Twitter Thread by Jack Rhysider



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You. Yes you. You are the target of a massive disinformation campaign. Corrupt, evil powers of the world do bad and nasty things. And their tactic is to then flood the world with tons of fake news. They don't have a good way to spin it, so they drown the truth. /thread

These evil powers will try to delegitimize journalists who report the truth. Journalists will be attacked, arrested, sometimes killed.
Journalists and investigators are on the front lines of this information war. And they're our only hope for finding the truth.

Inoculate yourself from this by recognizing where disinformation comes from and don't trust those sources.
And try not to be so outraged, fear driven, or believe everything you read or see. This knocks you off balance and distracts you.

Stay focused. Stay centered. It's not going to get better from here. Evil powers recognize how powerful this is and are using it more than ever. It's going to be harder to spot the truth. But don't give up. Don't let them win.

Even the good guys. Even your side does stuff like this. They do bad stuff, and then try to erase that, distancing themselves from it and not owning it. It's also important to hold your own side accountable for the bad things they do.

This can leave us struggling to find our identity. The bad side is obviously horrible. But now when your own team does bad stuff, who do you ally with? Do you even have allies anymore? This is why it's important to find your morals and stick with what you feel is important to you

Don't just faithfully listen to one side or the other, one journalist or another. Hold them all accountable and scrutinize them from time to time. People change over time and your most trusted ally can suddenly become an enemy.

Your goal in life should be to focus on your health, wealth, and happiness. This takes time to build up and make it permanent. And if you have that, then help others get there.

I often wonder why smart people aren't happy. Or I wonder why people purposely hold back happiness because they'll feel like they'll get lazy if they get happy. Happiness should be part of the journey and less about the destination. Happiness is

often just a mindset.