

## Twitter Thread by Greg Spencer



**Greg Spencer**

[@SingleBlade1](#)



**1/n How come we still have academics sustaining narratives of #obesity rather than of how real people find value & meaning in everyday lives? Revisit [@whatsthepont](#) on [@tobyjlowe](#) / [@snowded](#) & accept criticising "neoliberal" does not make things**

New out ■ A review which says lots about the academic context in which it was written - with its embedded behaviorist fixations on just implementing \*better\* - with complete disregard for the unintended consequences of treating "agency" as a dirty word ■

<https://t.co/k64NSFoaR3>

In all #becausehuman fields, we see justifiable professional kick-back at reductionist agendas driven by a focus on #obesity & nonsensical CMO guidance of 60 min of moderate-to-vigorous physical activity (MVPA) per day for healthy growth and development ■

<https://t.co/iUQEkg8JZL>

If we're going to "Bring the Early Years Expert out of the Shadows" we might start by linking

[#ECSDNConference2021](#) practitioners with [@greg\\_dryer](#) / [@meaningfulPE](#) in critique of the nonsensical CMO "60 minute" guidelines. PLEASE review [@fhcappg](#) session \U0001f447<https://t.co/CFC61gNrsG> <https://t.co/l2mO6BwcZ0> [pic.twitter.com/KFC65fSKco](https://t.co/KFC65fSKco)

— Greg Spencer (@SingleBlade1) [January 22, 2021](#)

What's fundamentally missing is not just a respect for complexity. It's respect for Homo-Narrans - for the ordinary, everyday story-telling folk all around us whose aspirations & dispositions provide the context in which we find meaning, purpose & value ■

<https://t.co/biZcCRI75G>

We don't need spurious arguments against initiatives... but let's consider ethics & unintended consequences - on which, see [@snowded](#) (especially around epistemic justice) #becausehuman

<https://t.co/gu97xDEamB>

<https://t.co/E1GzCdCfLA>

<https://t.co/bKowDAgARQ>

<https://t.co/evzYMBPwvZ>

# “... intire of it selfe”

 Dave Snowden

🕒 November 10, 2020

## REFLECTIONS

Remember [@ChristianSeelos?](#) - "Please, don't make systems work for people, because this is [...] everything that's wrong with the sector. Making stuff work for others. Help people discover & steer and own their own pathways for a change" ■

[@NewSystemAlly](#)

<https://t.co/x6CScXLmY>

Across a LOT of sectors, good people are facing up to difficult truths about how our own, well-meaning initiatives have entrained outlooks which are perhaps more part of the problem than part of the solution.

Where's different? [@GmMoving](#) & [@PAA\\_TOP?](#) \U0001f914

<https://t.co/LrBXWCNowt>

— Greg Spencer (@SingleBlade1) [December 30, 2020](#)

What helps people find pleasure and/or meaning in movement? How have any of us come to find pastimes which form major stabilising influences in our lives in ways which sustain our physically-active lifestyles?

<https://t.co/URdj6gSckk>

If we're evaluating initiatives... can we be sensitive to what's found meaningful & significant in ordinary lives? Yesterday, [@marcoAdelgadoF](#) raised questions about our assumptions about play - reminding us to focus on the "anthro" in

Anthro-Complexity? ■

<https://t.co/vuaW983KMQ>

Anthropology meeting the Early Years to challenge lazy thinking around inclusion - inspiring presentation c/o Marco Antonio Delgado-Fuentes - "A historical review of the anthropology of play, games and toys: Are we ready to welcome everyone in nurseries" \U0001f60d [#ECSDNConference2021](#) [pic.twitter.com/91ZNJLaRsw](https://pic.twitter.com/91ZNJLaRsw)

— Greg Spencer (@SingleBlade1) [January 22, 2021](#)

Societal outcomes "emerge through the dynamic and unpredictable interaction of biological factors, personal decision making, multiple service agency interventions, & broader social determinants" - [@tobyjlowe](#) & a very different

[@SystemsHuman](#) approach!

<https://t.co/sM8azpdvIK>

Summary - we need to get beyond a fixation on #obesity - that's not a problem which needs medicalising, it's a symptom of deeper-lying systematic issues. Also - if progressives on the left aren't uncomfortable with "compliance" then we're in real trouble!

