# Twitter Thread by Greg Spencer



**Greg Spencer**
@SingleBlade1

## 1/n How come we still have academics sustaining narratives of #obesity rather than of how real people find value & meaning in everyday lives? Revisit @whatsthepont on @tobyjlowe / @snowded & accept criticising "neoliberal" does not make things

New out ■ A review which says lots about the academic context in which it was written - with its embedded behaviorist fixations on just implementing *better* - with complete disregard for the unintended consequences of treating "agency" as a dirty word ■
https://t.co/k64NSFoaR3

In all #becausehuman fields, we see justifiable professional kick-back at reductionist agendas driven by a focus on #obesity & nonsensical CMO guidance of 60 min of moderate-to-vigorous physical activity (MVPA) per day for healthy growth and development ■
https://t.co/iUQEkg8JZL

> If we're going to "Bring the Early Years Expert out of the Shadows" we might start by linking #ECSDNConference2021 practitioners with @greg_dryer / @meaningfulPE in critique of the nonsensical CMO "60 minute" guidelines. PLEASE review @fhcappg session \U0001f447https://t.co/CFC61gNrsG https://t.co/I2mO6BwcZ0 pic.twitter.com/KFC65fSKco
>
> — Greg Spencer (@SingleBlade1) January 22, 2021

What's fundamentally missing is not just a respect for complexity. It's respect for Homo-Narrans - for the ordinary, everyday story-telling folk all around us whose aspirations & dispositions provide the context in which we find meaning, purpose & value ■
https://t.co/biZcCRl75G

We don't need spurious arguments against initiatives... but let's consider ethics & unintended consequences - on which, see @snowded (especially around epistemic justice) #becausehuman
https://t.co/gu97xDEamB
https://t.co/E1GzCdCfLA
https://t.co/bKowDAgARQ
https://t.co/evzYMBPwvZ




Remember @ChristianSeelos? - "Please, don't make systems work for people, because this is [...] everything that's wrong with the sector. Making stuff work for others. Help people discover & steer and own their own pathways for a change" ■ @NewSystemAlly
https://t.co/x6CScXLlmY

> Across a LOT of sectors, good people are facing up to difficult truths about how our own, well-meaning initiatives have entrained outlooks which are perhaps more part of the problem than part of the solution.
>
> Where's different? @GmMoving & @PAA_TOP? \U0001f914
> https://t.co/LrBXWCNowt
>
> — Greg Spencer (@SingleBlade1) December 30, 2020

What helps people find pleasure and/or meaning in movement? How have any of us come to find pastimes which form major stablising influences in our lives in ways which sustain our physically-active lifestyles?
https://t.co/URdj6gSckk

If we're evaluating initiatives... can we be sensitive to what's found meaningful & significant in ordinary lives? Yesterday, @marcoAdelgadoF raised questions about our assumptions about play - reminding us to focus on the "anthro" in Anthro-Complexity? ■
https://t.co/vuaW983KMQ

> Anthropology meeting the Early Years to challenge lazy thinking around inclusion - inspiring presentation c/o Marco Antonio Delgado-Fuentes - "A historical review of the anthropology of play, games and toys: Are we ready to welcome everyone in nurseries"\U0001f60d #ECSDNConference2021 pic.twitter.com/91ZNJLaRsw
>
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Societal outcomes "emerge through the dynamic and unpredictable interaction of biological factors, personal decision making, multiple service agency interventions, & broader social determinants" - @tobyjlowe & a very different @SystemsHuman approach!
https://t.co/sM8azpdvlK

Summary - we need to get beyond a fixation on #obesity - that's not a problem which needs medicalising, it's a symptom of deeper-lying systematic issues. Also - if progressives on the left aren't uncomfortable with "compliance" then we're in real trouble!

https://t.co/qg8GkbnOCR