Twitter Thread by Sunny Summers ■■



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So sitting right where you are in this moment, you can choose what timeline to jump onto, and the stronger your belief in it is, the faster it will manifest. How do you strengthen your belief? By exposing yourself to the ideas you're trying to manifest. That's why (26)

...vision boards are so helpful. If you want to heal yourself, start reading articles about people healing themselves. If you want to make yourself sicker, read the garbage *they* program your mind with. Btw, newsflash, sickness does not exist in the way you think it does. (27)

You can heal yourself, you just need to believe you can to create a shift to that timeline. You change your beliefs by exposing your brain to new thoughts and concepts and ideas. You can actively work for your own betterment, or you can go with the flow- both of these (28)

...choices are equal, neither is right or wrong, they are both just a choice. The second you realize you choose what you see and experience, and the second you realize *they* know this and are trying to beat you to the punch, your entire world cracks open, the veil falls, (29)

...and life becomes literally infinitely more fun and exciting. To backtrack a little, Joy is where it's at, no matter what is happening around you. Nobody dies at the end any more than you die in your dreams. Quantum immortality is a thing- research it. We don't know (30)

...that we ever die- all we know for sure is it appears that others do, but we've never experienced our own death, and that's a fact. Food for thought: what if at the moment of their seeming death they jumped timelines and went on living? What if you have died a million (31)

...times on others' timelines, but you never experience death yourself? What if life goes on until we reach a certain level of vibration which is where we just wake up from the simulation? What does all of this fear of pain and suffering and death achieve? (32)

Control. When we're afraid, we vibrate low, and when we vibrate low, it's like leaving a car full of Christmas presents unlocked with the windows down in the middle of the mall parking lot- they can slip right in and program us. (33)

Fear makes us run to the “experts” for answers because we’ve been conditioned and brainwashed to believe that we either can’t trust our own inner guidance system, or that it doesn’t even exist. We are seeing this play out on a mass scale right before our very eyes. (34)

So how do we win? We understand there’s nothing to be afraid of, that we choose and control the timeline we’re on and the reality we perceive. We stop listening to the programming, we use discretion in what we allow in. (35)

Again, if you want to play, that’s perfectly fine! BUT if you don’t like the game, play a different one. Here are my recommendations: (36)

As you research and learn, you open new doors, you raise your vibration, and it snowballs until you exist in a vibration and timeline where linear time no longer applies, the changes you make appear in real time. As you ascend to this vibration, you will notice time (37)

...shifting in amazing ways, which many of us are experiencing right now. Things we called “miraculous” in the past become common. You realize Joy is our natural state of existence, you’ll see seemingly unsolvable “problems” disintegrate right before your eyes. (38)

The things you see and experience that you don’t like only exist to show you where your vibration is, what timeline you’re on. Change your mind and they vanish, because they’re no longer needed. Everything is a step to a higher vibration where the impossible is (39)

...possible. A vibration where sickness doesn’t exist because we learned in never existed in the first place and we rose above it. Remember that nothing has any properties except the ones you assign to them, which are created I the brain. If you believe pain meds (40)

...will take away your headache, they will, and there’s nothing wrong with that, it’s just an avenue to belief, and eventually you won’t need them anymore because you understand you can do it all with your mind, and then you eventually realize the headache never (41)

...existed in the first place. We have been brainwashed into believing we can only heal ourselves via external sources, but we are self-contained units, we are our own healer. Everything we experience strengthens our belief, for better or worse. Be very ‘choosy’ (42)

...in what you allow in. If you see something you don’t like, don’t attach to it, simply observe, realize it’s a signpost, and adjust your compass accordingly. This got windy, and I’ve been working on this a long time, trying to figure out how to condense it, but (43)

...I guess it needed to come out like this, and today feels like the day. If you made it this far, thank you, I hope it was helpful, and I look forward to discussing it. If you have books/videos/channels/people, or anything else you’d like to share that have been helpful (44)

...for you, please feel free to share. Happy New Year, we got this, we’re figuring it out together, today is a glorious day of infinite potential and the the first day of the rest of our lives. DT won, make sure you hop on that timeline. (45)