

Twitter Thread by The_Chartist ■



The_Chartist ■

@charts_zone



You are seriously missing a lot of information if you are not maintaining a trading journal. It is much better if you also take a snap of the charts you trade for the post-analysis.

This exercise will tell you about your inherent strengths & weaknesses. ■■

How to record a trading journal (TJ) & what to analyze?

What is in a TJ?

Buy Date

Stock Name

The time frame you analyzed (D/W/M)

Long/Short?

Buy Price

SL

Sell Price

Risk took (% of capital)

Sell date

No. of days held

P/L

P/L as % of capital

Buy Reason?

Invested capital/trade pic.twitter.com/WnrvmYuOV0

— The_Chartist \U0001f4c8 (@charts_zone) December 14, 2021