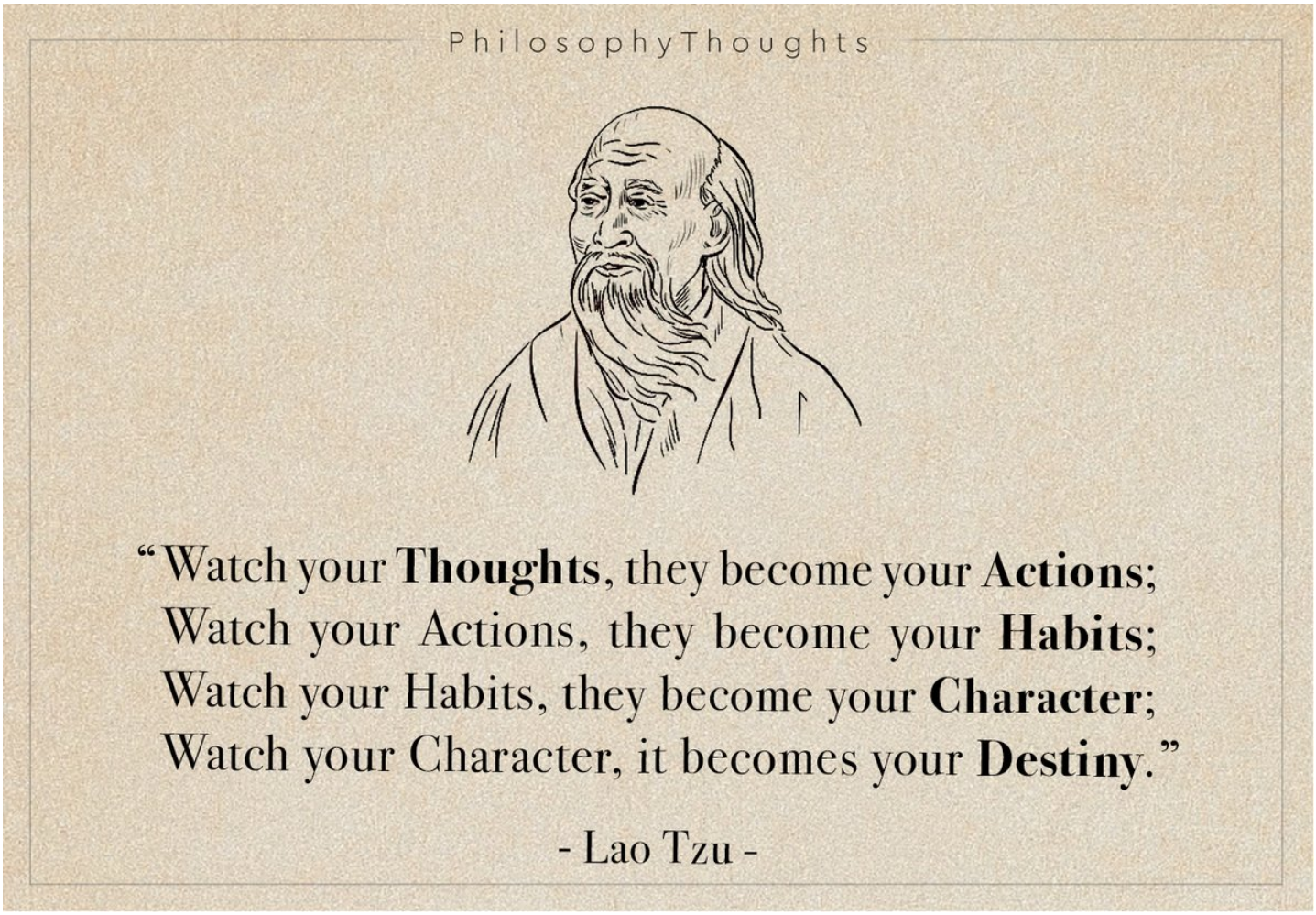
Twitter Thread by Philosophy Thoughts



Philosophy Thoughts
@Philosophy_DQ

15 Deep Philosophy Quotes of "Lao Tzu"

| Thread



1. “Being deeply loved by someone gives you strength,

while loving someone deeply gives you courage.”

- Lao Tzu

2. “If you are depressed you are living in the past.

If you are anxious you are living in the future.

If you are at peace you are living in the present.”

- Lao Tzu

3. “Knowing others is intelligence; knowing yourself is true wisdom.

Mastering others is strength; mastering yourself is true power.”

- Lao Tzu

4. “If you realize that all things change, there is nothing you will try to hold on to.

If you are not afraid of dying, there is nothing you cannot achieve.”

- Lao Tzu

5. “Care about what other people think and you will always be their prisoner.”

- Lao Tzu

6. “One who believes in himself has no need to convince others."

- Lao Tzu

7. “Time is a created thing.

To say 'I don't have time' is like saying, 'I don't want to.”

- Lao Tzu

8. “To attain knowledge, add things every day.

To attain wisdom, remove things every day.”

- Lao Tzu

9. “If you want to awaken all of humanity, then awaken all of yourself.

If you want to eliminate the suffering in the world, then eliminate all that is negative in yourself.

Truly, the greatest gift you have to give is that of your own self-transformation."

- Lao Tzu

10. “Those who know do not talk. Those who talk do not know."

- Lao Tzu

11. “Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.”

- Lao Tzu

12. “The best fighter is never angry.”

- Lao Tzu

13. “If you do not change direction, you may end up where you are heading.”

- Lao Tzu

14. “If you correct your mind, the rest of your life will fall into place.”

- Lao Tzu

15. “Life is a series of natural and spontaneous changes.

Don't resist them; that only creates sorrow.

Let reality be reality. Let things flow naturally forward in whatever way they like.”

- Lao Tzu

Wrap Up:

1. Routine: Heal with the flow
2. Track: Document your journey
3. Willpower: Fight through events

Life changes with time. Nothing ever remains same.

Master your mind. Master your life.

Start reading 100 Mental Models:
[Your life will change]

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