales is the founder of Wikipedia. Listen to this pod to learn how he came up with the idea for an online encyclopedia and how he built it into one of the world's most popular sites.

<https://t.co/eE4J5TqscF>

13/ [@Croesus\\_BTC](#) with [@PrestonPysh](#)

Listen to learn about the Bitcoin adoption curve, models to understand the value of Bitcoin, the digital revolution, and more about BTC.

<https://t.co/1tOzJkSMTC>

14/ [@hubermanlab](#)

Andrew Huberman is a professor of neurobiology at Stanford. This episode serves as a sort of "Dopamine Masterclass". It covers motivation, addiction, depression, and other aspects of dopamine. Listen and take notes.

<https://t.co/rmmPFcZMCW>

15/ [@jordanbpeterson](#) with [@andrewschulz](#)

This is the collab no one expected but everyone loved. Schulz is an incredible comedian who was able to make this conversation extremely entertaining while also being educational and insightful.

<https://t.co/yJ4pfjFtmW>

16/ Alexander Fridman with [@lexfridman](#)

Alexander Fridman is one of the top plasma physicists and plasma chemists in the world—he's also Lex's father. Listen to hear a deep conversation between two brilliant scientists.

<https://t.co/tj56b9nHS5>

17/ [@balajis](#) with [@tferriss](#)

Balaji is one of the rare individuals who can predict the future with great accuracy. He was the CTO of Coinbase, and in this pod he shares where he thinks Bitcoin, Ethereum, and crypto as a whole are heading.

<https://t.co/MHkcVjfVcq>

18/ [@melrobbins](#) with [@richroll](#)

Listen to learn how to make believing in yourself a habit so that you operate more empowered and with greater confidence. If you want to develop better self-talk and get out of a slump, check out this pod.

<https://t.co/vl8wNrGMLl>

19/ [@ThisIsSethsBlog](#) with [@tferriss](#)

Seth Godin is one of the world's best-known marketers. Listen to how to overcome procrastination, key skills creatives should develop, why constraints are a gift, and more advice for writers and artists.

<https://t.co/dM7SlwRALO>

20/ [@morganhouse1](#) with [@AlexAndBooks](#)

Ok this last one is a bit bias since it's my pod but trust me it's good (it's my most popular episode). Morgan is an incredible writer who shares a ton of wisdom from his bestselling book "The Psychology of Money."

<https://t.co/w17pPE8yQs>

Want to see all the podcasts that were recommended?

Here's the full list:

Enjoy!

<https://t.co/7NmEy94SYD>

What's the BEST podcast episode you've ever listened to?

— Alex and Books ( [@AlexAndBooks](#) ) [October 4, 2021](#)

PS: If you love podcasts, I highly recommend signing up for [@podcastnotes](#) premium.

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<https://t.co/26LcAOUpCa>