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Depression in marriages happens to both men & women. While there are many abusive men, women perpetrators are common. Women are controlling, dictate & wear pants in marriages. Some even use love potions to take away husband's freewill are common. Women think it's normal to dominate men

Women groups are full of women who confess on doing strange things to control husbands. If you go to Sekuru Banda's shrine you see many young women looking for ways to attract & keep men under their control. Most often when these things expire all hell breaks loose. Women play victims

Pastors have destroyed families-encourage women to lead husbands & some even forcing them to attend church. Men's God-given role is to lead & wife must submit unconditionally. That means husband becomes 1st ministry & even if he is unsaved Bible says to put yourself under his authority

This means as a wife you must choose wisely & don't rush to settle with an unbeliever as God expects you to submit to him "as you do to the Lord". A controlled man is difficult to manage, they rebel & may do bad things just to prove to you that your control has limits. Respect freewill

Love, respect & forgiveness are important. Marriages are under strong spiritual warfare but most of attack happens through character, emotions, personality & lack of self restraint. That's why it's important to pray, reflect & manage these to be able to minimize spiritual attacks.

When you visit a spiritualist for help you open yourself, spouse & family to spirits from that shrine you visit. In fact, spiritualists assign spirits to go with portions that they gave you meaning portion has spirits that will be controlling your spouse making sure s/he does what you want.

Abuse of men is more common & like women there are many men who suffer from emotional & physical abuse from their wives. While it's common for women to open up & get support men suffer in silence. Some women get depressed from failure of husband to tolerate abuse. Not all women are victims

Don't be deceived by physical appearances & crocodile tears used to manipulate people. Some wives may be small but spiritually wicked & man will be so controlled. When they break the control they are ruthless. Not all men are abusers & not all women are innocent victims. Some are wicked

There r women who wrecked marriages to get the husband for money & status. They r highly motivated & ruthless wn displacing the other woman & use voodoo to help them. Most women have changed & r more aggressive than men. Spiritually balance, guard yourself & family from such parasites