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Other people!

They'll tell you what to do, how to feel, before you know it, you're pouring your life out in search of something other people told you to go look for. Soon, you're lost in the search of what's not yours in the first place.

The irony of the world we live in.

When you're young, an infant, when you were very much cute and cuddly, everybody is nice to you.

You life is carefree, and you feel unconditional love from all over.

You're surrounded by your peers, and everyone is basically doing the same.

Soon enough life begins. You get a bit older & start going to school.

Nothing really changed except now you have a certain place you need to be for a good portion of the day to 'learn things' you may or may not be interested in. Odd but hey - life isn't asking too much of you.

From here, things start snowballing.

- Get good grades, so longer school hours,
- Getting physically stronger and more capable to care for yourself,
- The pressures to fit in and conform increase,
- After graduation, you have some big life choices to make, to some extent.

Now, you're entering adulthood, and everyone is willing to cut you some slack, but at the same time you are now held accountable as an adult for your actions, 80% of which is influenced by society & other factors.

You quickly learn to conform to what's expected of you.

Whether this is university or an entry level job, your life now is starting to be consumed by responsibilities.

You find that if you work hard enough, you can have the nights, weekends & days off so you live for these times when you get to connect with people you care about.

Yet another snowballing experience:

- Late 20s/early 30s go by so fast
- You're now 100% accountable for your mistakes,
- Now you pay for everything yourself,
- Stay in the loop w/ society & politics,
- Financial security becomes a drag.

Life is beginning to become a grind.

Late 30s/40s things get even more interesting. The expectations of you to be someone you weren't sure you were supposed to be is taking effect.

Are you married? Do you have kids? You begin to look back on life and wonder if you made all the right choices, yet you do the needful.

At old age, people say you're basically knocking on death's door so everybody is nice to you.

You life is carefree, and you feel unconditional love from all over. You're surrounded by your peers, and everyone is in the same boat in every way. But now you're about to leave.

So the irony is pretty simple:

When we're all at the age where we are physically & mentally in our prime, we are much too busy to truly enjoy our lives. The only times where life is always great is when you're too young to realize what is going on, or too old to enjoy anything.