Twitter Thread by @QQPleiadian



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1)
As promised the teachings of Thoth the Atlantean regarding age regression.

2)
List ye, O man, hear ye the wisdom.
Hear ye the Word that shall fill thee with Life.
Hear ye the Word that shall banish the darkness.
Hear ye the voice that shall banish the night.
Knowledge and power descended from old.

3)
Know ye not that all shall be opened when ye shall find the oneness of all?
One shall ye be with the Masters of Mystery, Conquerors of Death and Masters of Life.

Aye, ye shall learn of the flower of Amenti the blossom of life that shines in the Halls.

4)
In Spirit shall ye reach that halls of Amenti and bring back the wisdom that liveth in Light.
Know ye the gateway to power is secret.
Know ye the gateway to Life is through death.

Aye, through death but not as ye know death,

5)
But a death that is life and is fire and is Light.
Desireth though to know the deep, hidden secret?
Look in thy heart where the knowledge is bound.
Know that in thee the secret is hidden,
The source of all life and the source of all death.

6)
List ye, O man, while I tell the secret,
Reveal unto thee the secret of old.
Deep in the Earth’s heart lies the flower,

The source of the Spirit
That binds in its form.

7)
Or know ye that the Earth is living in body as thou art alive in thine own formed form.

The Flower of Life is as thine own place of Spirit and streams through the Earth as thine flows through thy form;
Giving of life to the Earth and its children,

8)
Renewing the Spirit that is form of thy body,
Shaping and molding into its form.

Know ye, O man, that thy form is dual,
Balanced in polarity while formed in its form.

9)
Know that when fast on thee Death approaches,
It is only because they balance is shaken.
It is only because one pole has been lost.

Know that the secret of life in Amenti is the secret of restoring the balance of poles.

10)
All that exists has form and is living because of the Spirit of life in its poles.

See ye not that the Earth's heart is the balance of all things that exist and have being on its face?
The source of thy Spirit is drawn from Earth's heart,

11)
For in thy form thou are one with the Earth.
When thou hast learned to hold thine own balance,
Then shalt thou draw on the balance of Earth.

Exist then shalt thou while Earth is existing,

12)
Changing in form, only when Earth, too, shalt change:
Tasting not of death, but one with this planet,
Holding thy form till all pass away.

List ye, O man, whilst I give the secret so that ye, too, shalt taste not of change.

13)
One hour each day shalt thou lie with thine head pointed to the place of the positive pole (north).
One hour each day shalt thy head be pointed to the place of the negative pole (south).

Whilst thy head is placed to the northward,

14)
Hold thy consciousness from the chest to the head.
And when thy head is placed southward,
Hold thou thy thought from chest to the feet.
Hold thou balance once in each seven,
And thy balance will retain the whole of its strength.

15)
Aye, if thou be old, thy body will freshen and thy strength will become as a youth’s.

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