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# Twitter Thread by Klaus Bardenhagen





## Tales from the Taiwan quarantine hotel, day 6, thread 3.

Big changes in the food situation today. More about that below.

### This was my last

Tales from the Taiwan quarantine hotel, day 2 thread.

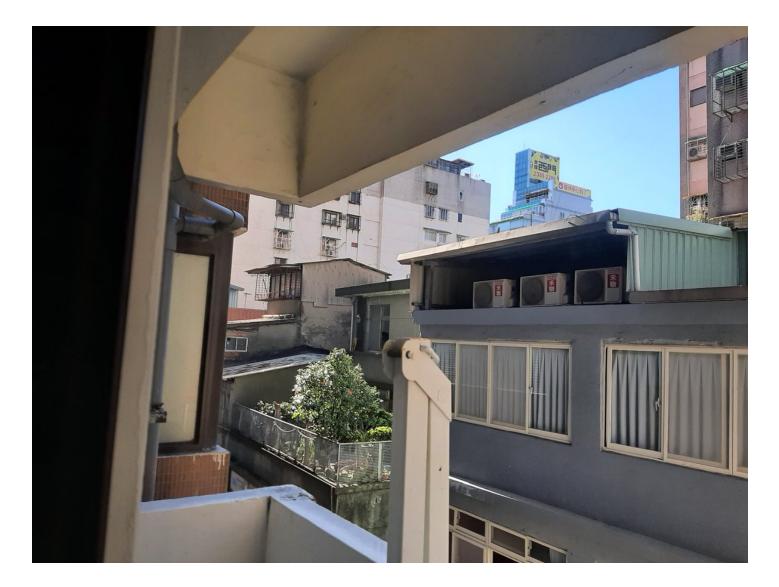
Not entirely unexpectedly, not a lot happened today.

Except for the food.

This is how it started the other day:<u>https://t.co/akwi4oxskT</u>

- Klaus Bardenhagen (@taiwanreporter) January 10, 2021

There is one spot in my room where I can catch some sunlight, so that's what I saw from today's nice blue-sky winter weather in Taipei. (Hey look, I can see a tree.)



While the balcony looks nice, I'm not able to access it, probably to contain my aerosols. So these were taken through the window that can be opened just enough to stretch out my hand.

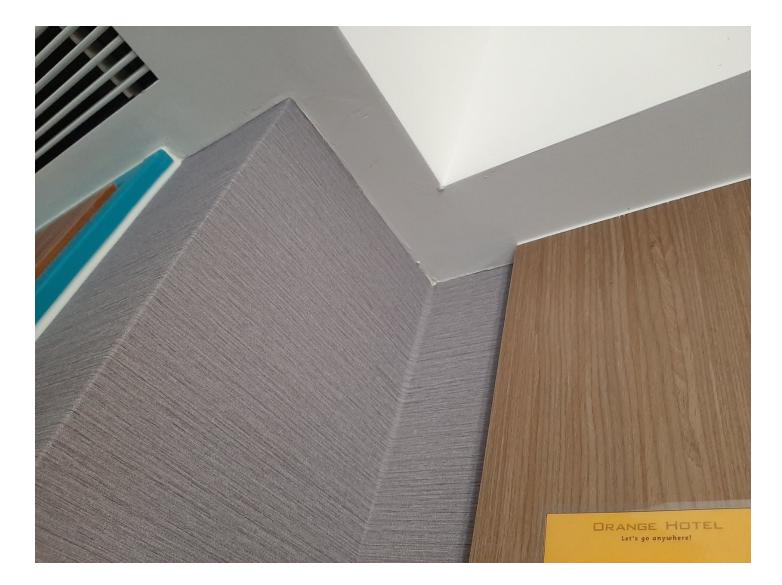
On the positive side, there is a window and it can be opened. Neither is a given in qu. hotels.



Let me share with you the 4 most useless items during quarantine.



Presenting the color scheme of my world right now.



So, the food. (3 meals provided by hotel)

Starting today, I switched to meatless.

The diet just was not really balanced...



So this was the selection on meatless day no. 1. Definitely more greens.

Though I am wondering if they need to stick to the "bowl of rice with vegetables" formula.



BTW, this is the schedule for where the hotel gets the meals from.

永和豆漿 Yonhe Soy Milk
并作筷燒肉丼飯 Japanese Bento Bo
晶華 Regent Taipei Hotel

So, what else... As recommended by y'all, I started watching #Sense8. Not bad. Five episodes in. Suppose that cannot really be called binging...

#### https://t.co/AwkysI5BBG

Let's talk entertainment.

Which of these shows that have been sitting on my Netflix queue since forever should I watch?

- Klaus Bardenhagen (@taiwanreporter) January 10, 2021

This is the daily check-up message by the authorities. They'll re-send it in 15 minutes intervals if you don't reply.

Did not get any more phone calls after the one on day 1, though.



This message is from CECC to learn about your health condition. If you feel normal, please reply 1. If you develop a fever, a runny/stuffy nose, a cough, breathing difficulties, loss of smell or taste, diarrhea, malaise or limb weakness, please reply 2. If you have other symptoms, please reply 3.

8

Thank you for your cooperation. Should you have any questions, please call the toll-free hotline 1922. The Central Epidemic Command Center cares about you.

**n** 10:31

While here's some more food... I recently came up with the term #SocialDetox to describe the quarantine experience. Was really proud of that, too, until I Googled it just now and found out it's been in use since before Covid.



What impressed me recently was the reaction to the doctor who got infected treating patients. 39 doctors and nurses from his hospital quarantined. 440 contacts tested.

#### https://t.co/gVtb1rJhAj

Hier das volle Programm, wenn 1 Arzt in <u>#Taiwan</u> sich bei der Arbeit mit <u>#Corona</u> infiziert:

Trotz milder Symptome auf Isolierstation >440 Kontakte getestet Aufnahme- und Besuchsstopp seiner Klink 39 Kollegen in Quarant\xe4ne Mind. 10.000 EUR Entsch\xe4digunghttps://t.co/Hyac4T1VN9

- Klaus Bardenhagen (@taiwanreporter) January 13, 2021

Really nice touch on the cellphone stand provided by the hotel. Planning ahead for the time after the pandemic.

