# Twitter Thread by Alex and Books ■

**Alex and Books ■**
@AlexAndBooks_

## I asked, "What book created the biggest mental shift in your life?"

## I received 275+ responses.

## Here are 20 books that might just change your life forever:

1/

The Almanack of Naval Ravikant

by @naval

https://t.co/um57bqV3zP

2/

The Choice

by @DrEdithEger1

https://t.co/JRoK7kMTRK

3/

Atomic Habits

by @JamesClear

https://t.co/pd1ZppYRd2

4/

The 48 Laws of Power

@RobertGreene

https://t.co/kWg0OotYuP

5/

The Psychology of Money

by @morganhousel

https://t.co/YDHvxOGd2r

6/

Thinking, Fast & Slow

by @kahneman_daniel

https://t.co/fFNZaN9hEe

7/

The Millionaire Fastlane

by @MJDeMarco

https://t.co/bumi35ey3g

8/

The Power of Now

by @EckhartTolle

https://t.co/av37TdQg4E

9/

The 4-Hour Workweek

by @tferriss

https://t.co/LMbMcFsvuR

10/

Being Mortal

by @Atul_Gawande

https://t.co/FVPkUO24qm

11/

Rich Dad Poor Dad

by @theRealKiyosaki

https://t.co/A2fIGOTSOC

12/

You Are a Badass

by @JenSincero

https://t.co/QiJcxm7YWn

13/

Essentialism

by @GregoryMcKeown

https://t.co/pptIrPfLAO

14/

How To Win Friends & Influence People

by Dale Carnegie

https://t.co/vHu8S2sWO4

15/

Man's Search For Meaning

by Viktor Frankl

https://t.co/iBBLcwIQMb

16/

Meditations

by Marcus Aurelius

https://t.co/Xt8h8hPSQd

17/

Autobiography of a Yogi

by Paramahansa Yogananda

https://t.co/uLZYZRpFwC

18/

Poor Charlie's Almanack

by Charlie Munger

https://t.co/0jynBMo7aE

19/

12 Rules for Life

by @jordanbpeterson

https://t.co/IRO30NhC9r

20/

How to Fail at Almost Everything and Still Win Big

by @ScottAdamsSays

https://t.co/Kif1arKHvT