Twitter Thread by Positive Call



Positive Call
@Positive_Call



3 things to give up to be successful

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Success.

It's something that everyone strives to achieve.

Looks different for everyone:

- home
- family
- great career

Success is all about vision.

Change your vision. Change your life.

Achieving anything in life:

- provides power
- makes you proud
- triggers self-esteem

1. Unhealthy lifestyle

“Take care of your body. It's the only place you have to live.” - Jim Rohn

Achieving things in life starts with a healthy body and calm mind.

2 things to keep in mind:

- healthy diet
- physical activity

Small steps.
But, one day you'll thank yourself.

2. Short term mindset

“You only live once, but if you do it right, once is enough.” - Mae West

Successful people:

- get up early
- ignore the noise
- read a lot [focus]
- set long-term goals
- focus on short-term habits

Being average is easy.

Choose to be exceptional.

3. Playing small

“Your playing small doesn't serve the world. We're all meant to shine.”
- Williamson

If you never try, you'll be part of someone else’s dream.

So:

- voice your ideas
- don't be afraid to fail
- don't be afraid to succeed

If you play small, you stay small.

In brief:

“The future belongs who learn more skills and combine in creative ways.” - Robert Greene

1. You're what you eat
2. You become what you think
3. Play small ~ stay small

Happiness is subtraction rather than addition.

Give up on things weigh you down.

FLY ■

Good things in life takes time.

Overnight success is a myth.

Fall in love with who you're becoming. And keep shining.

Sign up for my free eBook
[launching on March 30]:

https://t.co/HwkOi5xZhG

Join my Telegram channel for a positive mental shift:

https://t.co/MGpB9NE65e