

## Twitter Thread by [Mitesh Patel](#)



**[Mitesh Patel](#)**

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**Never trade with loan amount.**

**My trading is very simple. Selling option based on support and resistance. Time frame: Daily and 75 min.**

**Keep distance of 1-2% from S & R so one has chance to exit or adjust if trade goes against.**

**And last one my tgt is 4% pm. Above it bonus.**

Dear Nitesh can you share some idea how you makes successful trade. Please I am in a big loss since I started my journey of stock market in 2017. Then I took 15 lac loan and everything is vanished. Now I am in so much struggle to pay the EMI

— Ganesh (@Eshan70302504) [May 30, 2021](#)