Twitter Thread by Wealthy Brains



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Biggest Regrets: Lessons from a 100 Years Old

~ Thread ~

1. You will regret not choosing your life partner carefully

Take the time to get to know someone before committing.

Make sure the person is the right one.

2. You will regret not spending time with loved ones

You feel more stressed,

When you don't spend enough with people you love.

Don't pursue professional life at cost of personal life.

3. You will regret not traveling enough

Travel when you’re able to.

It opens new perspectives of life for you.

4. You will regret settling in a condition you hate

Our human lives are very finite.

It's not so cheap to spend somewhere you hate.

5. You will regret worrying about what others think about you

What other people think of you is none of your business.

It's about their mindset, not about you.

6. You will regret not paying yourself first

You may spend most of your money on materialistic things,

But how much do you spend on yourself?

Ask this question continuously to yourself.

7. You will regret deteriorating your health

You will never be proud of:
- Not working out
- Being a regular smoker
- Being a crap eater

Change your habits before it's too late.

Thanks for reading.

If you have learned something from it, Retweet the first tweet to help others.

https://t.co/ZonMI5Tn8t

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> — Wealthy Brains (@Wealthy_Brains) February 20, 2021