Twitter Thread by Niharikaa Kaur Sodhi ■



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How I redesigned my life at 25:

■

First, here are my desires:

• Do what I love for a living
• Work max 4 hours a day
• Empty calendar
• Own my time
• Earn well

Now, I know you think this is undoable.

I did too.

Haters may think I come from a home with a lot of money so I'm faking it to sell you something.

Nope. I have nothing to sell to the end and my mum's a single mom which is why I'm driven to be financially independent.

But here are a few things that I absolutely didn't want to do:

• Get 5% sucky appraisals
• Work a full 8 hours which started hundreds of years ago

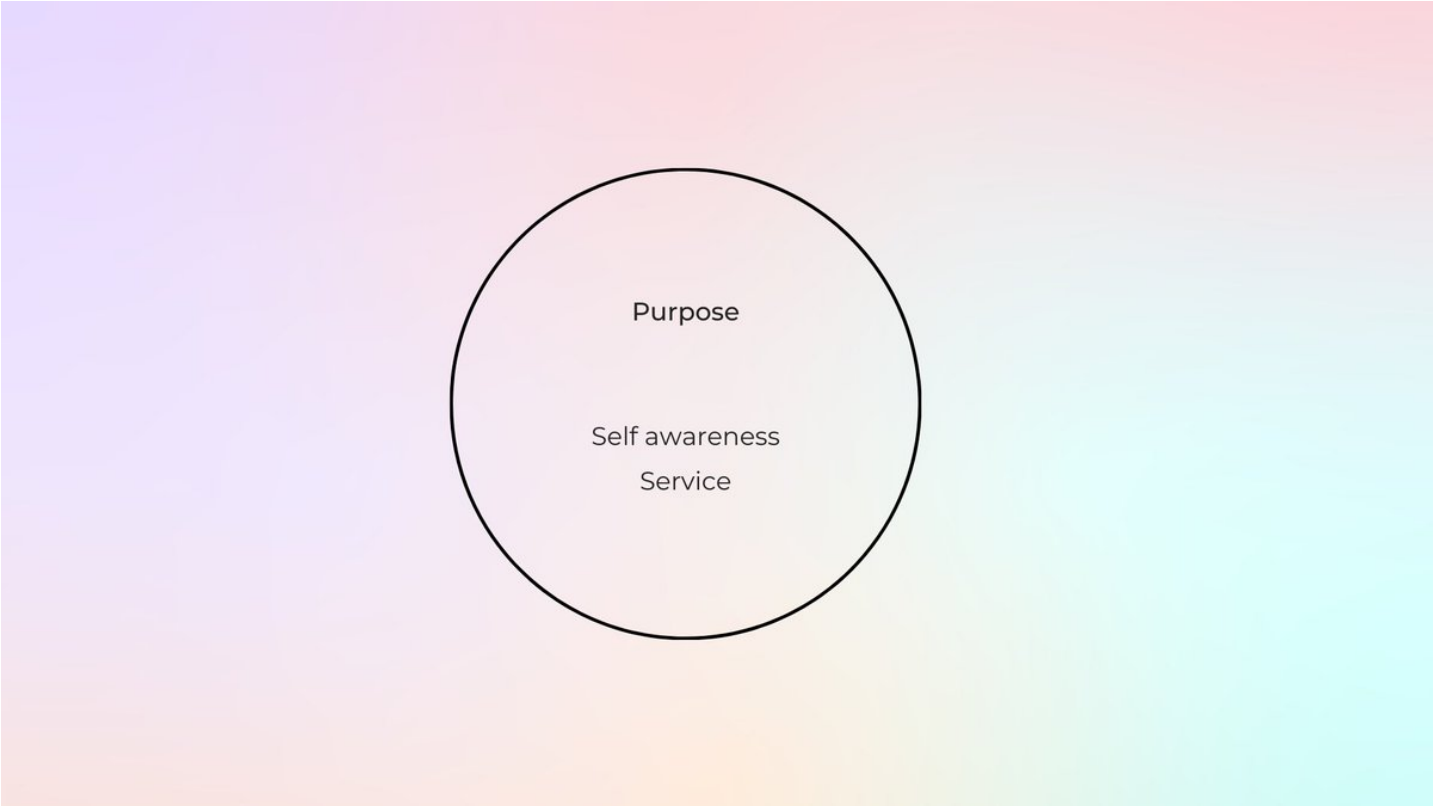
When technology has advanced, why are we still slogging for peanuts?

So here's what I changed.

1/ Purpose

I believe purpose is made of:
• Self-awareness

• Service



• Self-awareness

When you're self-aware, you can find your 'big why'.

Why do you want to pursue skill XYZ?
Why do you want to work less?
Why are you making this move?

But this isn't enough.

• Service

To make a living on your own, you have to be of service.

You don't need to sell solutions.

So ask yourself,

How can you be of service?

My answers were:
- I want more time to do what I want
- I will use my strengths to solve problems

This is why I have a course even though I didn't want one.

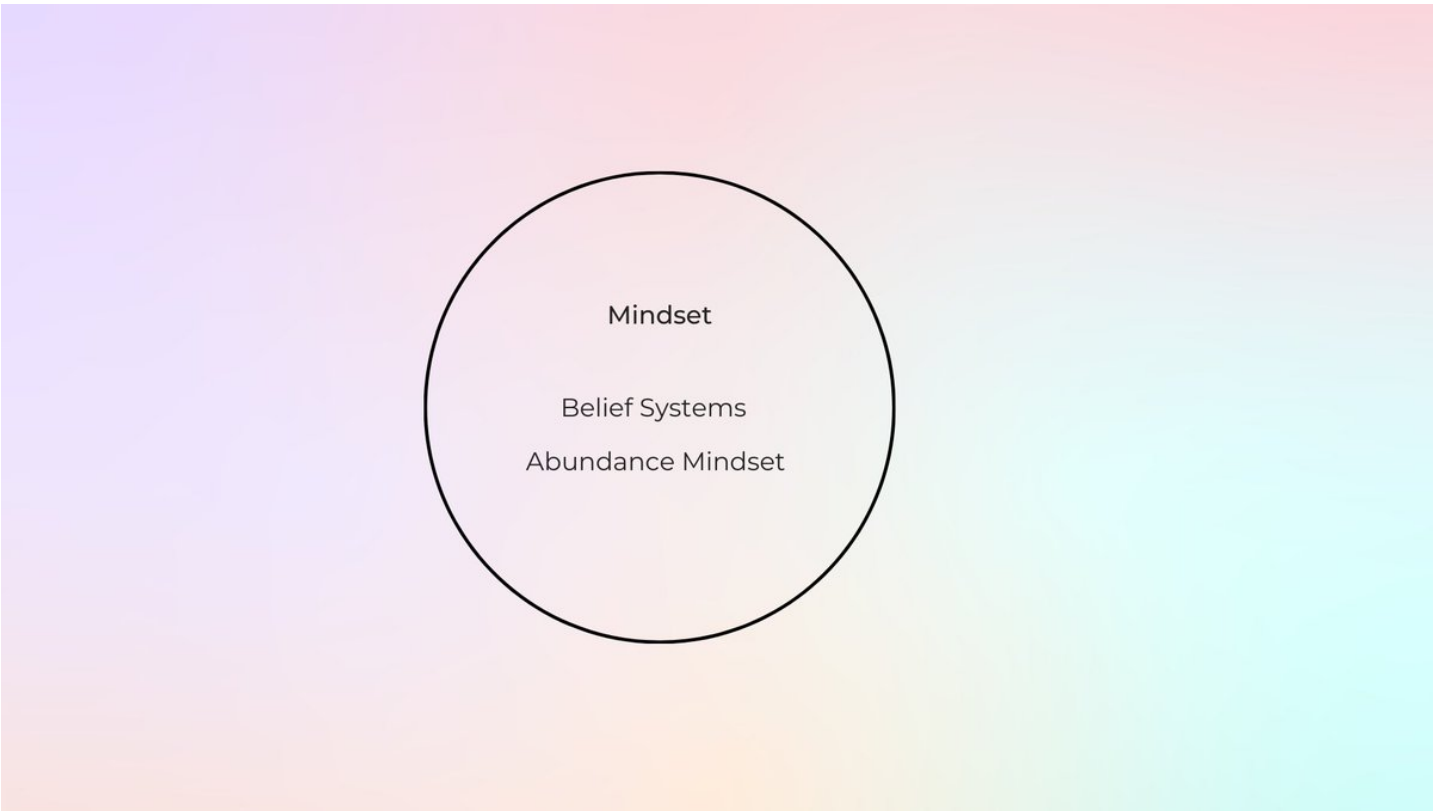
My course, Summit 21, is a solution to a problem many digital writers face - consistency.

2/ Mindset

You are only as capable as your mind tells you you are.

For the longest time, I've felt I'm:
- not good enough
- average

But guess what? Mindset can be reprogrammed.



• Belief systems

Write down your negative belief systems.

This is everything you think of yourself and why you *cannot* achieve your dreamy desires.

Reprogram them by recognising they're just stupid beliefs, not the truth.

• Abundance mindset

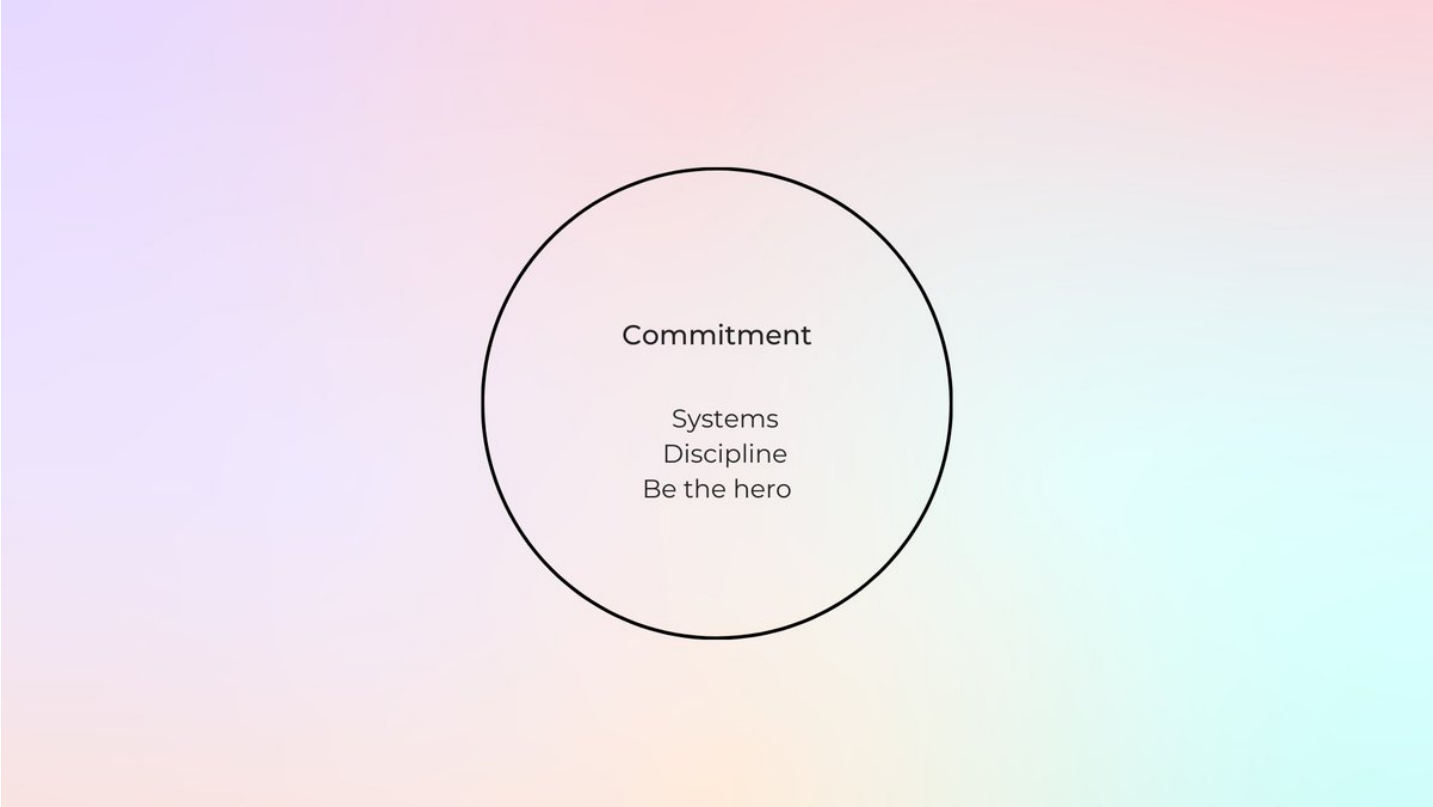
We think we need to pull others down to rise.
That there's space only for one person to win.

Wrong. There's plenty for everyone.

Move from a scarce mindset to an abundant one.

3/ Commitment

This comes with:
• Systems
• Discipline
• Be the hero



When I started, I knew my desires but only vaguely knew how to get there.

So I committed to showing up with my skill - writing.

Results or no results, doesn't matter. Learning and improving will eventually help.

• Systems

Don't leave anything to inspiration.

No 'one day'.

You got an idea? Work on it today.

I haven't given any of my plans time to think and analyse. I just shoot it - wither it works or it doesn't.

Do everything as an experiment.

• Discipline

Show up X times a week. You define that X.

And then you show up no matter what. Even with no results, even with no money.

And this is why multiple income streams is important - so you're not dependent on only one source.

(Which is why side hustling is better than taking a plunge and going all out)

• Be the hero

If I want to lead a business, I have to behave like somebody who leads one.

That means having the right kind of
- mindset
- habit
- practices

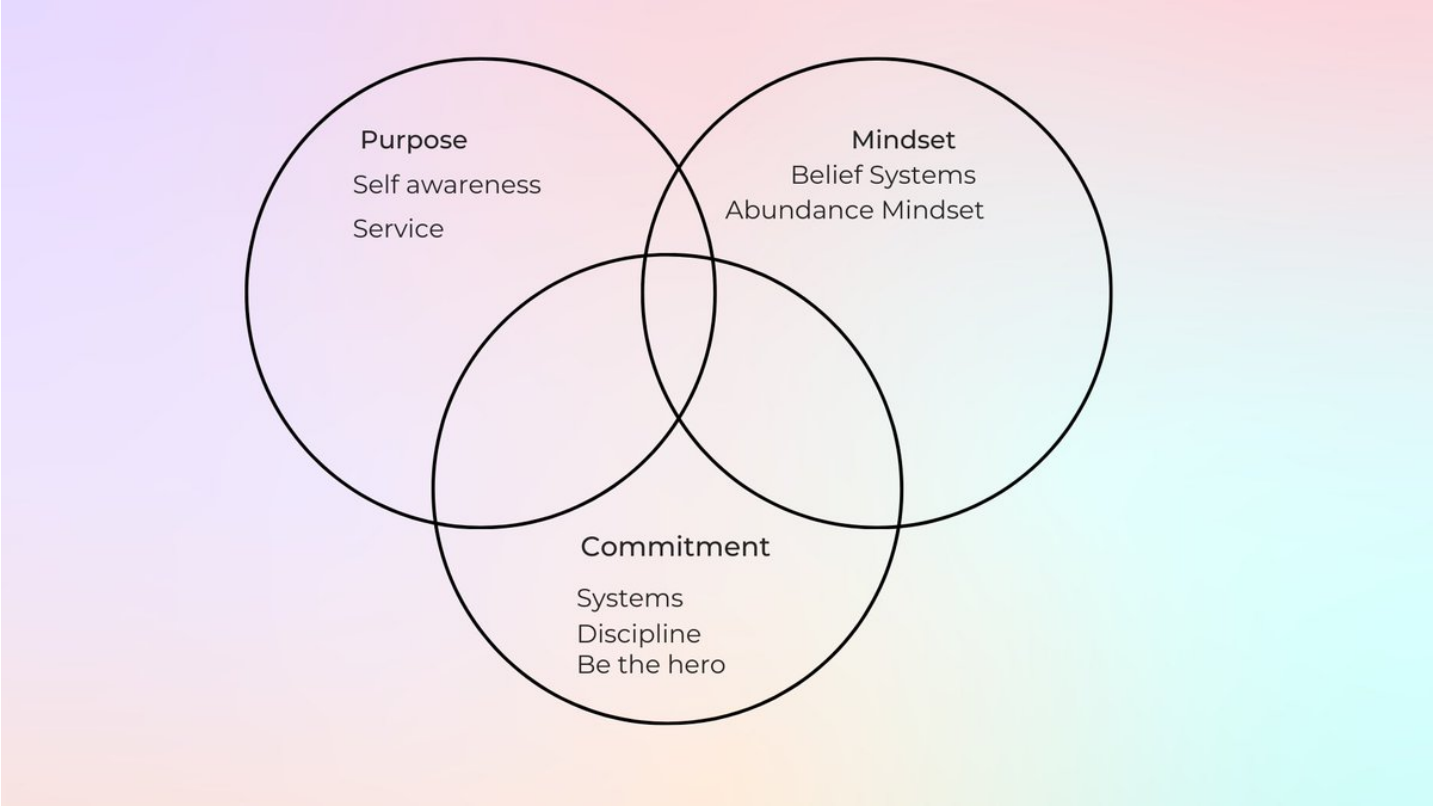
For me, I asked myself:

What does a $6-figure solopreneur do? Behave as they do. Look them up and steal their systems.

To summarise,

• finding your purpose and acting on it
• reprogramming your mindset
• committing to your vision

Can completely redesign your life.



Now, answer the following questions to get closer to redesigning YOUR life.

1/ Purpose

• What are your desires?

• Why are they your desires?

• What do you want to be known as?

• How can your unique skill set be of service to others?

2/ Mindset

• What is holding you back?

• Why do you think you *cannot* do it?

• Do you need to take everyone down to go up?

3/ Commitment

• Can you create a strategy that isn't difficult and helps you show up every day?

• Can you commit to the process instead of the outcome?

• The person you desire to be like, are you like them right now in your own eyes? If not, what can you change?

That's a wrap!

If you enjoyed this thread:

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