

Twitter Thread by [Eyisha](#)

[Eyisha](#)

[@eyishazyer](#)



10 Netflix documentaries to deepen your understanding of life:

1. The Great Hack



2. Expedition Happiness

EXPEDITION HAPPINESS

FROM ALASKA TO MEXICO



DOING WHAT YOU LIKE
IS FREEDOM -
LIKING WHAT YOU DO
IS HAPPINESS.

3. The Mind Explained

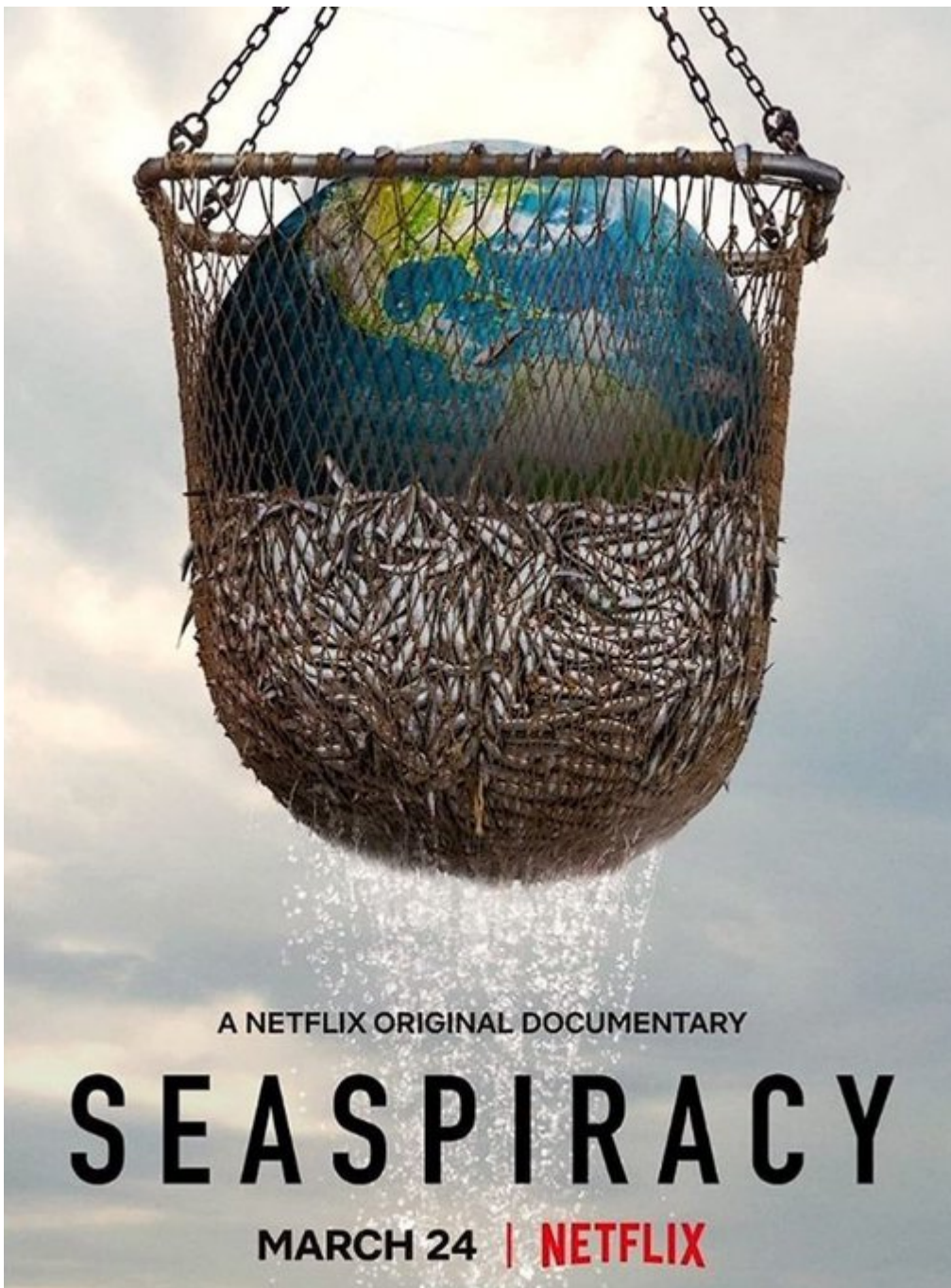
N

THE MIND

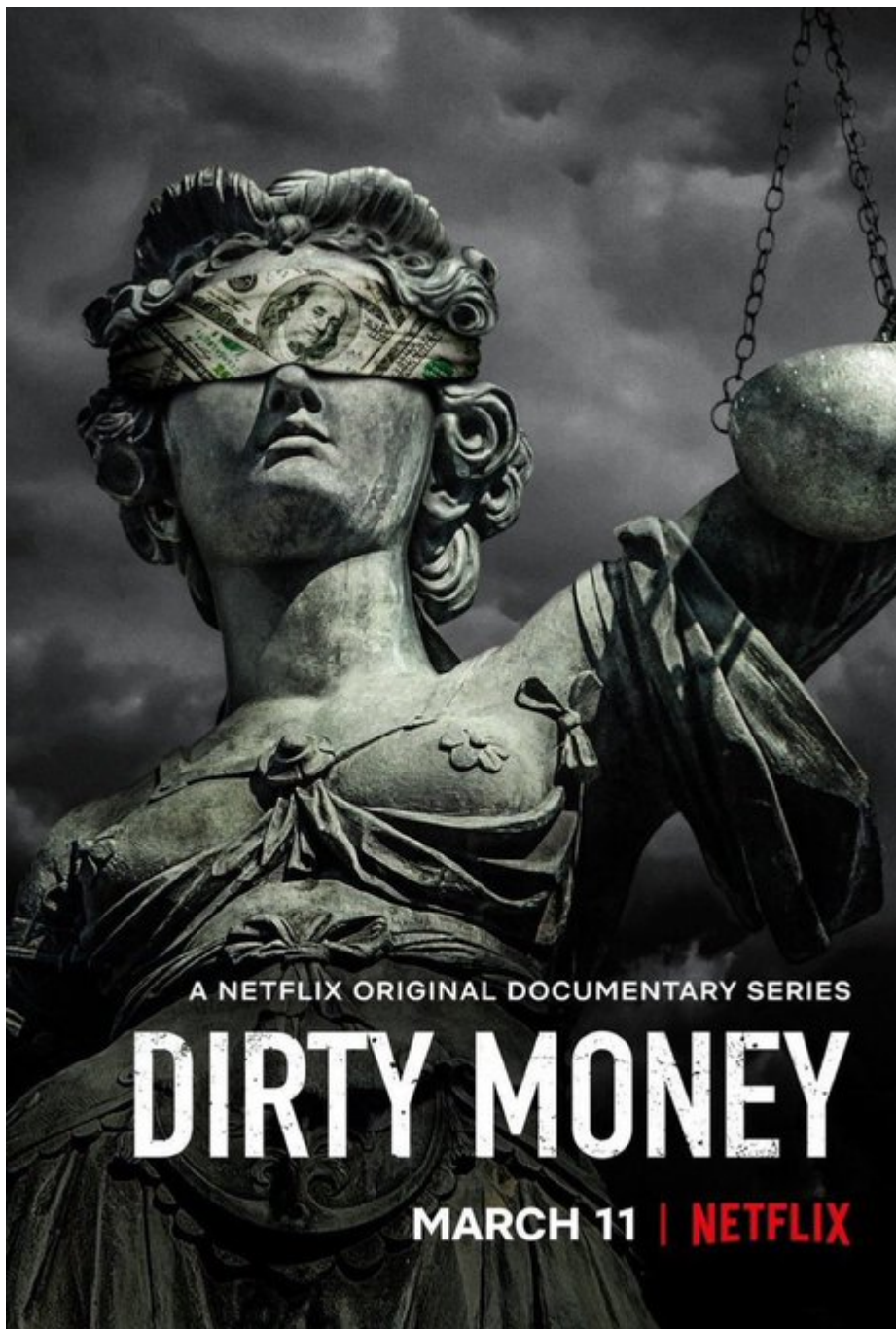
explained



4. Seaspiracy



5. Kiss The Ground



7. The Playbook

A NETFLIX ORIGINAL SERIES



**THE
PLAYBOOK**
A COACH'S RULES FOR LIFE

SEP 22 | NETFLIX

8. Living On One Dollar



LIVING ON ONE DOLLAR

56 DAYS | 56 DOLLARS | HOW DO YOU SURVIVE?



9. The Last Dance

THE LEGENDS.

THE TRUTH.

THE LAST DANCE

A 10-PART DOCUMENTARY EVENT

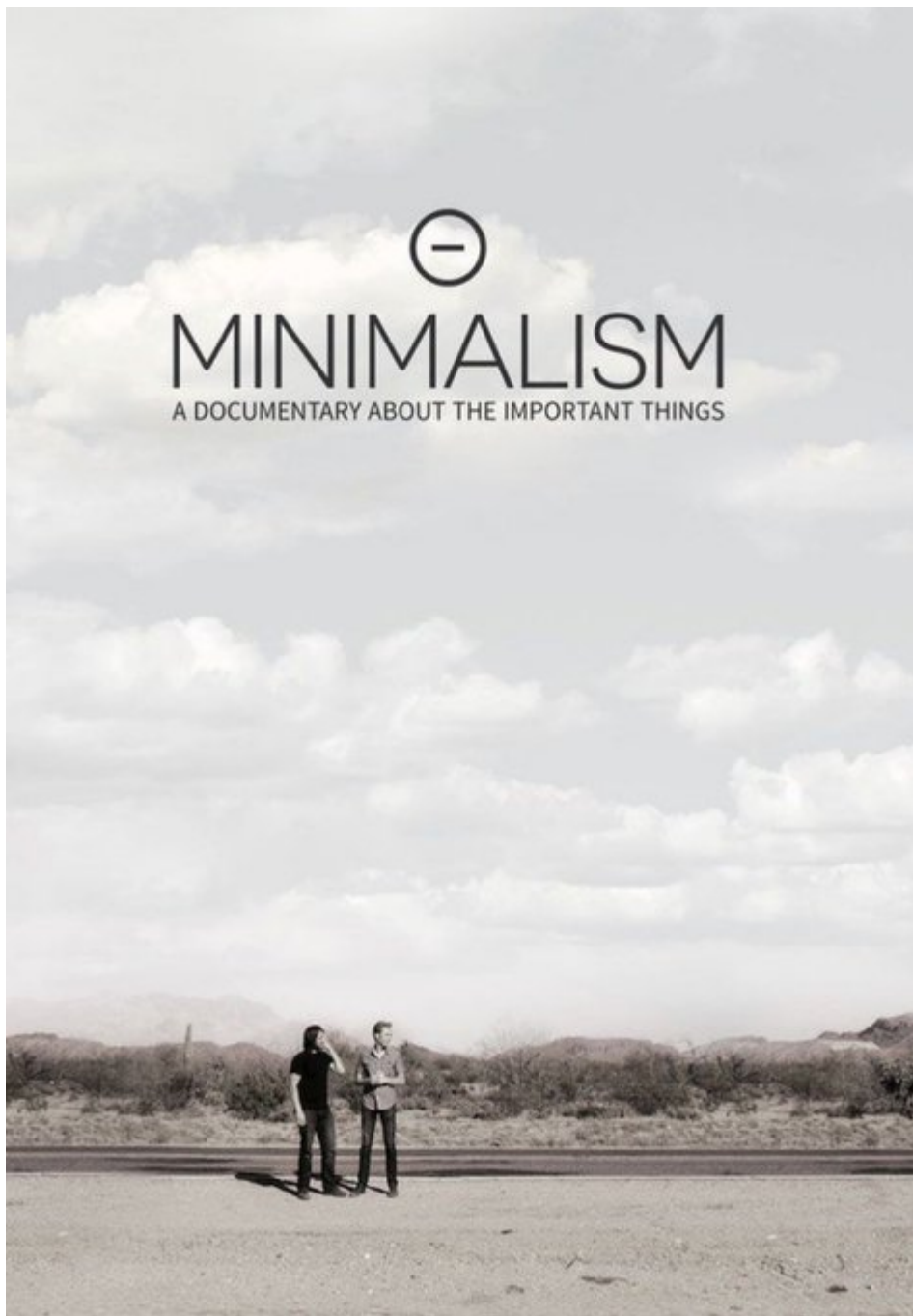


THE UNTOLD STORY OF
MICHAEL JORDAN &
THE CHICAGO BULLS' DYNASTY

SUNDAY AT 9PM ET

ESPN

10. Minimalism



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