Twitter Thread by The_Chartist ■



The_Chartist ■
@charts_zone

You are seriously missing a lot of information if you are not maintaining a trading journal. It is much better if you also take a snap of the charts you trade for the post-analysis.

This exercise will tell you about your inherent strengths & weaknesses. ■■

How to record a trading journal (TJ) & what to analyze?

What is in a TJ?

Buy Date
Stock Name
The time frame you analyzed (D/W/M)
Long/Short?
Buy Price
SL
Sell Price
Risk took (% of capital)
Sell date
No. of days held
P/L
P/L as % of capital
Buy Reason?
Invested capital/trade pic.twitter.com/WnrvmYuOV0

— The_Chartist \U0001f4c8 (@charts_zone) December 14, 2021