

Twitter Thread by [yessir](#) ■



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every teenager, open this

you're doing better than you think you are. i'm proud of you, keep going, you've got this! ■

don't change so people will like you. be yourself & the right people will love the real you

be strong enough to stand alone, smart enough to know when you need help and brave enough to ask for it

worrying about things in the future doesn't stop them from happening. it just takes away your happiness today

you've been through a lot. i know it's hard but im so proud of you. you're strong, brave, bright and smart

you're allowed to scream, you're allowed to cry but you're never allowed to give up!

stay focused. your start does not determine how you're going to finish

as a teenager too many things are involved in our lives that takes our time like;

- school
- extra classes
- most of us work
- assignments
- assignments
- assignments

falling in love as a teenager is expected because every little child before they walk they take a first step then fall before they walk so teenagers are meant to fall in love, get heartbroken and get better

i know school, practice, work, assignments and other things really heavy on you plus parents push y'all too much but learn to speak it's not always disrespect

make friends with those who share your purpose

5 things to remind yourself daily;

- i am amazing
- i can do anything
- positivity is a choice
- i celebrate my individuality
- i am prepared to succeed

you ain't born to fit in. you're born to stand out!

remember this;

you ain't perfect
it's ok to be a mess someday but that's good enough

every teenager wants this;

- attention
- believing in them
- endless love

to every teenager pushing too hard, battling with disorders, disabilities i personally im so proud of how hard you're working..

if you wanna talk to someone im always available for that

if you like this thread let's be mutuals follow me & like this for a follow back ■♥■

also, create a relaxing environment with this projector ■

<https://t.co/iEXRnmBilg> #ad