Twitter Thread by Aditya Todmal

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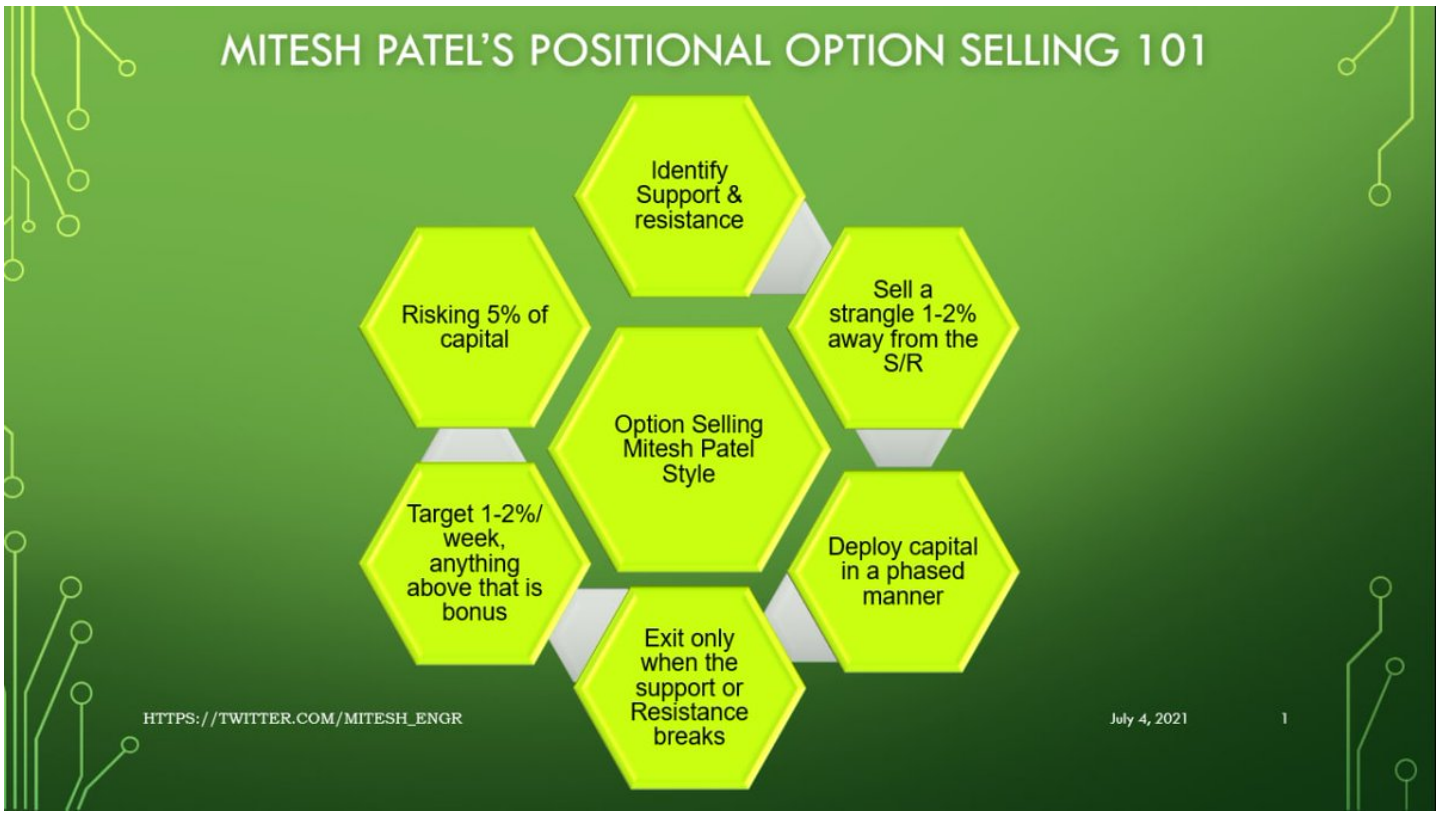
A Thread on the Boss himself @Mitesh_Engr

Mitesh Sir's Positional Option Selling 101:

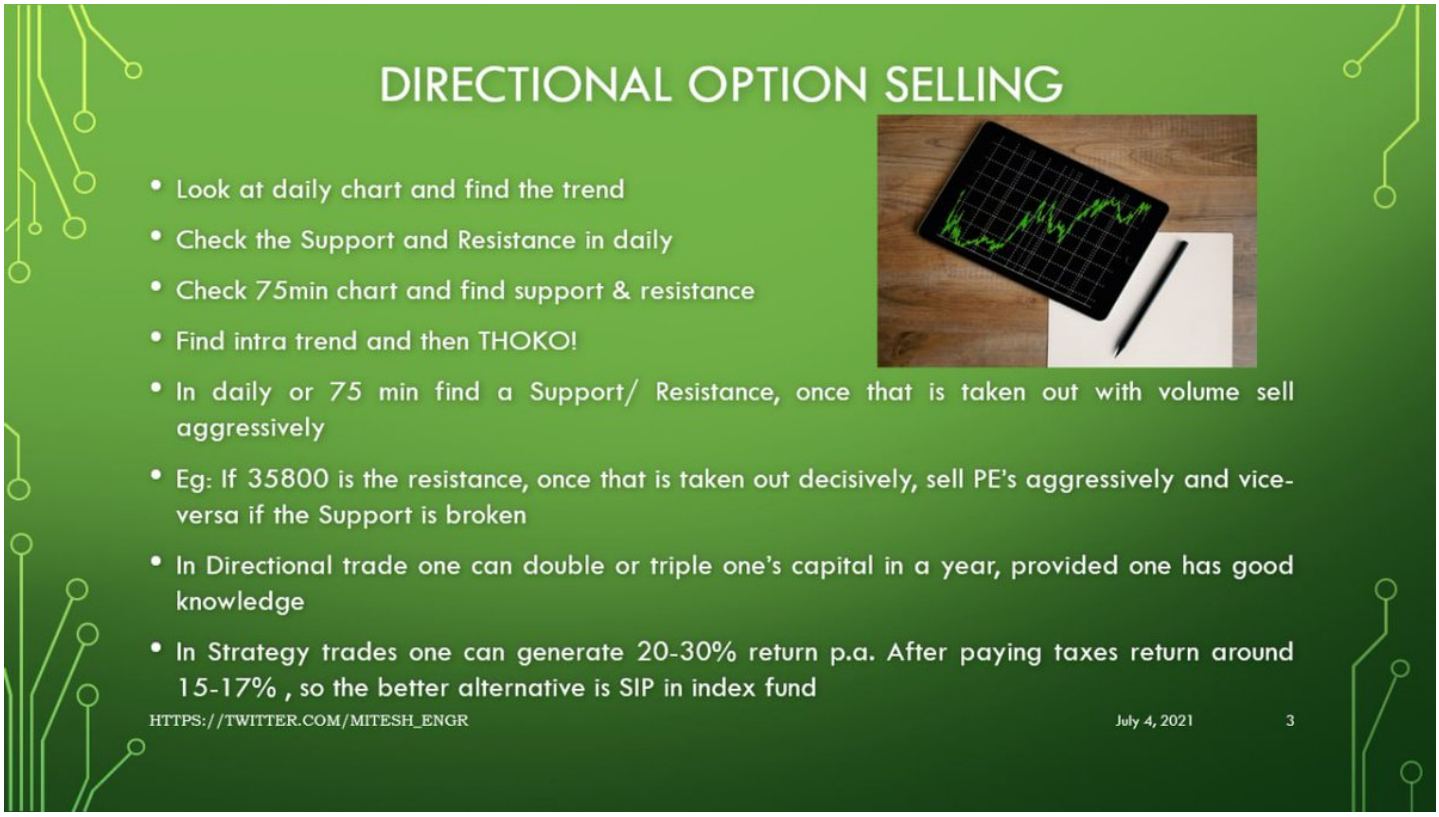
- **How to find direction**
- **Which options to sell**
- **How to deploy capital**
- **Exit criteria**
- **What ROI he targets weekly**
- **What % risk he takes**

Done with the help of @niki_poojary



How @Mitesh_Engr Sir finds the direction?

• Daily charts S/R
• 75 min charts S/R
• Intraday trend
• Always play directional
• Never trades in strategies



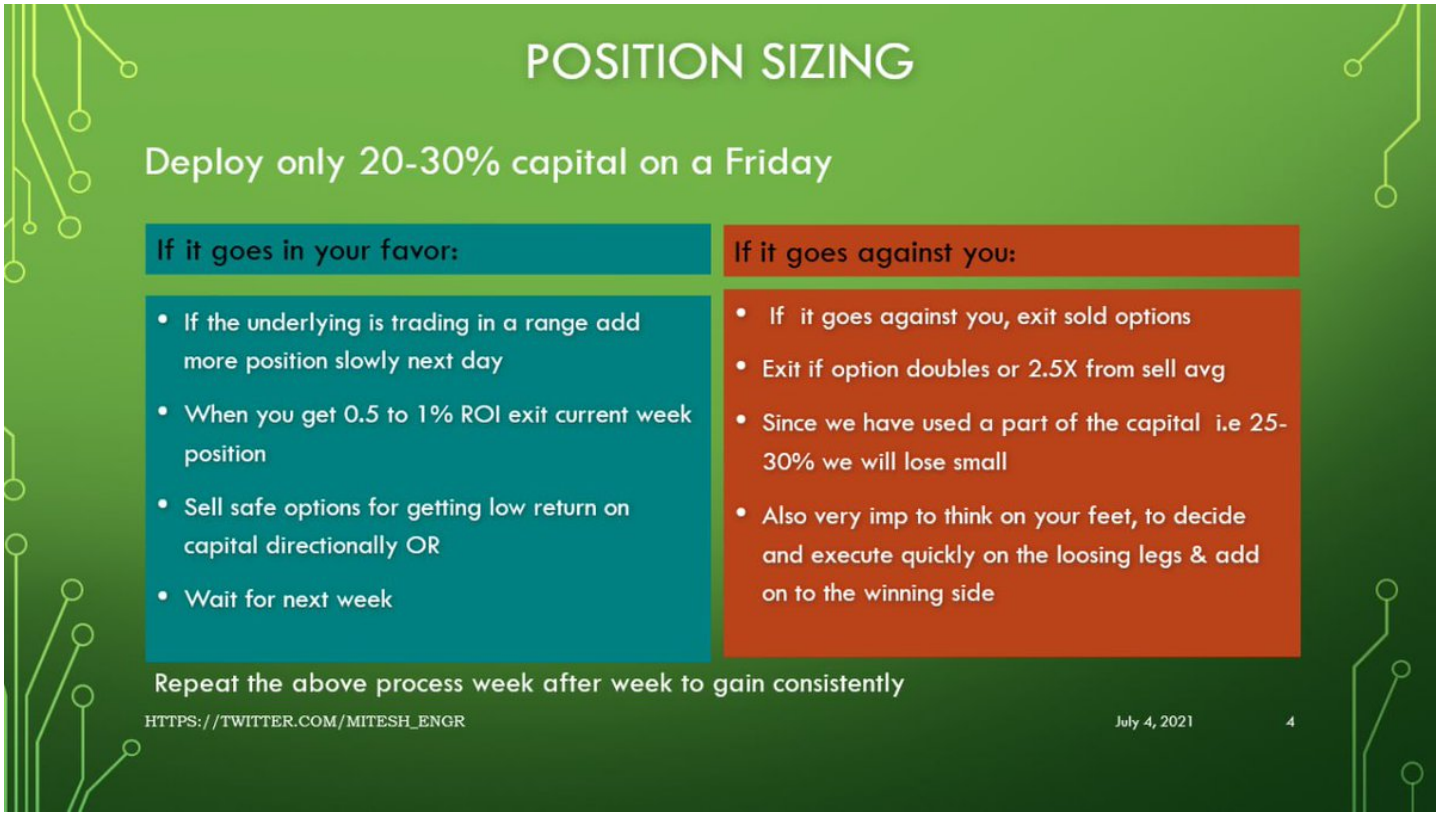
Which options to sell in weekly expiry according to @Mitesh_Engr?

• Weekly candle High/Low
• Sell 1% away options from those
• Exit when levels breached

Position Sizing by @Mitesh_Engr Sir.

How to deploy your capital?

- First sell 20%
- Pyramid the next day
- When to exit
- What to do when view goes wrong
- What to do with idle capital

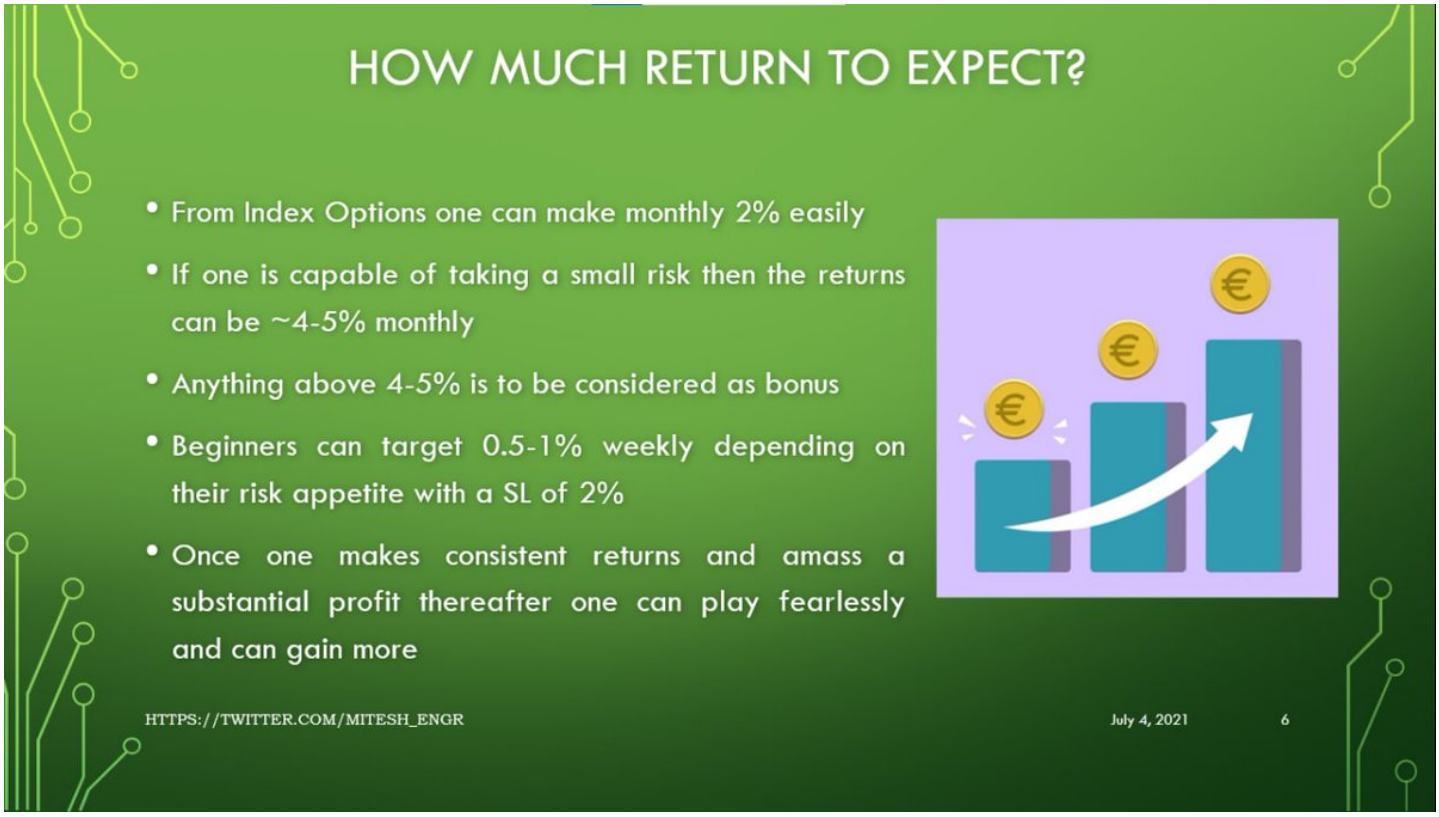


Some important tweets of @Mitesh_Engr Sir

- What Data to look at
- ROI for safe players per month
- Max risk per day
- Gather knowledge and play directional
- Never play strategies

What kind of returns should traders expect according to @Mitesh_Engr

• Monthly 2% easily via index options
• With little risk 4-5%
• Beginners weekly target - 0.5%
• Consistency
• Trade fearlessly later



Important points by @Mitesh_Engr Sir

• Never average losers
• Remember levels of stocks
• Cut losses immediately
• Overnight positions - Control position sizing/ hedge

OTHER IMPORTANT POINTS

- Never avg loss making position
- Remember the levels of individual stocks viz. HDFC Bank, ICICI Bank, SBIN, Axis Bank, Kotak Bank as these are heavy weights in the BNF index
- If the position goes against you exit at C2C or at a small loss
- Sell opposite side option with same rule
- Try to cut down losses immediately to avoid big loss
- For overnight position - Reduce position sizing or play with hedges
- Eg: one can buy hedge at 3.15pm and exit the next morning by 9.20am
- With hedge profit will be limited, however losses would also be under check

How @Mitesh_Engr Sir determines stop loss?

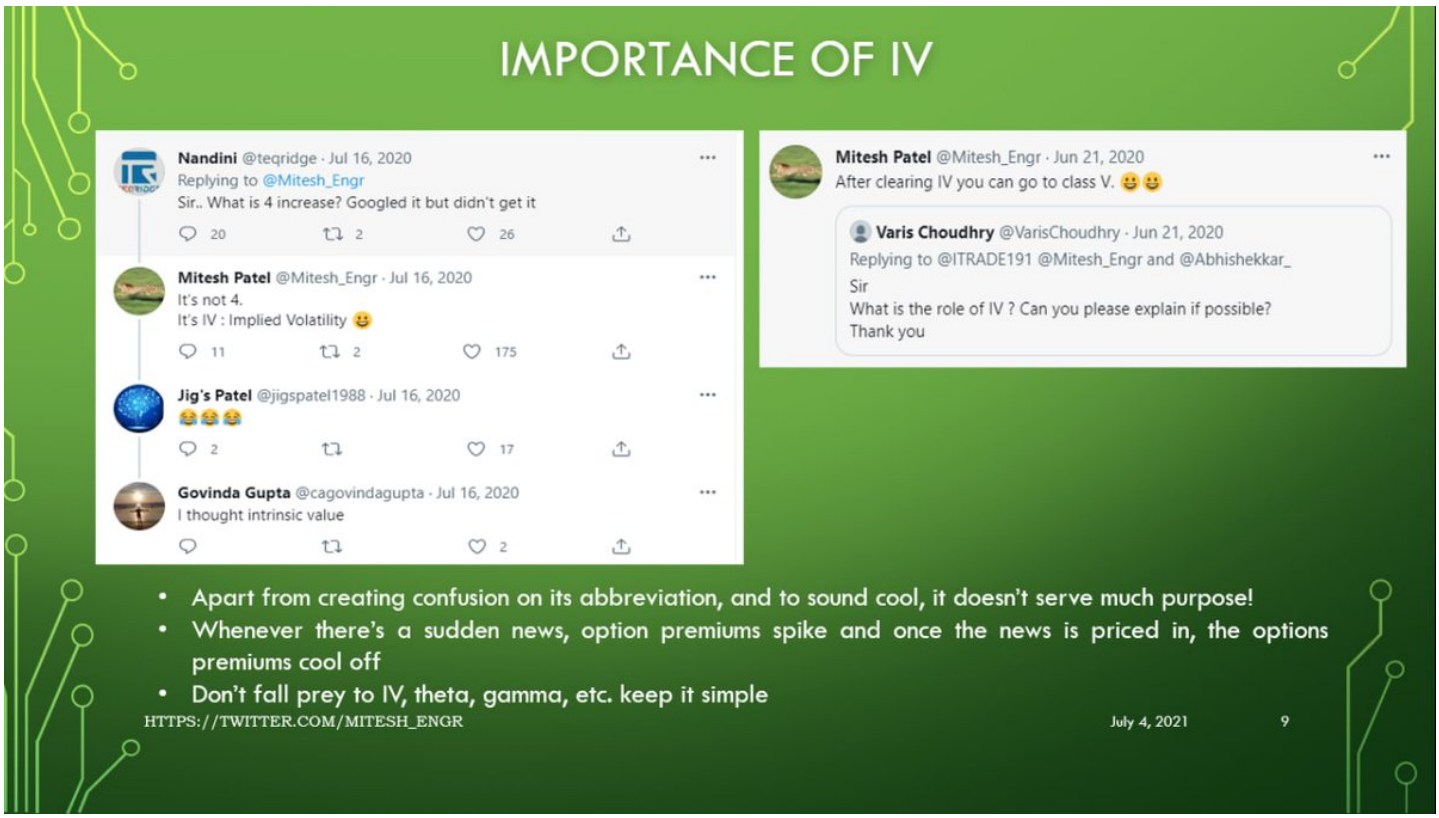
• Options levels
• Bank Nifty future levels
• At that level check option price and keep that as an SL
• Rely on theta decay to help you
• This will lower your SL further

HOW TO DETERMINE STOP LOSS?

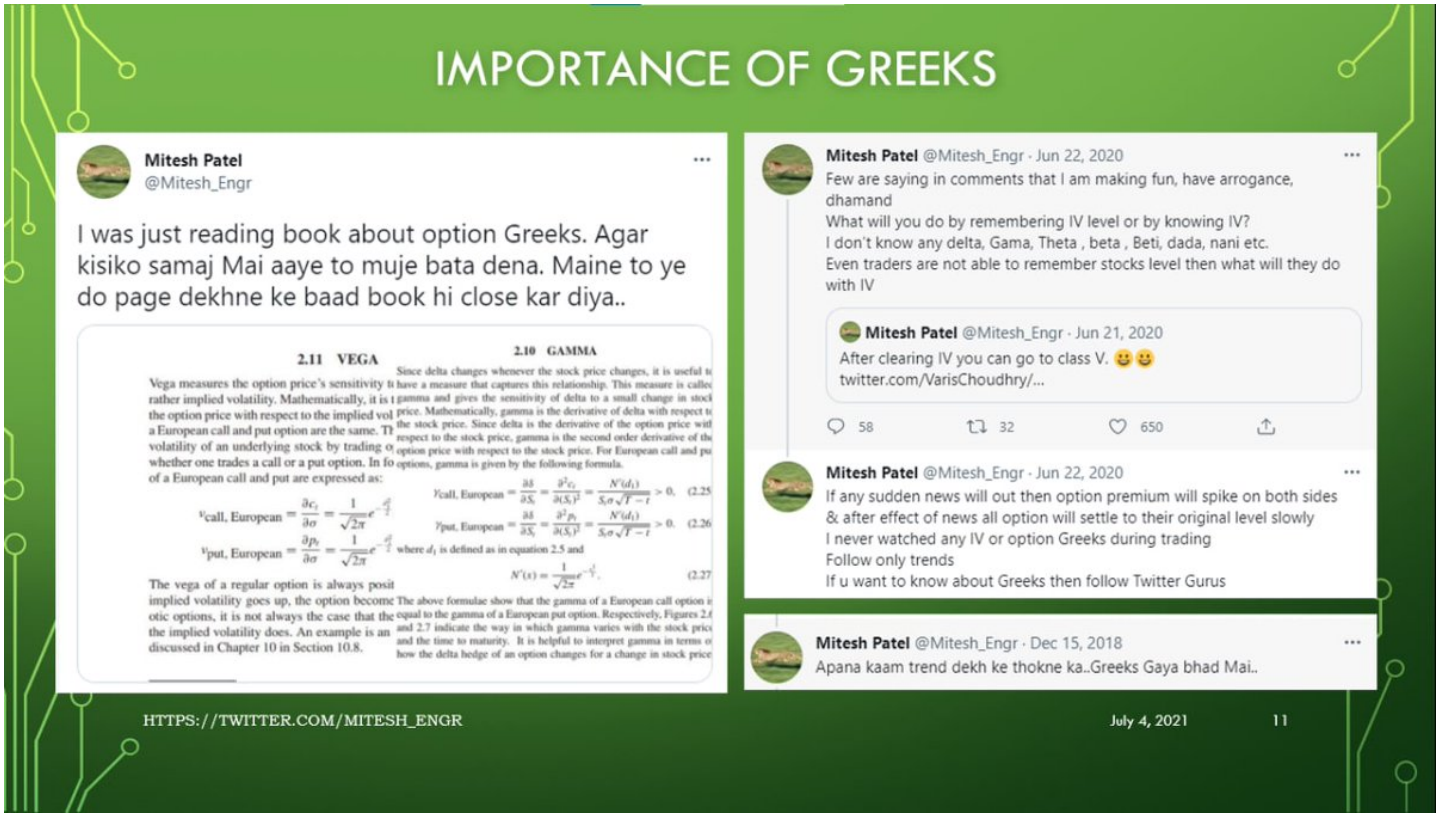
- Check specific option chart
- Check Bank Nifty future levels to decide SL
- Eg: if BNF is trading at 34800 and your SL is 35100 as per BNF charts then check the LTP of the strike that you want to sell and gauge the approx. price of that option if BNF were to reach 35100, and place your SL accordingly
- In option selling, since theta /time decay is your friend, as time passes, one can trail their SL accordingly

Importance of IV according to @Mitesh_Engr Sir

• Doesn't serve much purpose
• When news is priced in option premium cools
• Don't be fooled by twitter gurus



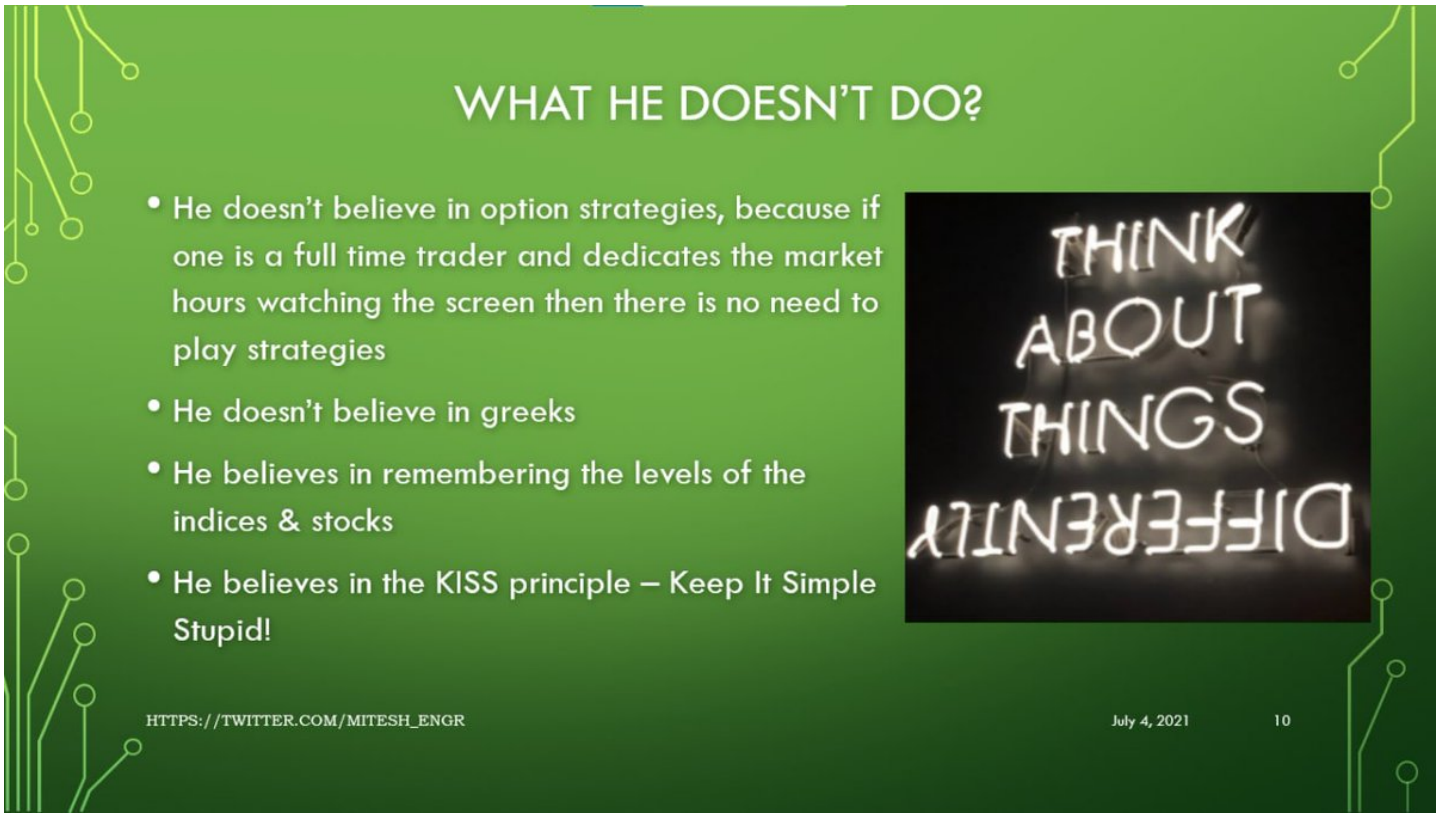
Importance of Greeks according to @Mitesh_Engr Sir ■■



What @Mitesh_Engr Sir doesn't do

• Play strategies
• Doesn't believe in Greeks

What @Mitesh_Engr Sir does do
• Remember levels of stock/index
• Simple trading

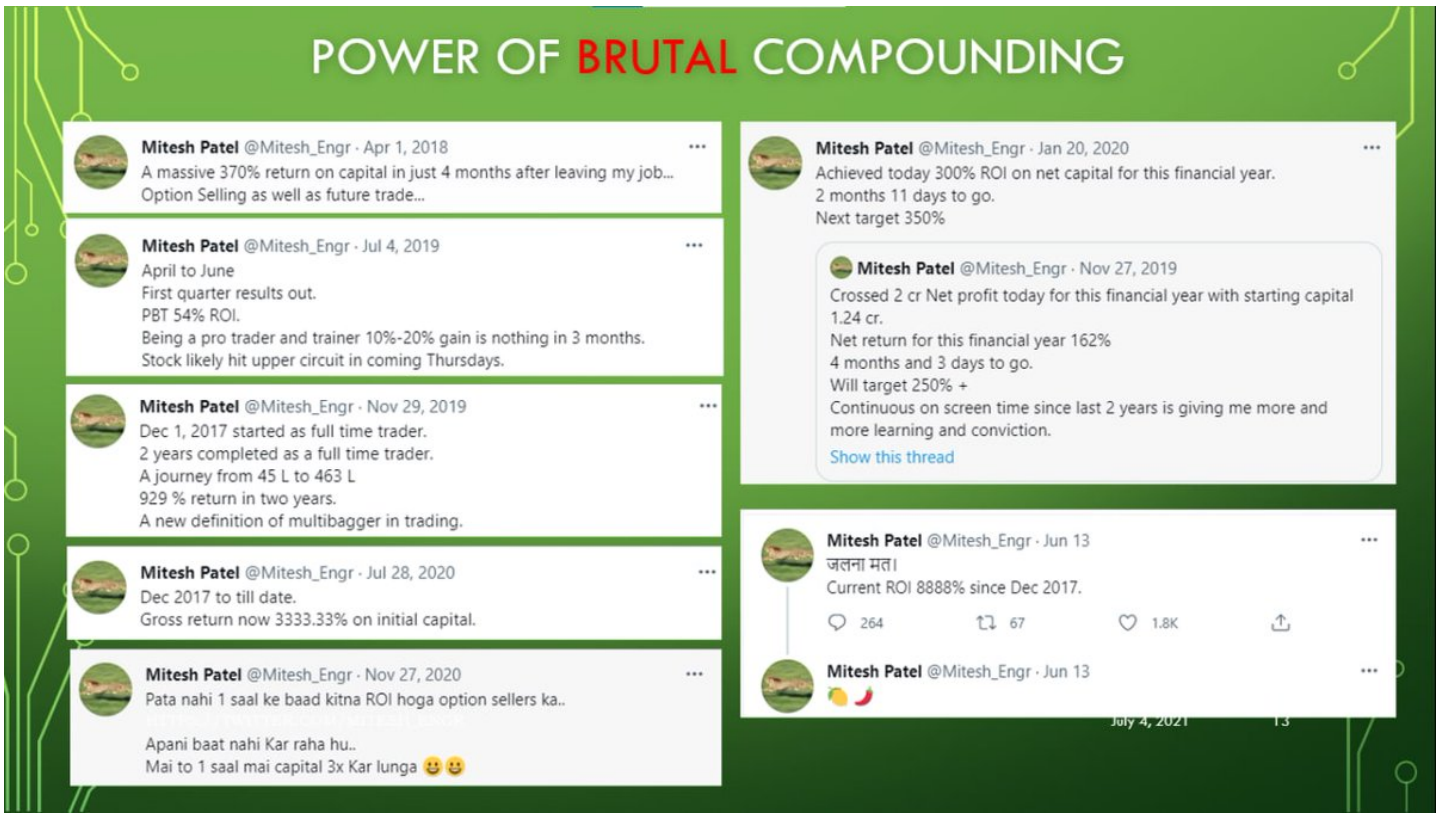


Is Option selling limited profit? Look at @Mitesh_Engr Sir's explanation and think again.

Making 2X of his original capital per month now.

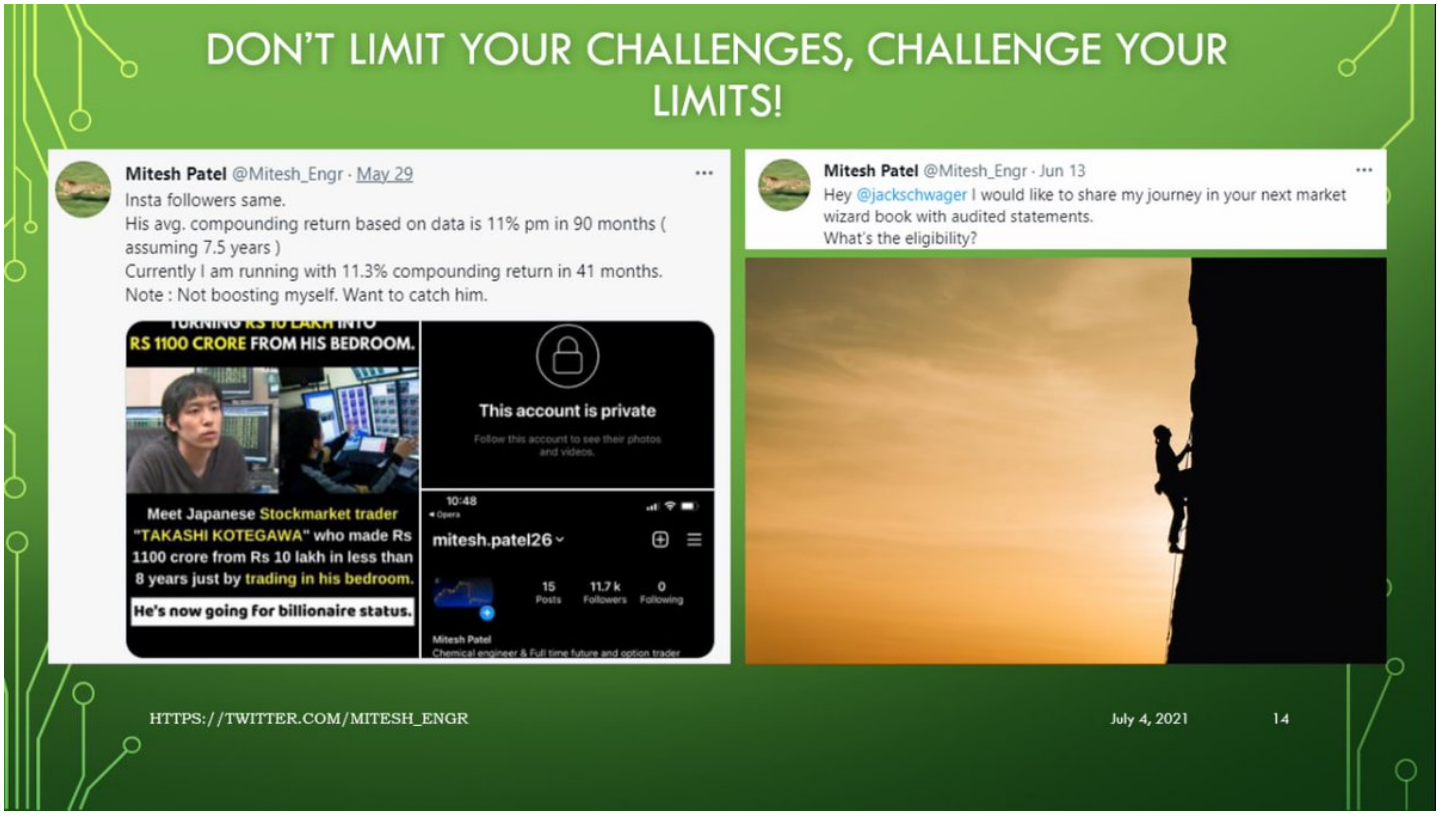
Power of BRUTAL compounding ■
Killer tweets by @Mitesh_Engr

Faster than a cheetah ■ surely.



@Mitesh_Engr Sir has no limits

• Doesn't have any metal blocks like 1% per week
• Aims high



This was an introductory thread on how @Mitesh_Engr Sir trades positionally.

@niki_poojary and @AdityaTodmal will be making more threads on how Mitesh Sir trades

• Futures
• Expiry Trading etc etc

Keep an eye out for those threads.

Happy learning to everyone!

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