

Twitter Thread by [Brother Eddy | Mindset Maximalist](#) ■■



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[@waronweakness](#)



Today is my 36th birthday.

To celebrate

Here are 36 hard hitting truths about the world I've learned in my 36 years of living.

Warning: A lot of these are harsh and uncomfortable. Do not read if you are sensitive.

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This took awhile to compile.

If you want to wish me a happy birthday, please RT that first tweet above. It helps.

Thank you and let's get started.

1. You don't go from A to B in a straight line. You go from A to B in a zig zag.
2. The smartphone took away your need to memorize information and replaced it with an inability to focus.
3. Everyone in their 20s thinks they know everything until they hit 30 and realise they really don't know anything
4. 99% of male depression would disappear if men valued creation over consumption. Solution to male depression = build stuff.
5. Self-control is your greatest weapon. Everyone has access to it but few choose to use it.

6. Men are wired for violence and conflict. In ancient times it was burning down villages and scalping heads. Now it's starting businesses and internet "beefs". Read Blood Meridian by Cormac McCarthy to understand this psychology.

7. Religion is the most effective way to distribute positive moral values to a large audience.

8. If you get rid of religion, it will be replaced with some other belief system. There is no way around this.

9. People have an inherent need to believe in something. Even atheists.

10. Schools are designed to brainwash first and educate second.

11. The food industry has done far more damage to society than the tobacco industry. It's not even close. Follow [@Mangan150](#) to educate yourself on this.

12. Men who care more about the progress of their favourite sports team than they do about their personal progress are losers.

13. Porn was the worst thing to happen to men.

14. Instagram was the worst thing to happen to women.

15. If you think the government should give you free healthcare and you don't take care of your health, then you are a burden to society.

16. "Weed isn't addictive" - says the guy who still smokes weed like he's still in high school.

17. Central banking is a massive scam. Educate yourself on how money works.

18. The news business exists to keep society distracted from what's really going on behind the curtains.

19. Hollywood died in the 90s.

20. Using economic metrics like GDP and Unemployment rate to gauge the progress of a country has ironically destroyed a lot of countries.

Non-economic values like beauty and health are more important than you think.

21. The upside of the internet is that we have more information. The downside of the internet is that we have less wisdom.

22. Every generation has some sort of existential crisis. Whatever you're going through now is no way near as bad as what your grandparents went through.

23. Sales is a shortcut to success in any realm.
24. Freedom is the ability to say "no" to things you don't want to do without any consequences.
25. Eating red meat will probably be a hate crime in the future. Build your farm.
26. One year living in a foreign country will add 5 years to your maturity.
27. Scientists can be corrupted just like anyone else.
28. Capitalism is good for society. Corporatism is bad for society.
29. The biggest turn off to a woman is a pussy.
30. There is an orchestrated effort by the higher powers to lower testosterone and make men weak. This is why I named my account @waronweakness. It was a calling to men to fight back by making ourselves stronger.
31. Most relationships won't last. People change and people die. If you value the relationships in your life, make an effort to keep them going.
32. Peaking in high school is a curse I would not wish on anyone. Most of those people never change.
33. If you spend your 20s building, you can spend the rest of your life living.
34. What people call "reality" is actually just perception. When I say mindset is everything, I mean EVERYTHING.
35. The person you choose to be in a relationship with will either bring out the best in you or the worst in you.
36. When it seems like everything in your life is going down, THINK POSITIVE. It's the only thing you've got but it's the only thing you need to climb back up.

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Thank you for reading.

I wish nothing but the best for you.