<u>BUZZ CHRONICLES > HEALTH</u> <u>Saved by @CodyyyGardner</u> See On Twitter

## Twitter Thread by Jon Liebling





New Cannabis Based Menu for Chao Phraya Hospital patients (service being rolled out to other hospitals too)

"This cannabis special menu is bringing different parts of the cannabis plant to use with leaves to cook as ingredients in food" #cannabis #Thailand

# มาชิมกัญ



เมนูอาหารจากกัญชาตามภูมิปัญญาเดิม แนะนำให้ใช้ไม่เกินวันละ 5-8 ใบ สำหรับผู้ที่ไม่เคยกินกัญชามาก่อน ควรกินในปริมาณน้อย เนื่องจากอาจทำให้เกิดอาการวิงเวียน ปวดศีรษะ และหัวใจเต้นแรง หากมีอาการดังกล่าวควรแก้ด้วยการดื่มน้ำมะนาวผสมน้ำผึ้ง

#### ผู้ที่ควรหลีกเลี่ยงการใช้กัญชา

- อายุต่ำกว่า 25 ปี
- ตับและไตบกพร่อง
- ใช้ยาละลายลิ่มเลือดวาร์<mark>ฟาริน</mark>
- ผู้ป่วยโรคหัวใจและหลอดเลือด

## รื่นเริงบันเทิงย่ำ 150.-

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กินเสริมเวลาพัก แล้วจะรักทุกคำ (2 ใบต่อจาน)

Whilst patients in the UK are still being denied with almost no progress with #NHS Amazing to see how much progress is being made with #cannabis as #medicine in #Thailand is the same 2 year period: <u>https://t.co/exZsNSH8uk</u>

A Thread: 1/10 #Thailand allowed #cannabis #medicine in Jan 2019, 2 months after the UK. NOW:

Is approved for 160+ conditions (everyone!)

Village doctors, clinics and hospitals can supply approved products or grow and produce their own, from nearly 100 approved formulas

2/10 - Average monthly prescription cost is £20-£30.

Educational programs started for the Medical Profession within 3 months, for many others at 6 months and school kids after a year. (Google Dr Ganja - see photo)



3/10 - Shortly they will launch a new policy for any individual or collectives to grow #cannabis for #medicine for themselves and any surplus material can be sold to the government for use in centralised production.

4/10 - The first policy decision was to forbid any foreign investment in #cannabis as #medicine or imports for at least 5 years and focus on building it up locally.

5/10 - #Thailand isn't keen on the Pharma industry having strong values around - If nature can provide, where's the sense/benefit in turning it into a pharmaceutical? Herbal Medicines are very common and very well understood.

6/10 - Formulas are taken from Traditional Thai medicines which had all references to #cannabis removed in 1961. The Monks have copies and have written it back in. Each formula contains other herbal ingredients and are made for various ailments or diseases - 100s of years ago!

7/10 - Traditional Thai medicine includes herbal medicine, bodywork practices & spiritual healing & pre-dates Ayurvedic. It is taught alongside all Medicine. The National Institute of Thai Traditional Medicine is a department within the Ministry of Public Health.

8/10 - Many village doctors never stopped producing original formula medicines for their village residents & help residents produce their own. Since there is deep respect and reverence for age and experience, acceptance by the entire Medical Profession was almost immediate.

9/10 - in contrast to the doubts & fears #UK face it's like the 50yr global ban was an exceptional & unwelcome change that they had to accept at the time due to needing #us military support - and now, finally, things can return to normal again.

10/10 - The rest of the world who are travelling very slowly and carefully down this road had better think on and IMO could benefit from considering this approach to the future of the Global cannabis industry