Twitter Thread by [redacted]



[redacted]
@HiteshAwasthi89

#Thread
Why To Avoid Western Style Birthday Celebrations ?

We all agree that Birthday is a very special and auspicious day for all of us.

If it is so special then why do we celebrate it in inauspicious way?
@Anshulspiritual @mysql_sync
@Vedicphilosophy

[redacted]

Birthdays celebrated as per tithi (a lunar day) are very pious, because we receive a lot of Chaitanya (Divine consciousness) on this day. This Chaitanya should be utilized to the fullest.
@nsbchd @khanna248 @nehasaini0204

[redacted]

Let us understand few things which can be avoided during birthday celebrations & receive maximum blessings from Bhagawan:-

1. Never wish or celebrate birthdays at midnight, instead this should be done after sunrise. @Poornimachouha8 @Vaidyvoice

[redacted]

Please understand that as per Hindu Culture a day starts from sunrise and not from midnight. During midnight the Tamas and Rajas particles (negative particles) are highly predominant in the atmosphere and also there is lots of..
@SuvarnBharat @vijayashreenair

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negative energy is present in the atmosphere during midnight. So doing any auspicious celebrations/giving greetings during such time doesn't give good results to the individual.On the other hand the time after sunrise is considered as the time of spiritual practice..+

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of sages and this time is more sattvik and has lot of positive energies present in the atmosphere during sunrise. So greetings given at this time is very auspicious and fruitful.
@kshatriyarch @diptisingh7812 @Shomes_quest

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2. Never celebrate birthdays by lighting candles:-
In hinduism candle is considered as Tamas(negative) & by lighting the candle it emits the negative energies/vibrations. Secondly extinguishing the lit flame on candle or in lamp is considered as inauspicious as per Hindu dharma.

3. Cutting nails and hair,getting into conflicts & violence, taking alcohol & nonveg food should be avoided on auspicious day's celebrations as the Nonveg food,alcohol violence etc attract negative energies and increases Tamas effects.
@AnuSatheesh5 @Jayalko1 @DeshBhaktReva

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4. Never extinguish a lit lamp on a birthday as the flame of an oil lamp is compared with the gross activity being performed on the support of Panchapran (Five vital energies) in the body of the individual. @sharma_Deepak45 @murthykp @Yuvrani_07 @a12sun

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Extinguishing the lamp denotes termination of the activity of the Panchapran, causing depletion of the vital energy of the individual, and leading to its death. A lit lamp getting extinguished signifies sudden, untimely death.
@desi_chutzpah @Saraswatik4 @narayanagl

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5. Avoid cake cuttings(specially the cakes which has our own image designed on it)on Birthdays as using a knife over a cake on a birthday destroys the Divine waves of Chaitanya that are attracted due to the ritual of aukshan (Ritual of waving a lit lamp in front of an individual)

Being from the most ancient civilization i.e Hinduism, never forget our Roots and Culture.
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#SanatanDharma
#Hinduism
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