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NLP

Subliminal psychology is mental influence that passes beneath the limits of normal human perception. A subject will not notice they are being exposed to a subliminal stimulus.

a great deal of it is used by marketing and the Media

■Thread

People who you can use subliminal psychology tactics on

-People you need a favor from e.g superiors in work
-Seduction
-Stubborn people in your life
(coworkers, roommates, partners)
-Hypnotize yourself to accomplish something

You can make life easier as you bypass the power struggles and effort it takes to get people to like you and to do what you want.

Down below are subliminal tricks you can use in your relationship

When you establish dominance and submissiveness, you end the need for fighting because one person delegates all decisions to the otherThe subliminal secret to gaining dominance is to make a power move that floods your partner's subconscious mind with respect and awe.

The way to do this is to use leading and pacing.

Practice mirroring of eachother. Then you can start making some small movements of your own to see if your partner mirrors it back.

Once your partner starts to follow your lead, you know that you have gained a bit of control (like copying the way you talk). Now you can start leading . They will be inclined to follow you since they're already following your subtle movements

Start pacing by eliciting some sort of emotional response that you want in your partner . Play on their hopes, doubts, fears, likes, and dislikes . Bring up the things that will make them think positively or negatively about something; then bring up another idea,

and they will associate it with his foul mood and won't want to do it, or he will start to think darker thoughts. Or vice versa to make him feel happy and more receptive to an idea

Pacing lets you set the pace for what someone does while leading means that you lead someone to do what you want.Combine the two for super power over someone's mind.

Hint about what you want by placing subconscious images in your partner's head. The longer you do this, the more you wear them down. They will eventually get comfortable with the idea and let you do it,

without even understanding why they are now so ok with it. You can put a poster of something that you want in your home or office where your partner will see it daily.

Train your partner to associate a fight with a negative result.For example deny them attention after a fight.Reward them with something they really love when they are cooperative and do not fight with you over a common issue you two often fight about