

## Twitter Thread by Pastor 't.O.s.l.n. Olunuga



**Pastor 't.O.s.l.n. Olunuga**

@TosinOlunuga



**TigerNuts & Co**

**Will you still continue taking all those unhealthy fizzy drinks when u have a better alternative?**

**Tigernuts, packaged with other choice fruits is your best option, or perhaps, a better alternative**

**Healthy✓■ Great immune booster✓■**

**Great Stimulant✓■ Great source**



of calcium✓■

Great laxative✓■ Helps lower blood sugar✓■

Stimulates digestive system✓■ Helps libido✓■

Rich in fibre✓■ Whole meal✓■ Smoothie✓■

Milkshake✓■ Treats insomnia✓■ Nutritious✓■

Added Sugar■ Preservatives■

Added Sweetener■ For kids✓■ For adults✓■

Elderly✓■ With Cereals✓■ With