Twitter Thread by ArmaniTalks ■■



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Make them irrelevant > Hold a grudge

Holding a grudge is the easy thing to do.

But holding a grudge is not the right thing to do.

A grudge puts poison in your body & rewires your subconscious mind.

You consume the poison & destroy your reality while your attacker sleeps like a baby.

Making the attacker is a superpower that a few have mastered.

When you make someone irrelevant after they attacked you, it crushes their soul.

They did their best to get a reaction out of you, but nothing?

Being deemed irrelevant puts poison in their body & consumes them.

They try to attack more hoping to get any crumbs of attention.

But nah, maintain your power & elevate yourself.

Now it is you who sleeps like a baby while their spinning in circles like they are doing Booker Ts spinarooni.

That's how the game was meant to be played.

Hold the grudge = you lose & they win.

Make them irrelevant = you win & they lose.

Which option are you going to choose after reading this?

Your choice will say a lot about how much of a control you have over your ego.

Choose wisely.