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@TellYourSonThis

When you have deep relationship problems with a woman, you fix it by love bombing her not through honest dialogue, because hurt women are selfish. They don't give a fuck about the pain they caused (hers matters more), and they don't want to hear an analysis of how they fucked up.

Women don't take accountability for the damage they cause. Trying to force them to be accountable for it just makes them less cooperative, because their low stress tolerance means any truthful examination of their mistakes will cause them pain and in turn further instability.

They will simply dismiss, forget or not really absorb what you say if you try being honest, and tell them in a straight way. If you keep pressing it and can prevent her from running away, you will at best get some weak excuses and perhaps an apology. THAT'S *THE BEST* you'll get.

If you can't prevent her from running away, she will just run away.

Women have no sense of honour in thinking "I've hurt this man, I need to make sure he will be alright"

No. She will absorbed in her own pain, you will not even be a consideration.

A woman can love you more than anything on this planet - and she will do this.

And you causing her additional stress by being mad at her and seeking answers only pushes her further away.

She will never meet your needs and right her wrongs.

See why they're beneath us now?

She is not capable of righting her wrongs. You have to fix the damage she caused you, plus fix the damage you caused her.

Basically, it's all on you. Completely and utterly. Women are nowhere near as good at fixing things as they are at breaking them.

So whilst the idea of a calm, honest and open dialogue exchanging how each person felt, communicating their expectations and disappointments whilst trying to put resentments to rest might seem attractive.

In reality, it leads nowhere.

Try it, and watch an argument unfold.

Women just don't do "being blamed" very well, even when they've fucked up. They become angry and upset, or completely unresponsive and vanish on you.

You can never get your justice from them for the wrongs they've caused you.

So forgiveness is down to you.

Can you forgive her?

If you can forgive her (be honest with yourself about this) and you want her back, then you love bomb her.

You make her feel like she is the most special girl in the world, despite everything that happened. That it was a mistake. That you miss her.

She will eat this up.

This will get her to talk to you again/improve relations.

Not because any real actual underlying problems were solved, but because she feels more positively about you now.

When you kept trying to solve the real actual problems, you just made her feel worse, so she avoided you.

Pointing out to her what she did wrong and how it hurt you and why because you need your own closure does nothing but stress her out and make her feel more negatively about you, subsequently lowering her cooperativeness.

Women are selfish and shit at handling stress. It sucks.

So let me be really clear in making the point:

Your woman will hurt you, this will damage you, you will seek justice and closure in your anger against her, and she will deny you this because she's too overwhelmed by negative emotion to accept, and act upon the truth.

If you wait until emotions have calmed down, the stress of re-examining the topic later will simply agitate her again.

This is why women never give you justice. Ever. Whatever they fuck up, they do not fix.

She hurt you? You have to fix it. Yeah, it sucks. But she won't.

This is why I asked you earlier if you could forgive her.

If you can forgive her, she's worth love bombing.

You accepted her limitations and fucked nature, and love her enough regardless to work around it.

You can "fix things" by making her feel good by making her feel loved.

If you can't forgive her, your relationship is over.

You will always want justice, and you will never get it. Whenever you get mad, your resentment will bubble up and cause more and more frequent arguments. You will be unhappy together.

A relationship cannot survive resentment.

And there are only two ways to cure resentment

For the source of that resentment to give you closure for it, apologise and take active measures going forward to counteract whatever it is that upsets you so much

Or for you to accept what happened and forgive who wronged you

Women, the great cowards that they are, are truth avoidant. They don't want to engage in painful self-examination of how they wronged you and right those wrongs, as is part of their childish nature. They'd rather lie to themselves they're a good person. They're weak like that.

Knowing this you realise all you're left with is forgiveness

And if you can forgive, the most effective way to reconcile is to love bomb.

Being understood? Justice? Forget it. She isn't capable.

Make her feel good, enjoy each other & let the bullshit fade away

Until next time

Summary:

She is instinctually compelled to preserve a positive self-image, undermining that in anyway makes her defensive or avoidant, even if you're simply stating things she actually said and did and how those things were damaging.

Summary 2:

So avoid focusing on the truth and getting justice, and instead prioritise the outcome you seek. If you want to stay with her, subdue your own negative emotions through forgiveness, meditation etc and feed her positive emotions to rekindle the romance.

I know I really am overstating the point here, but if you get fixated on what is true and correct and just - you will lose with women.

If you want to win, and I assume winning means having an enjoyable romance with them, you have to accept their limitations and manipulate them.

The very moment you deviate from this, you will lose control over yourself and the relationship.

Remember, in good times, even if there is a meeting of the minds between you both, that she will be nowhere to be found in bad times.

This is their nature. Even the best of them.

Do I like this? No. I don't want to be right about it.

I'd like to think women are more able to fulfil us as men, and do and treat and be better for us, and to us.

But this is not the reality.

We are their caretakers, they aren't ours.

All we can do is make them behave by leveraging their nature, but we are powerless to change it, so we must work in accordance with it.

Within this thread, I show you precisely how going against her nature is futile, whilst leveraging it will get you a winning result.

I suppose the truest pain point here is how man attends to the suffering caused by a creature unable to make their wrongs right. What and how he deals with that will, in large part, define him and his relationships.

But this is the price we pay as men, protected we are not.