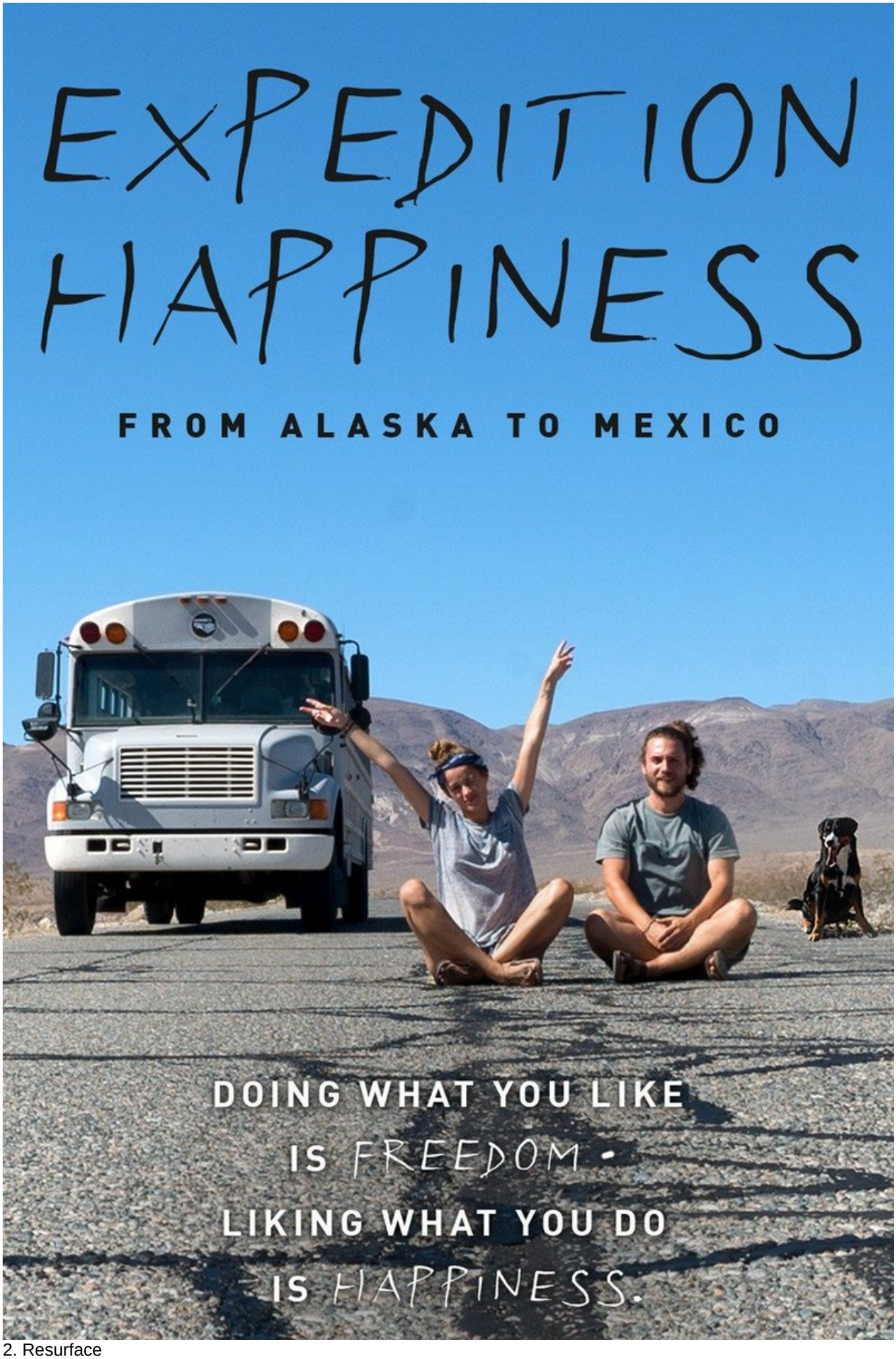
Twitter Thread by Art of Life ■



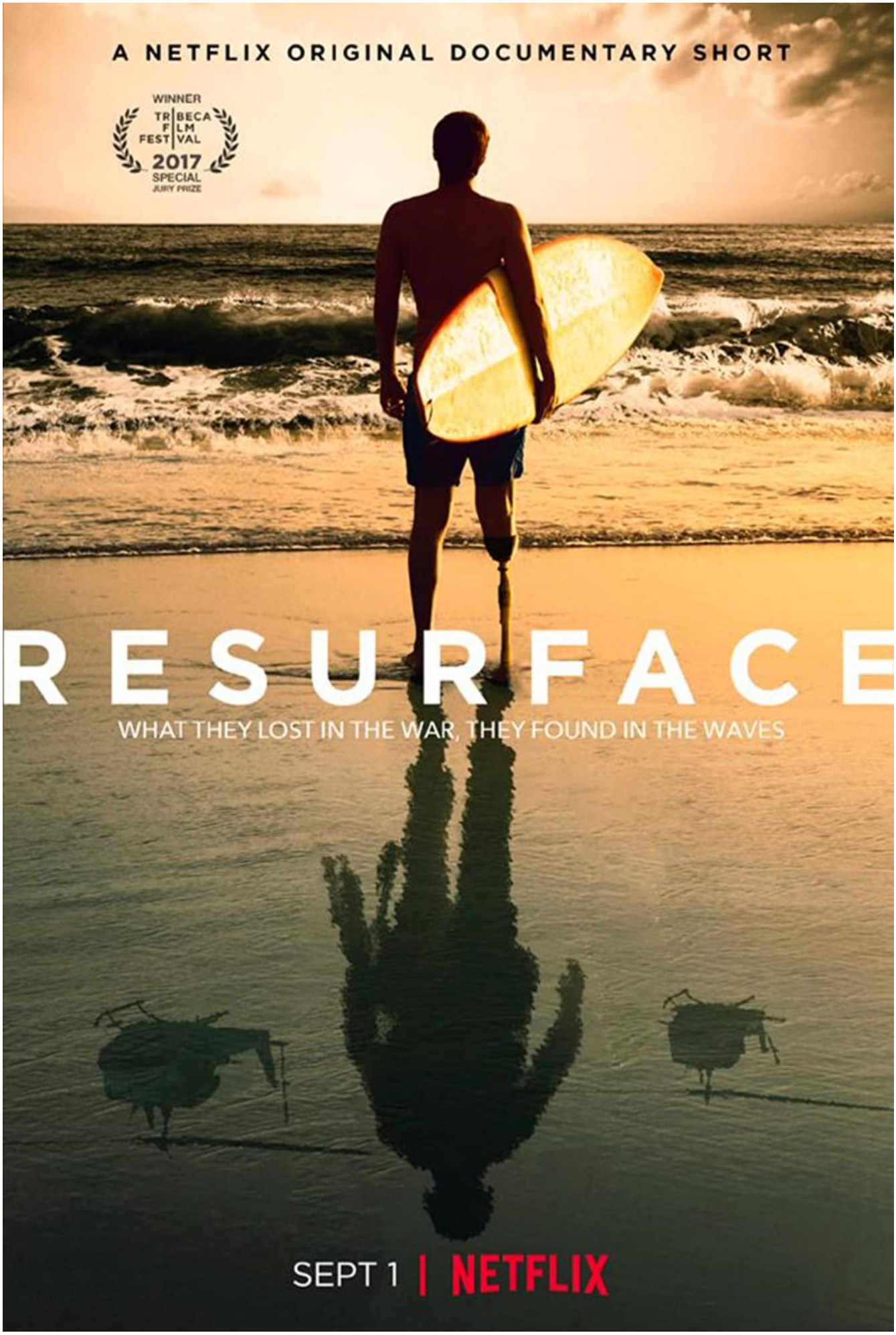
Art of Life ■
@Art0fLife_

10 netflix documentaries that will change your life + mindset

1. Expedition Happiness


EXPEDITION
HAPPINESS
FROM ALASKA TO MEXICO
DOING WHAT YOU LIKE
IS FREEDOM -
LIKING WHAT YOU DO
IS HAPPINESS.

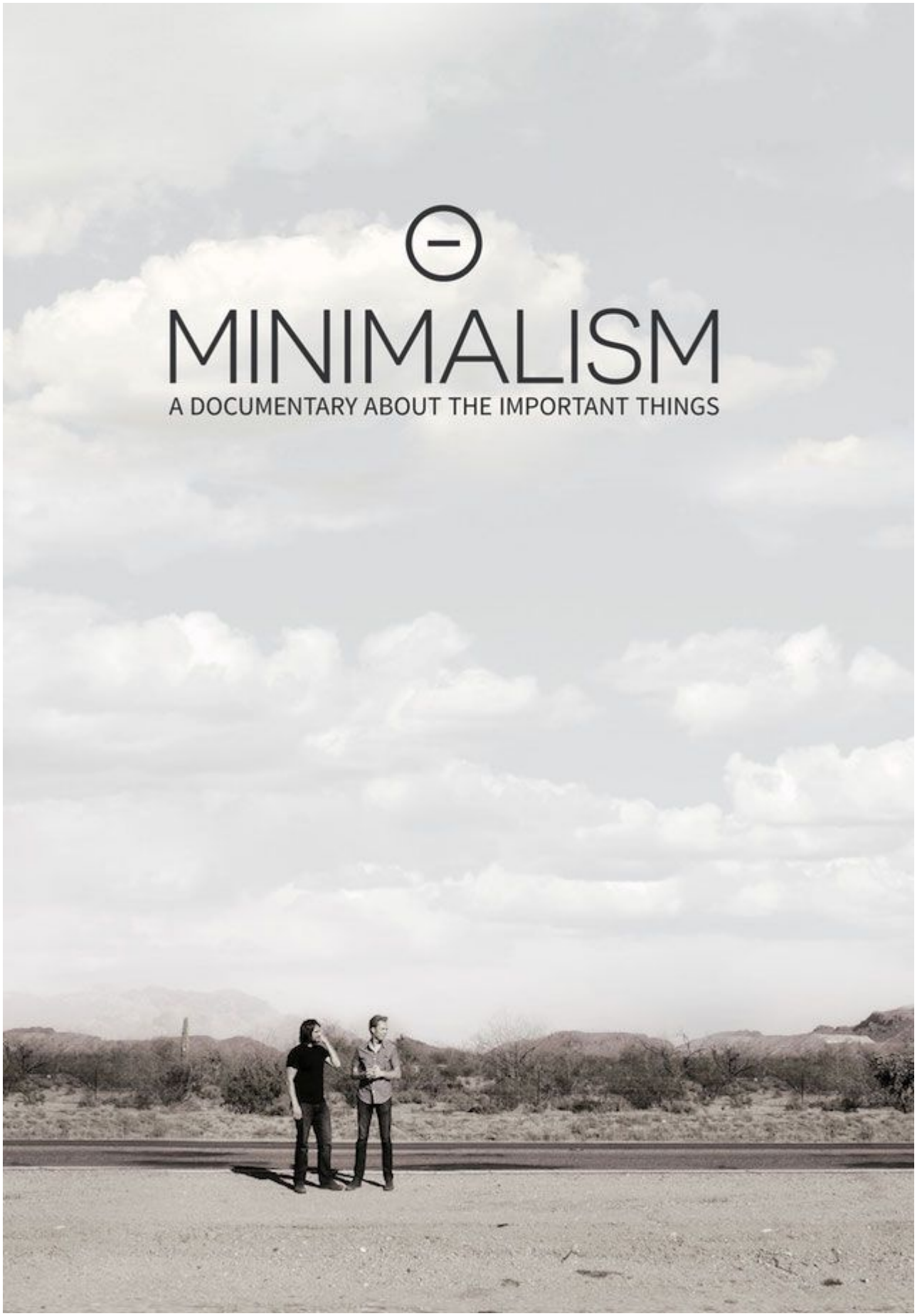
2. Resurface


A NETFLIX ORIGINAL DOCUMENTARY SHORT
WINNER
TRIBECA FILM FEST
2017
SPECIAL
JURY PRIZE
RESURFACE
WHAT THEY LOST IN THE WAR, THEY FOUND IN THE WAVES
SEPT 1 | NETFLIX

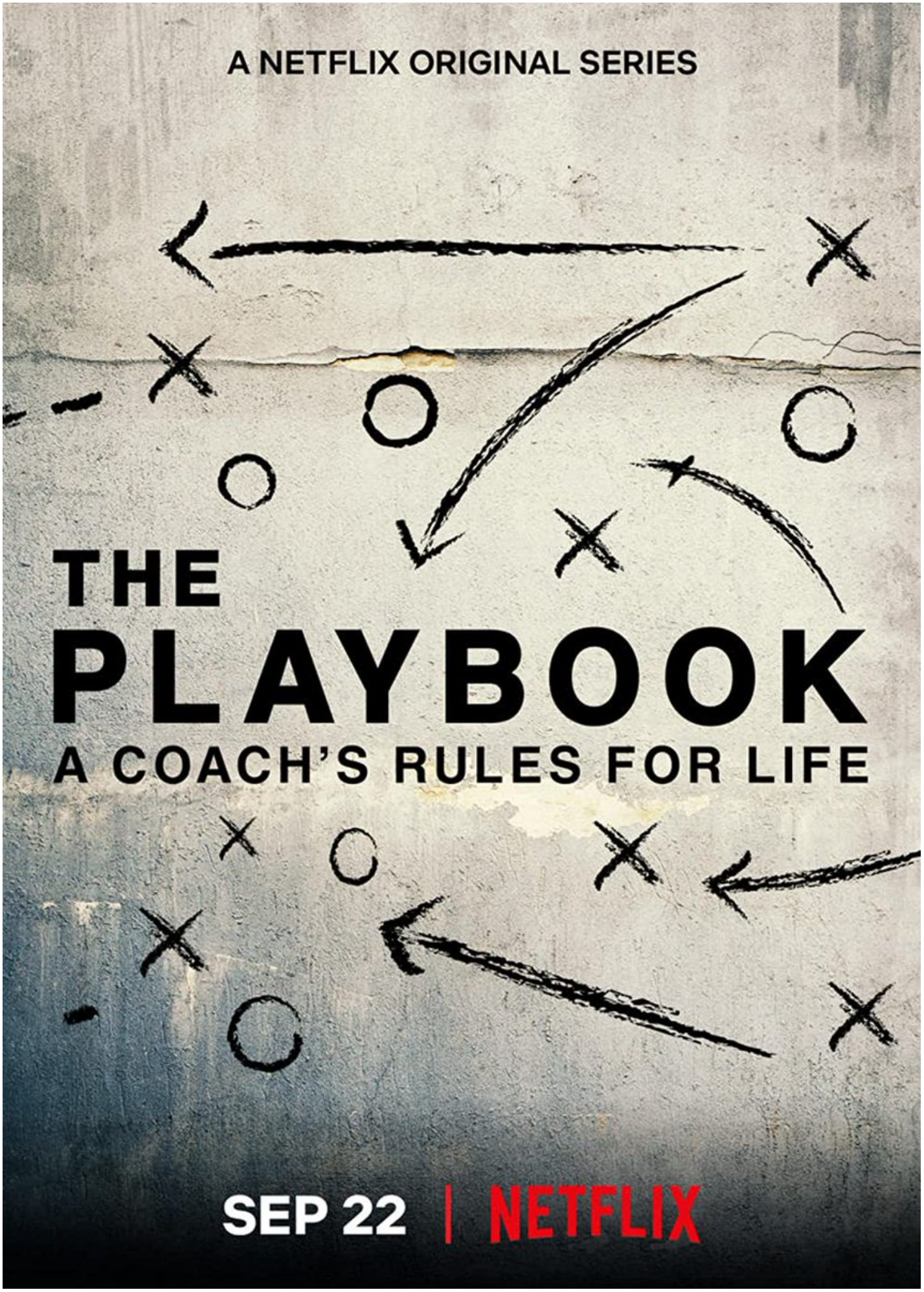
3. Happy


From the ACADEMY AWARD® nominated filmmakers of
GENGHIS BLUES and LONG NIGHT'S JOURNEY INTO DAY
happy
WADI RUM FILMS AND SHADY ACRES PRESENTS A FILM BY ROKO BELIC HAPPY NARRATED BY MARCI SHIMOFF STARRING ED DIENER, RICHARD DAVIDSON
THE DALAI LAMA, SONJA LYUBOMIRSKY, MIHALY CSIKSZENTMIHALYI, DANIEL GILBERT, TIM KASSER, MELISSA MOODY, NIC MARKS
MICHAEL PRITCHARD, GREGORY BERNS, P. READ MONTAGUE, ROY BLANCHARD EXEC. PRODUCER TOM SHADYAC PRODUCED BY EIJI HAN SHIMIZU
FRANCES REID, ROKO BELIC ASSOCIATE PRODUCERS ADRIAN BELIC, OMID HEIDARI, PAMELA HARRIS, JESS FURMAN, BHAGYASHREE RAORANE
EDITED BY VIVIEN HILLGROVE MUSIC BY MARK ADLER GRAPHICS BY RELJA PENEZIC & NOIR STUDIO DIRECTED BY ROKO BELIC
CREATIVE VISIONS FOUNDATION
www.TheHappyMovie.com
EMOTIONAL CONTENT
WADI RUM FILMS

4. Minimalism



5. The Playbook


A NETFLIX ORIGINAL SERIES
THE
PLAYBOOK
A COACH'S RULES FOR LIFE
SEP 22 | NETFLIX

6. Dogs


A NETFLIX ORIGINAL DOCUMENTARY SERIES
DOGS
NOV 16 | NETFLIX
Six stories of unconditional love

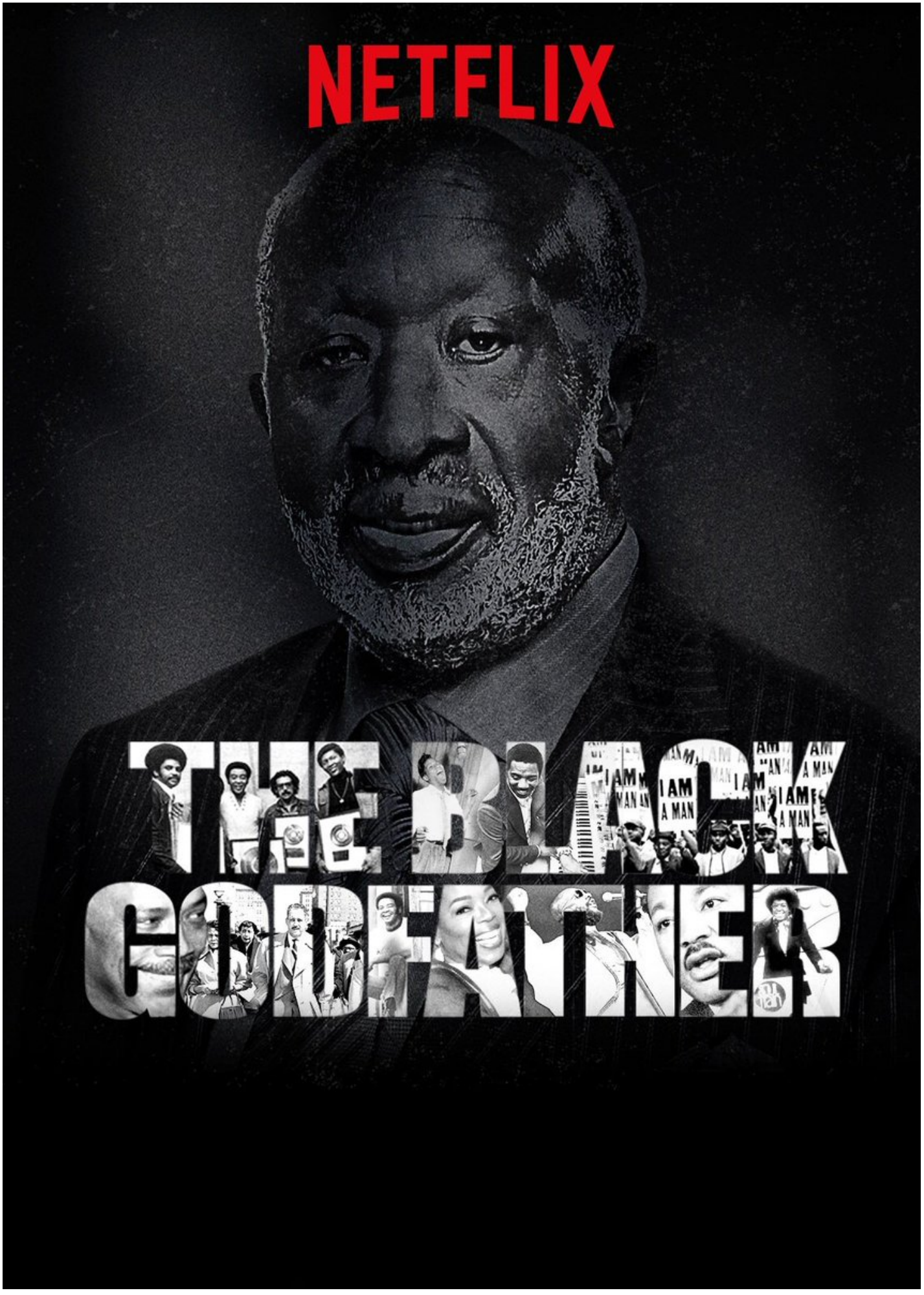
7. Man on Wire


MAN ON WIRE
"Exhilarating."
STEPHEN HOLDEN, NY TIMES
MAGNOLIA PICTURES, DISCOVERY FILMS, BBC AND THE UK FILM COUNCIL PRESENT A WALL TO WALL PRODUCTION
IN ASSOCIATION WITH RED BOX FILMS "MAN ON WIRE" BASED ON THE BOOK "TO REACH THE CLOUDS" BY PHILIPPE PETIT
PRODUCTION DESIGNER KATHY O'DONNELL MUSIC WRITTEN BY J. RALPH MUSIC BY MICHAEL NYMAN DIRECTOR OF PHOTOGRAPHY IGOR MARTINOVIC
EDITOR JINX GODFREY PRODUCED BY VICTORIA GREGORY MAUREEN A RYAN ASSOCIATE PRODUCERS ANDREA MEDITCH
EXECUTIVE PRODUCER FOR THE BBC NICK FRASER SUPERVISING PRODUCER JONATHAN HEWES PRODUCED BY SIMON CHINN DIRECTED BY JAMES MARSH
Discovery BBC DOLBY DIGITAL magnolia pictures
WWW.MANONWIRE.COM

8. The Magic Pill



9. The Black Godfather


NETFLIX
THE BLACK
GODFATHER

10. Living On One Dollar



LIVING ON ONE DOLLAR

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This account exists to help you:

- Become your best self
- Live a happier and healthier life
- Grow mentally and emotionally

Have an amazing day :)