Twitter Thread by Nolan Hammond

Nolan Hammond
@Black_Nobilliti

On Losing Everything

Have you ever gone through a complete life overhaul?

Losing money, your job , house, health and love amongst other things can be daunting, overwhelming and stressful!!!

It always feels like nothing is going right, people turn their back on you & you count every cent passing through your wallet. Whenever you feel like you have lost everything, maybe you're right where you need to be in order to transform your life & to receive blessings due to U!

I have learnt a few lessons along the way■

1. Suffering and losses are temporary -Sometimes you have to let go of everything to gain something worthwhile;

2.Material Possessions and Status are for short term pleasure - Remain Humble at all times!

3. Less is MORE, de-clutter your life and learn to live within your means and that includes getting rid of the toxic people in your life!

4. Count Your Blessings - You are blessed beyond your imagination despite your challenges; adopt an attitude of gratitude!

5. Avoid the Self Pity hole, yes you are going through difficulties but throwing the towel must never be an option! In life there are seasons, you too will have your season of tribulations; trials & disappointments but surely there is a season of Happiness , Love & Wealth

that is coming your way!

6. Centre yourself Spiritually, pray and meditate to bring peace to your Soul and find the strength to stand up again!

7. Fear and self doubt are Hinderances to your Success -Root them out completely!

8. If you truly believe, then whatever you have lost shall be replenished & multiplied -Fill your mind with positive thoughts!

9. When you look back at your current situation; you will laugh about this moment & realise that losing everything may just have been the best thing

that ever happened to you! Sometimes life puts us at crossroads so that we can choose the best routes for our lives!

10. Forgiveness is KING, don't hold on to anger, revenge, resentment & grudges!

Dlozi Vuma ■■

Gogo Tulas Jantjies - Ngelosi Yamathongo ■ ■ ■■■■