

## Twitter Thread by Alex and Books ■



**Alex and Books** ■

@AlexAndBooks



**I asked, "What book created the biggest mental shift in your life?"**

**I received 275+ responses.**

**Here are 20 books that might just change your life forever:**

1/

The Almanack of Naval Ravikant

by @naval

<https://t.co/um57bqV3zP>

2/

The Choice

by @DrEdithEger1

<https://t.co/JRoK7kMTRK>

3/

Atomic Habits

by @JamesClear

<https://t.co/pd1ZppYRd2>

4/

The 48 Laws of Power

@RobertGreene

<https://t.co/kWg0OotYuP>

5/

The Psychology of Money

by @morganhouse1

<https://t.co/YDHvxOGd2r>

6/

Thinking, Fast & Slow

by @kahneman\_daniel

<https://t.co/fFNZaN9hEe>

7/

The Millionaire Fastlane

by @MJDeMarco

<https://t.co/bumi35ey3g>

8/

The Power of Now

by @EckhartTolle

<https://t.co/av37TdQg4E>

9/

The 4-Hour Workweek

by @tferriss

<https://t.co/LMbMcFsvuR>

10/

Being Mortal

by @Atul\_Gawande

<https://t.co/FVPkUO24qm>

11/

Rich Dad Poor Dad

by @theRealKiyosaki

<https://t.co/A2fIGOTSOC>

12/

You Are a Badass

by @JenSincero

<https://t.co/QiJcxm7YWn>

13/

Essentialism

by @GregoryMcKeown

<https://t.co/pptlrPfLAO>

14/

How To Win Friends & Influence People

by Dale Carnegie

<https://t.co/vHu8S2sWO4>

15/

Man's Search For Meaning

by Viktor Frankl

<https://t.co/iBBLcwIQMb>

16/

Meditations

by Marcus Aurelius

<https://t.co/Xt8h8hPSQd>

17/

Autobiography of a Yogi

by Paramahansa Yogananda

<https://t.co/uLZYRpFwC>

18/

Poor Charlie's Almanack

by Charlie Munger

<https://t.co/0jynBMo7aE>

19/

12 Rules for Life

by [@jordanbpeterson](#)

<https://t.co/IRO30NhC9r>

20/

How to Fail at Almost Everything and Still Win Big

by [@ScottAdamsSays](#)

<https://t.co/Kif1arKHvT>