Twitter Thread by Subhadip Nandy

Subhadip Nandy
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Perhaps you have the idea that calling me " 1 lot Nandy" is somehow derogatory and a easy poke at me. Allow me to explain why I look at this moniker as a badge of honour

> Sir itseems people call you as "one lot Nandy".. Is it true?
>
> — Bittu (@nanoobittu) July 16, 2021

I have traded 1 lot continuously twice in my life. The first in 2003 after I blew up on my INFY trade. I traded 1 lot ACC fut consistently and made 50k in a month

The 2nd time in 2013. When I suffered continuous losses for 5-6 months due to a variety of psychological issues. Then I traded 1 lot Nifty options consistently for 3 months. After that 2 lots for next 1 month and slowly increased

I have shared these two incidents on my various interveiws and regularly share this in detail with my handholding students when I talk about trading psychology.

This logic of trading 1 lot to iron out trading issues I learnt from the interview of Anthony Saliba, who traded 1 lot in options for 6 months. BTW, Saliba was the only options trader to have been profiled on the original Market Wizards (I read his interview and used his logic)

Google for " 1 lot trader Saliba". Also, read his interview on Market Wizards.

If you ever try to trade just 1 lot for one month, you will understand the level of iron discipline this needs.

I have often advised this to traders who ask me on solving their various trading issues. 90% of traders won't be able to do this. If you can do this, a lot of your trading issues regarding discipline would get solved.

So yes, if you call me " 1 lot Nandy", I consider it a compliment. Thank you


THANK
YOU