Twitter Thread by Akshay #ATC



Akshay #ATC
@Aksh_Roars

Laughter is the best medicine. It can relax muscles. It also gives exercise to body and helps relax joints.

It is possible to laugh on same joke many times but only very pure heart people can do it

Today's world, laughter is very unnatural. It is only to impress others. But real feeling laughter is missing. Only innocent people r able to laugh really.

#LaughterThread

It is not zaruri to create laughter by insulting others.

In early days people used to create laughter by situation. That is always more comedy than just Paxi type insulting laughter.

Laughter like a child helps to cure blood pressure, thyroid n liver issues. It also improve memory

#LaughterThread

Early wise people never used to complain about wrinkles cuz they had a life full of laughter.

Now people don't laugh truly but get wrinkles and don't live life. Let's return to old ways of life.

#LaughterThread

To make people cry is very easy but to make sum 1 laugh is very tough. So keep collection of good jokes to help urself in depressing times.

#LaughterThread

Study proves cigarette smoke damage lungs. Laughter n filling balloon with air improves lung health. So say no to smoke n yes to healthy natural laughter.

Three r laughter club in parks early morning. Instead of artificial n forceful laughter i still think natural laughter is good. It will come if v keep heart free of all complains. Try it.

Laughter is one self help that never fail. U can b out of bad health by remembering funny incident. Life is short for fights. Let it be full of laughter.

Thanks @Violet_Texts for suggesting to write a thread to me. Have written after many yrs

Cc @GhantaPradhan
@yapragun